



I Will Control My Anger!

From Under The Big Top Jr. Lesson 7

LEADERSHIP TRAIT - SELF-CONTROL

Great leaders have the self control to stop themselves from doing harmful things.

LEADERSHIP LESSON

Your children will learn that they should control their anger.

LEADERSHIP STORY

Balaam's Donkey. (*Numbers 22:21-35*)

MEMORY VERSE

Help your children memorize this verse.

"People with understanding control their anger." Proverbs 14:29a (NLT)

First:

Read The Leadership Story to your children. The Leadership Story for this lesson is about Balaam and his donkey and is found in Numbers 22:21-35.

Next:

Watch The Leadership Video, *I Will Control My Anger*, with your family.

Then:

Complete the Child Leadership Questions, and lead your family through the Optional Family Activity.



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CONTINUED

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Child Leadership Questions:

1. Who did God send to keep Balaam from seeing the king?
(An angel.)
2. Could Balaam see the angel?
(No.)
3. Only the donkey could see the angel and it was afraid. What did the donkey do when it saw the angel?
(Ran into the field.)
4. Did this make Balaam angry?
(Yes.)
5. Balaam was angry and hit his donkey. This happened 3 more times. What did God allow the donkey to do after Balaam hit her the third time?
(Speak.)
6. After that, Balaam could see the angel. Did Balaam ask for forgiveness and get a second chance?
(Yes.)

OPTIONAL FAMILY ACTIVITY:

Ask your family to join you and play a piece of classical music once everyone has gathered together. Tell your family that the people who played the music were directed by someone called a Maestro. The Maestro tells the musicians when to get louder and when to get softer. Talk about how sometimes when we feel angry, we feel like growling and getting upset. Ask everyone to growl in anger. Tell them that you are going to be the Maestro and help them growl louder or softer by putting your hands up to growl louder or down to growl softer. Do this a few times. Then, tell everyone they can imagine this Maestro activity when they feel angry. When they feel the growl of anger growing louder inside them, think of the Maestro using his hands to make them growl softer. When they do this they are controlling their anger.

Remind your family that we must work to control our anger each time we get angry. Talk about some ways to control anger. Some examples are: stop and take some deep breaths, count to ten, ask God to help you stay calm, picture a Maestro calming them down.