



NORTH TEXAS SOCIETY OF CLINICAL HYPNOSIS

Presents

Hypnosis and Ketamine Assisted Psychotherapy

Presenter(s): Wayne Martin, LCSW

Date Wednesday, June 28th, 2023

Time: 7:00 pm – 8:30 pm (Central)

Where: This will be a Zoom format.

Participatory Format:

Who May Attend: This meeting is open to any individual with a Master's Degree in the health Sciences, or who is enrolled in a program in pursuit of such a degree.

CEU's (1.5) offered by North Texas Society of Clinical Hypnosis

Contact: Nubia Ballesteros @ nballesteroslpc@gmail.com or 214-777-2419



Address
City, State zip
Phone

CONTINUING EDUCATION CERTIFICATE

Name _____

License #: _____

Program: Presented by North Texas Society of Clinical Hypnosis

Date/Address: June 28, 2023 – Zoom Meeting

Times: 7:00pm – 8:30pm

Presenter: **Wayne Martin, LCSW- Hypnosis and Ketamine Assisted Psychotherapy**

Accreditation Statement:

The North Texas Society of Clinical Hypnosis is able to issue continuing education credits for all social work disciplines along with LPC, LMFT and Ph.D. pending.

LMSW-LCSW-LSW Approved for 1.5 credit hours.

LPC Approved for 1.5 credit hours.

LMFT Approved for 1.5 credit hours. Green Oaks is authorized by the Texas Board of Examiners of Marriage and Family Therapists as a Continuing Education Provider.

Ph.D. Approval pending for 1.5 general credit hours, Texas State Board of Examiners of Psychologists. 461.11 Continuing Education.

Nubia Ballesteros MS, LPC

Nubia Ballesteros MS, LPC
Continuing Education Administrator

Hypnosis and Ketamine Assisted Psychotherapy

Ketamine Assisted Psychotherapy is a mental health treatment which capitalizes on the dissociative and trancelike qualities of Ketamine dosing to help clients overcome conditions like Treatment Resistant Depression, Complex Trauma, substance abuse, and more. It also provides a unique opportunity to employ hypnotic interventions to help set the stage for – and maximize the impact of – psychotherapeutic interventions.

Objectives

1. Participants will be able to describe Ketamine Assisted Psychotherapy (KAP).
2. Participants will be able to explain the difference between a Psychedelic and a Psycholytic dose of Ketamine.
3. Participants will be able to describe how to amplify the effects of KAP using Hypnosis.
4. Participants will experience a demonstration Hypnosis + KAP Script.

Reference:

<https://ketaminplus.com/wp-content/uploads/2021/01/Ketamine-Hypnosis-Package.pdf>

Wayne Martin, LCSW is a private practice psychotherapist in Fort Worth. He blends strategies like hypnosis, mindfulness, and the latest developments like Psychedelic Assisted Psychotherapy to help clients regain their balance when life knocks them for a loop. A therapist for 30+ years, he has obtained training and certification as a Psychedelic Assisted Psychotherapist through the Institute for Integrative Psychiatry, The Multidisciplinary Association for Psychedelic Studies, and Fluence Training. He currently uses Ketamine Assisted Psychotherapy as part of his generalist practice in Fort Worth.



EVALUATION

North Texas Society of Clinical Hypnosis *Hypnosis and Ketamine Assisted Psychotherapy* Wednesday, June 28th, 2023, 7:00 – 8:30 pm (Central)

PURPOSE/GOALS:

Ketamine Assisted Psychotherapy is a mental health treatment which capitalizes on the dissociative and trancelike qualities of Ketamine dosing to help clients overcome conditions like Treatment Resistant Depression, Complex Trauma, substance abuse, and more. It also provides a unique opportunity to employ hypnotic interventions to help set the stage for - and maximize the impact of - psychotherapeutic interventions.

A. Learner's achievement of objectives:



PARTICIPANT WILL BE ABLE TO:

- | | | | | |
|--|---|---|---|---|
| 1. Describe Ketamine Assisted Psychotherapy (KAP). | 1 | 2 | 3 | 4 |
| 2. Explain the difference between a Psychedelic and a Psycholytic dose of Ketamine | 1 | 2 | 3 | 4 |
| 3. Describe how to amplify the effects of KAP using hypnosis | 1 | 2 | 3 | 4 |
| 4. Experience a demonstration of Hypnosis and KAP script | 1 | 2 | 3 | 4 |

~CIRCLE ANSWER: 1 = Poor 2 = Average 3 = Very Good 4 = Excellent

C. Handouts and material 1 2 3 4

D. Relationship of objectives to meeting your overall purpose/goals 1 2 3 4

E. Teaching Effectiveness/Methods, Wayne Martin, LCSW 1 2 3 4

Comments:

Date: _____ Name (Print) _____ License # or SS # _____

Signature: _____