

Session 1

What's Happening to My Family?



This Week's Goals

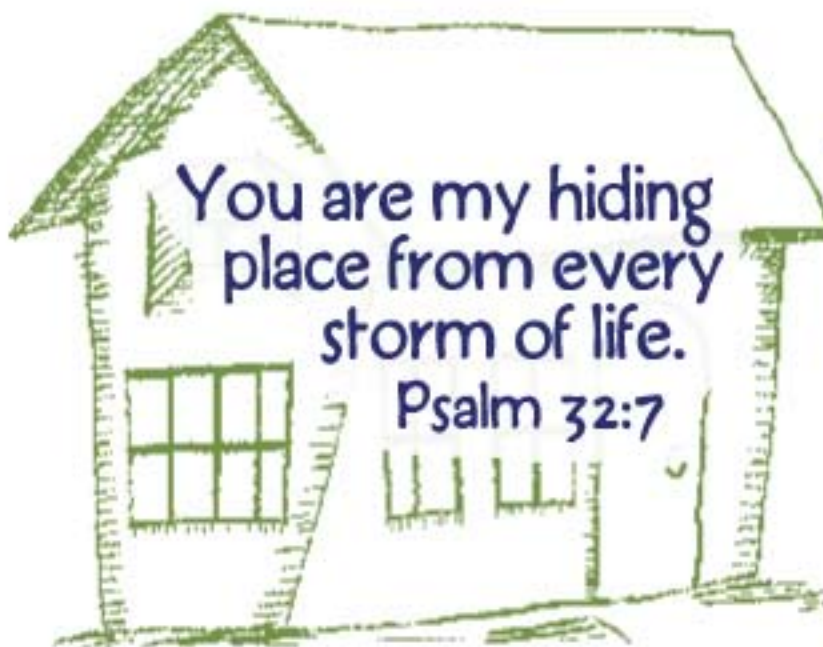
What's Happening to My Family?

You may have heard the word divorce talked about, but you might not understand what it is. You may be worried about what's going to happen to you and your family. We want to help you understand these things and more. We want you to know you will be safe in this group, and you will meet other children here whose parents are separated or divorced. After the session, place an X next to all the statements below that are true for you.

This week's session will help you to . . .

- know you are safe in this place.
- learn and understand what is going to happen each week at DC4K.
- get to know other kids in this group.
- have fun and connect with your new friends.
- become acquainted with what happens in divorced families like yours.
- start thinking about creating a new kind of family with both of your parents or whomever you live with.

What are your goals for this session?



GOD'S TREASURES
FOR YOU



Welcome to DC4K!
I'm Herby.

