



KNOWLEDGE DOES NOT EQUAL UNDERSTANDING

What it is that has brought you to where you are is insufficient to solve the problems of where you are in life, it isn't powerful enough to solve the problems that it has created. Every stage of development and strategic thinking reveals its own limit, becomes its own limit. We have a whole corner of the world called what I know and most of what you know isn't so! There is a point in life where things shift - you discover that the more you know the more you don't know.

You have a section in your life called "I know" - a data set that you use to work on things. You also have a data set, a section called "I don't know."

When you are working on what you don't know, you ask questions - you expand what you know, with the expectation of getting accurate answers. If you work on what you don't know, in an intellectual way. You will get answers.

Keep your opinions to yourself. They only block your forward movement. This isn't about what you know or what you have read. This isn't about what I know or my opinions as a human being. I promise to skip giving you my opinions. I'll keep them to myself. I invite you to keep your opinions to yourself too.

Quantum Cybernetics and the Movement Feedback is a way to approach learning experientially, in the quantum field. Information is presented symbolically, in the feeling realm, beyond language. Information gleaned from this symbolic, intuitive realm, leads to knowing; to understanding, it isn't the other way around. This isn't about what you already know, what you have thought, what you have named, what you have read! It isn't about what everybody knows, nor is it even about what you don't know.

Very few people know anything about what they don't know, about what they don't know. I've spent the last 40 years of my life looking at what I don't know that I don't know, through movement and the quantum field. I don't know everything about what I don't know. However, as a result of the movement diagnostics, I do know something about it that my rational mind has no context for.

What I do know, is that what we know about what we don't know, has no power in the domain of what we know that we don't know that we don't know.

You and I are good at knowing and finding out when we don't know. None of that skill or ability is of much value-when you begin to deal with what you don't know that you don't know. You are blind to what you don't know that you don't know. Movement Diagnostics opens your eyes to what you don't know that you don't know.

Particularly, as an example, asking questions - to get the answer doesn't work in the realm of I don't know that I don't know. You could say that we are blind to this - this

is our blind spot.

I give you the example - that asking questions to get these answers, which we are all very good at, dealing with questions for which we want the answer, which we are all very good at - isn't very powerful in dealing with what you don't know that you don't know.

There is however, a way to be with the question - a way to question, a way to be with the question, which is appropriate for getting at what you don't know that you don't know.

It is a kind of questioning that allows you to stand in the space of the question and look out from the question at whatever it is for you in the world, to look out to. This is why the Movement Diagnostic, as somatic mediation, is so powerful. You move in the question, it reveals what you don't know that you don't know.

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