

HYPNOSIS INFORMATION FOR HEALTH PROFESSIONALS

The American Society of Clinical Hypnosis (ASCH.net) promotes international standards for training and practice of clinical hypnosis. They provide information and guidelines for training which is offered through the central organization, or through local affiliates of which the North Texas Society of Clinical Hypnosis (NTSCH.org) is a recognized chapter.

The ASCH was founded in the 1950s and the NTSCH has been in operation since 1982. Periodic training on Beginners and Intermediate levels is offered nationally and locally that can lead to status of Certification reflecting a basic level of training offered to individuals who also have an active clinical license. Training, in compliance with the ASCH standards is available only to individuals who have a minimum of a Master's degree in a health care discipline from an accredited university program, or students enrolled in such programs.

The training promotes a broad understanding of hypnosis so that it can be integrated into most theoretical frameworks including hypno-analysis, cognitive behavioral and Ericksonian approaches. Emphasis in any of these directions reflects the contributions of active members. An local annual workshop in September, typically featuring an outside nationally known presenter.

The NTSCH is run entirely as a volunteer professional organization, without salaries, fees, or profits to any member. Training is offered in a three-tiered format: Beginner, Intermediate and Advanced using guidelines delineated through the national organization. Throughout the year, a monthly practice session is scheduled in which members can continue to skill build and obtain training for certification.

In addition to the training and practice, other meetings offer a variety of emphases:

- Masters Series offers informal discussions with individuals who have successfully integrated hypnosis into clinical practice.
- International Webinar offers on line live demonstrations or discussions with clinicians in other countries
- Case Report meetings feature a single case report in which hypnosis was used and opportunity to discuss one's own cases.

Interested Health professionals are encouraged to visit our website NTSCH.org and to be added to our email list which updates you as to this month's activities.

Thank you for your interest and feel free to call with any questions:

**Roxanna Erickson-Klein PhD president 214 729 7937
or Alejandra Diaz membership alediaz74@gmail.com**