

PARENTING YOUR PARENTS

Are you managing your life AND your parents' lives?
When did you become the parent of your parents?

If this sounds like you, plan to join us on **Saturday, September 15, 2018** from **9:00 AM - 3:00 PM** at **Myers Park Presbyterian Church (2501 Oxford Pl. 28207)** where we will discuss ways to navigate this somewhat complicated life experience.

The day includes:

- Dr. Julian Montoro-Rodriguez, Director of UNCC's Gerontology Program will begin the day as the keynote speaker
- Breakout sessions featuring five experts in their field:
 - Financial issues, needs and plans
 - Social isolation
 - When roles change
 - Managing the mechanics of a move
 - Caregiving roadmap
- A panel discussion with all experts for Questions & Answers
- Continental breakfast and lunch are included
- Service providers will be onsite to provide information about specific life stages and related needs (Hospice, VA, SHIIP, Social Security, etc.)

TO REGISTER:

- Call the Shepherd's Center at 704-365-1995 by Friday, August 24.

EVENT PARTNERS

