



I Will Keep On Encouraging Others When They Are Bullied! From The Great Race Lesson 3

LEADERSHIP TRAIT - ENCOURAGEMENT

Strong leaders use encouragement to get people to believe in themselves.

LEADERSHIP LESSON:

Your children will learn that we should use our words and actions to encourage people when they are bullied.

LEADERSHIP STORY:

Enemies oppose Nehemiah and the people. (*Nehemiah 4*)

WHAT DO I DO?

Have your children read the Leadership Story. Next, have your children watch the Leadership Video and complete the Child Leadership Questions. If you want to do the Optional Family Activity, have the whole family watch the Leadership Video, then lead your family through the Optional Family Activity.

OPTIONAL FAMILY ACTIVITY: NOTES OF ENCOURAGEMENT

Nehemiah encouraged the people working on the wall by praying for them and using kind words. God wants us to use encouraging words to help people who are bullied! This week, sit down as a family with paper, poster board, and decorating supplies. Discuss times you have seen someone bullied and ways to help those who are bullied.

- **Speak Up:** Tell the bully to stop. Tell an adult or person in authority what happened.
- **Stand Up:** Do something to help the victims. Help them get away from the bully. Help them by being a friend and inviting them to play with you.
- **Be an example:** Be sure you aren't bullying people. Consider other people's feelings and treat them the way you want to be treated.

Make a poster with the above steps on it and post it in your home as a reminder to help those who are bullied. Then, using the paper and decorating supplies, have family members write a note of encouragement to someone who has been bullied recently. Family members should give their notes of encouragement to the people they chose the next time they see them. Giving notes of encouragement is just one example of how we can encourage those who are bullied. Work hard this week to encourage victims of bullying when you come in contact with them!

MEMORY VERSE:

Help your child memorize this verse.

"So encourage each other and build each other up," 1 Thessalonians 5:11a (NLT)



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Main Point: I Will Keep On Encouraging Others When They Are Bullied!

Read Nehemiah 4. When you are finished, watch the Leadership Video. Then read the items below and write your responses in the space provided.

1. What are some ways that Pastor Mike said people are alike?

2. Fill in the blank: Everywhere you go there are people who are kind and nice as well as people who are cruel and _____.

3. Circle the answer below that best describes a bully:
 - a. Someone who is sharing their toys.
 - b. Someone who thinks it is fun to say hurtful words and do mean things to others.
 - c. Someone who speaks another language.
 - d. Someone who wears funny clothes.

4. What were Nehemiah and the people working together to rebuild?

5. Was everyone there working to build the wall?

6. Most people were working hard to construct the wall, but some of the people were there to:
 - a. Cook for everyone.
 - b. Cause problems.
 - c. Sunbathe.
 - d. Sing.



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CONTINUED

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7. Who was the first bully mentioned in the Bible Story?
 - a. Sanballat.
 - b. Esther.
 - c. Donald Duck.
 - d. Jonah.

8. What did Sanballat say to the Israelites rebuilding the wall?
 - a. You are ugly.
 - b. You are poor, feeble and foolish.
 - c. You should take a vacation.

9. The second bully mentioned in the Bible story was Tobiah the Ammonite. Complete the sentence.
Tobiah said that the stone wall would collapse even if a _____ walked along the top of it.

10. Did Nehemiah get in a shouting match with the bullies?

11. What did Nehemiah do?
 - a. He kept working and praying.
 - b. He called the police.
 - c. He took a nap.
 - d. He did nothing.

12. Fill in the blanks. The bullies then threatened to attack the workers. The workers felt _____. Nehemiah placed armed guards near the lowest and most vulnerable parts of the wall. Nehemiah then _____ the people.



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CONTINUED

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13. How did Nehemiah encourage the people? Circle all that are true:
- He gave them some money.
 - He told them not to be afraid.
 - He told them to remember the Lord, who is great and glorious.
 - He told them to run and hide.

If we see someone being mistreated by a bully, we should do the following three things:

- Pray about it - Pray that God will protect you and the person and that God would cause the bully to see that what he/she is doing is wrong.
- Do whatever you can to make sure the bully doesn't hurt anyone - Avoid places the bully will be, tell an adult about it.
- Encourage those being hurt by the bully - Tell them you are praying for them, that you care for them, ask if there is anything you can do to help them.

Pray and ask God to help you do these three things this week when you encounter a bully.

Memory Verse: Ask your parents to help you memorize this verse.

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1. Families spending time together. Children playing. People working.
2. Mean.
3. B.
4. The wall around Jerusalem.
5. No.
6. B.
7. A.
8. B.
9. Fox
10. No.
11. A.
12. Afraid. Encouraged.
13. B. C.