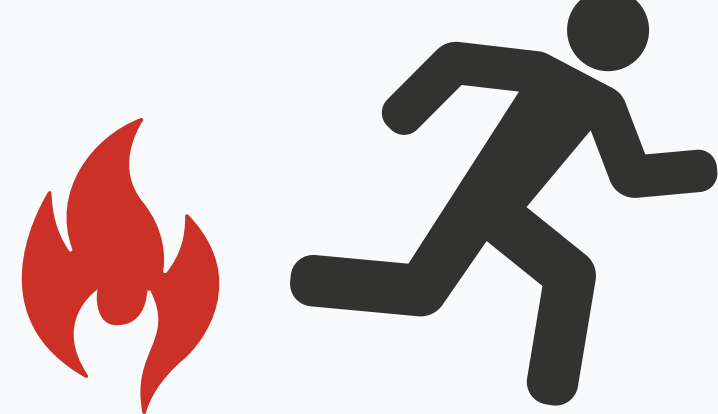


You or your loved one has suffered a burn. Here's what to do:

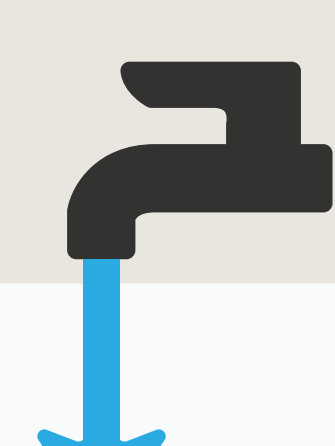
Minor Burns



Get away from the heat source.

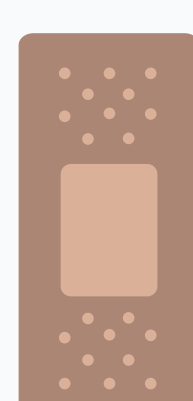


Remove any **burned clothing**, unless embedded in the skin.



Run **COOL** – **not cold** – water over the burn or hold a clean cold compress on it until the pain subsides.

DO NOT USE ICE or any types of grease.



Remove any **clothes or jewelry** around the affected areas, apply a **clean bandage**. You may also apply **antibiotic ointment**.

Serious Burns

If the burn covers a **large area**, get medical treatment.



Serious burns include **ANY** burn to the eyes, mouth, hands, or genital areas.

Immediate medical care is also suggested if you have:



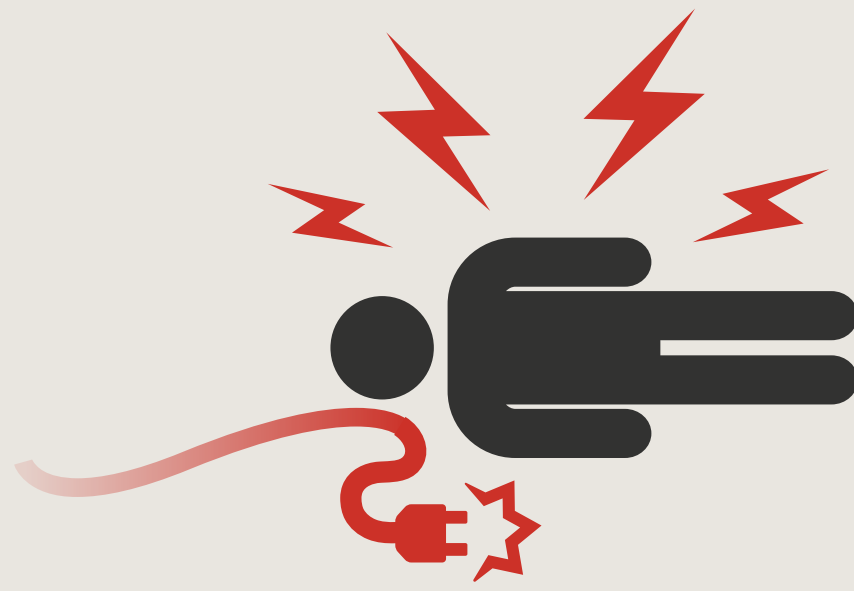
- Fever
- Foul-smelling drainage
- Excessive swelling
- Skin redness
- Blister filled with green or brownish fluid
- A burn that doesn't heal in 10 days to two weeks



Do not break your blisters. **Do not** remove clothes stuck to your skin. Try to keep the burned areas **elevated** to reduce swelling.

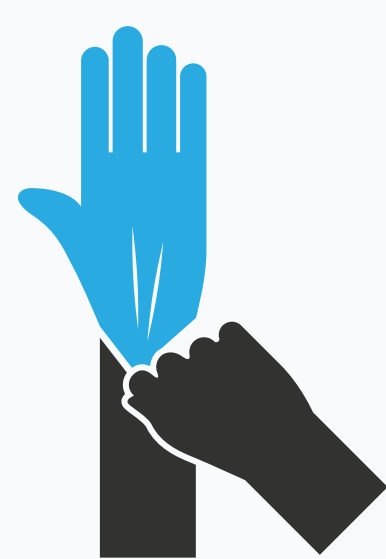
Chemical and Electrical Burns

For either, call **911** immediately.



For electrical burns, **do not** approach an injured person until you know that the power has stopped flowing.

Chemical Burns



Brush dry chemicals off the skin by a person wearing **gloves**.



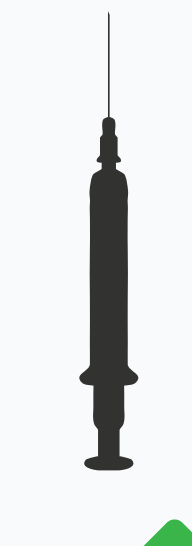
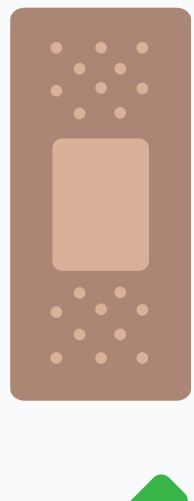
Remove clothing and jewelry. Rinse chemicals off of your skin in a long shower of at least **15 minutes** in duration.



Wet chemicals should be flushed off with cool running water for at least **20 minutes** or longer until help arrives.



Electrical Burns



Minor burns can be treated with cool compresses. **No ice. Nothing cold.** After cleaning, cover with a **mild antibiotic** and **bandage**. **Tetanus shots** are also recommended.

For more serious electrical burns



- **Check for breathing** and start rescue breathing if necessary.
- Raise burned appendages **higher** than the person's heart.
- Cover them with **cool, wet cloths**. **Do not** break blisters or remove burned skin. **Do not** try other home remedies.