

Center for Health and Wellness Law, LLC

Special Update from the Center for Health and Wellness Law, LLC

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Rule the Rules of Workplace Wellness Programs book now available!

The wait is finally over! The American Bar Association has released the book, written by the Center's lead attorney and owner Barbara J. Zabawa and co-author JoAnn Eickhoff-Shemek, [Rule the Rules of Workplace Wellness Programs](#).

The book is a comprehensive overview of the "what," "why," and "how" of workplace wellness program laws: 1) what laws are important for workplace wellness program compliance; 2) why those laws exist and why they are important for workplace wellness program design and implementation; and 3) how workplace wellness professionals and organizations can apply workplace wellness laws effectively. This is a thorough, thoughtful, and invaluable resource for human resource professionals, corporate executives, health promotion professionals, and traditional and alternative health care providers.

One reviewer of the book had this to say:

"This book fills a vacuum; most employers who do wellness have no idea about all the compliance required. This book has it all, a must-read total compendium of all the laws and regulations governing wellness, suitable for anyone who makes wellness policy or designs programs. You'll want to read it cover-to-cover (and it is surprisingly readable for a law book) and then keep it on your shelf and refer to it frequently." -Al Lewis, *Because Wiser Employees Make Healthier Choices*.

To order your copy, click [here](#).