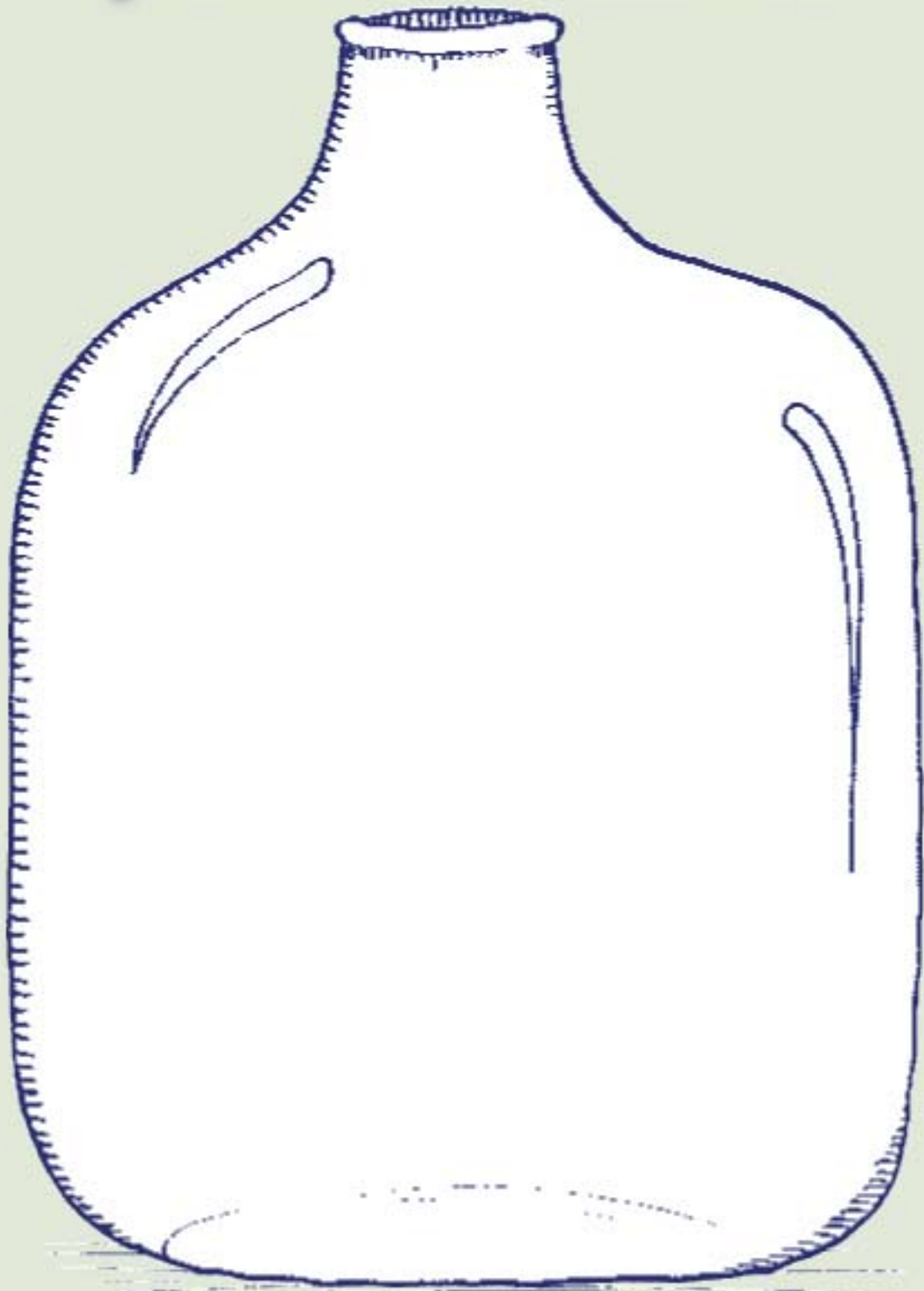
Family Word Search

B I P G K Q D E N Q Q G G
Y F G R A N D F A T H E R
A B K A G Z C K M W J G B
U R E N P T Z S E Y E W D
B O P D A U J I B T S J K
D T K M G S M S A K U Z E
G H S O V S P T O K S J E
V E A T B B R E R P G T K
S R B H A T U R T B R S J
D N E E W N Z D C J K Q P
A Q S R A H Y O V S J T Y
D R H D C U W U D I R I L
J Q W B C M O M S I E B I

