



L3 LEADERSHIP PODCAST

Episode #190: Dr. Leslie Braksick

L3Leadership.org/episode190

ABOUT LESLIE:

Professionally, Dr. Leslie Braksick is a veteran CEO coach, entrepreneur, consultant, author, educator, keynote speaker, and board member. Personally, she is a wife, mother, community leader, and philanthropist.

Dr. Braksick is a resource often tapped by top executives and boards to provide coaching, insight, and advising during times of strategically important transition and intense strategic change. Her work often involves preparing EVPs for C-suite succession including coaching them during their early years at the helm. Her coaching clients have included senior-most executives at General Electric, Bell Atlantic, ExxonMobil, H.J. Heinz, and dozens of others. Dr. Braksick's books and articles are widely used and trusted by companies and business schools to teach leadership and to showcase exemplary corporations that have successfully transformed their performance by focusing on behavior and leading through change.

CONNECT WITH LESLIE:

- [My Next Season](#)
- LeslieBraksick.com
- [Your Next Season \(Affiliate link\)](#)
- [LinkedIn](#)

KEY TAKEAWAYS:

- Everyone has a pile they are trying to get through everyday
- Money enables to do things you really want to do. Work hard so you have enough to do what you want to do.
- Live within your means
- Don't fall in love with your stuff
- Strive to do well enough to help others
- It's so helpful to know that you're not alone
- Actively Care
- It's not always a game of right or wrong, sometimes it is what people can prove
- Keep notes on people so you can remember the details of their lives the next time you meet
- Just ask. Make yourself known.
- Remember, sometimes you just need to interrupt to make sure your voice is heard

LINKS MENTIONED:

- [A Broken Heart Still Beats \(affiliate link\)](#)
- [The Bereaved Parent \(affiliate link\)](#)
- [When bad things Happen to Good People \(affiliate link\)](#)
- [Everything Happens for a Reason: And Other Lies I've Loved \(affiliate Link\)](#)
- [When Breath Becomes Air \(affiliate link\)](#)
- [Oprah's Super Soul Conversations](#)