



# L3 LEADERSHIP PODCAST

## Episode #185: Anthony Oneal

[L3Leadership.org/episode185](https://L3Leadership.org/episode185)

### Anthony's

At age 19, Anthony O'Neal was deep in debt and short on hope with no direction of where his life was headed. But after hitting rock bottom, he turned his life around and committed to helping students find and pursue their passions. A Wall Street Journal National Best-Selling Author, Anthony has helped thousands of students make good decisions with their money, relationships and education to live a well-balanced life. Now Anthony has joined Ramsey Solutions to spread this encouraging message to students nationwide as a Ramsey Personality.

### CONNECT WITH Anthony

- [AnthonyOneal.com](https://AnthonyOneal.com)
- [Facebook](#)
- [Instagram](#)
- [Twitter](#)

### KEY TAKEAWAYS:

- Make sure your written plan for your life and your budget are congruent
- If you're not willing to get outside your comfort zone, you will never grow
- Every good leader needs to learn how to communicate to everyone
- Be you
- Stop looking and go get it
- Start with your beliefs, which will lead your thoughts, which will create your actions, which will produce your results.
- Our comfort zone can kill us
- Our comfort zone is our excuse

### LINKS MENTIONED:

- [The Graduate Survival Guide: 5 Mistakes You Can't Afford To Make In College](#)  
(Affiliate link)
- [Love Your Life Not Theirs: 7 Money Habits for Living the Life You Want](#)
- [Millennial Money Podcast](#)
- [Debt, Sex, and Money Podcast](#)