| | |
|-------------|-------------|
| BROTHER | ME |
| DAD | GRANDMOTHER |
| MOM | JESUS |
| GRANDFATHER | SISTER |



Storm in a Bottle



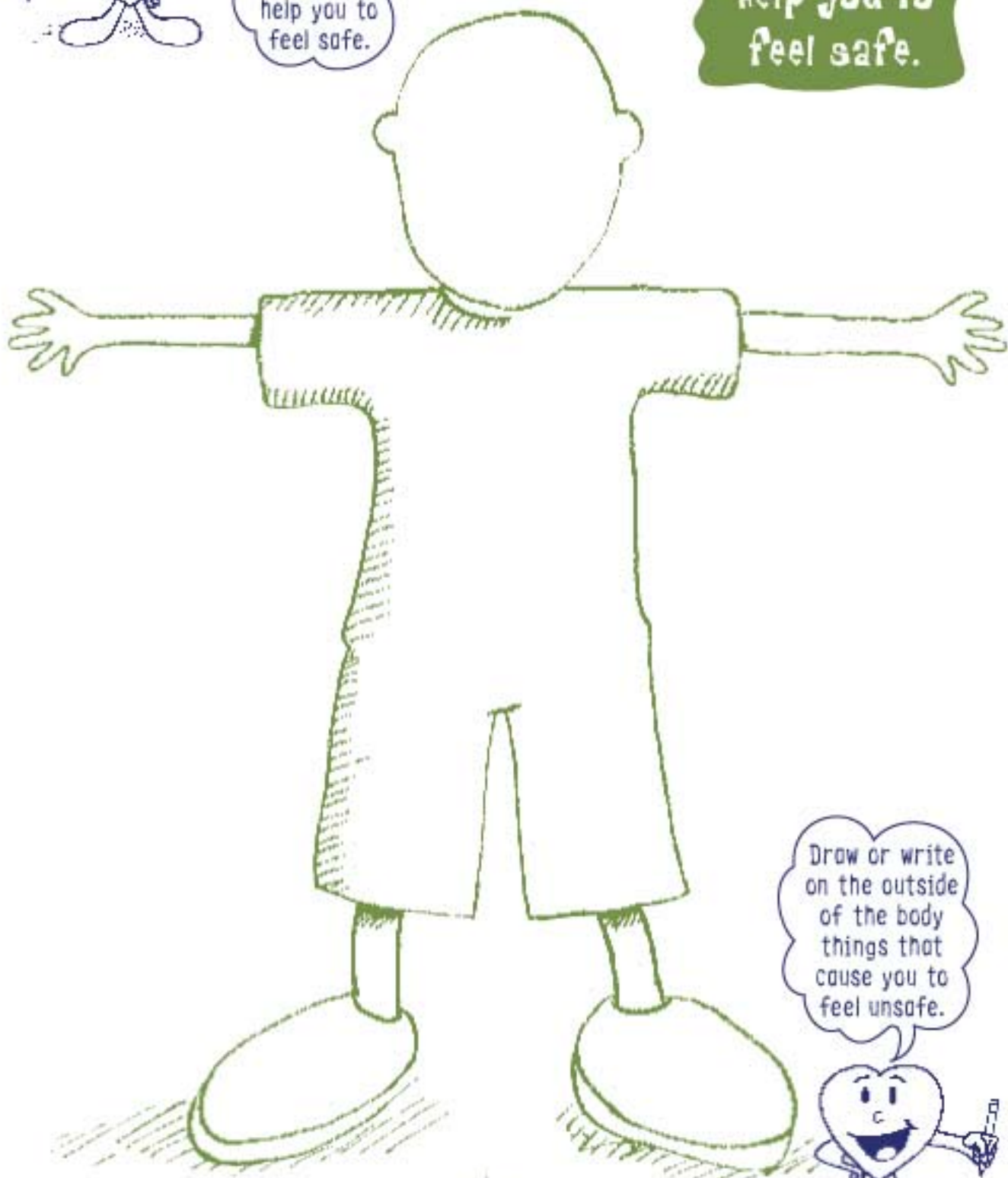
Inside the bottle, draw pictures of houses, people and other things in a storm.

The Journaling Page



Draw or write on the inside of the body things that help you to feel safe.

Some things help you to feel safe.



Draw or write on the outside of the body things that cause you to feel unsafe.



Session 1 Bible Story

Jesus Calms the Storm



Mark 4:35-41

One day, after speaking to huge crowds of people, Jesus and His disciples needed a rest. They got into a sailboat and headed for the other side of the Sea of Galilee. While they were crossing the smooth waters, Jesus lay down in the back of the boat and took a nap. He fell into a deep sleep.

Suddenly, a storm began to blow. The little sailboat was tossed back and forth. The wind blew harder and harder until the waves were crashing against the boat. The disciples were very frightened. They went to Jesus and found Him asleep. The disciples shook Jesus awake. They were so afraid; they didn't know what to do. They thought their boat was going to sink and they'd drown.

The disciples called on the Lord for help. "Lord!" they cried. "Please save us!" Jesus woke up and looked around at the storm. Then Jesus spoke to the storm. "Be still!" He shouted. Immediately, the winds died down, and the sea became calm again. The disciples were amazed.

Even though everything seemed out of control to the disciples, Jesus was still in control. You can trust Jesus when your life seems out of control. He will help you through this difficult time. God will protect you from every storm of life—even the storms children feel when their parents divorce.

