DOUBLE DARK CHOCOLATE DOUGHNUT

Serving Size:	1 Doughnut
Calories	370
Calories from Fat	180
Total Fat (g)	20
Saturated fat (g)	9
Trans Fat (g)	0
Cholesterol (mg)	0
Sodium (mg)	160
Total Carbohydrates (g)	46
Dietary Fiber (g)	2
Sugars (g)	27
Protein (g)	4
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Ingredients: Doughnut (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Contains 2% or Less of Each of the Following: Yeast, Soy Lecithin, Hydrogenated Soybean Oil, Monoand Diglycerides, Salt, Wheat Gluten, Monocalcium Phosphate, Dried Milk Powder, Cellulose Gum, Lecithin, Maltodextrin, Ascorbic Acid, Calcium Propionate (To Maintain Freshness), Sorbitan Monostearate, Tocopherols, Enzymes, Oat Fiber, Dried Egg Yolks), Filling (Sugar, Water, Palm Oil, Cocoa Powder (Processed with Alkali), Soybean Oil, Corn Starch, Cocoa Liquor, Soy Lecithin, Salt, Mono and Diglycerides, Natural and Artificial Flavors, Artificial Flavor, Polysorbate 60, TBHQ, Citric Acid), Icing (Sugar, Water, Cocoa Powder (Processed with Alkali), Corn Starch, Soybean Oil, Cocoa Liquor, Palm Oil, Soy Lecithin, Salt, Artificial Flavor, TBHQ, Mono and Diglycerides), Icing (Sugar, Water, Corn Starch, Cocoa Powder (Processed with Alkali), Corn Syrup Solids, Soybean Oil and/or Palm Oil, Chocolate Liquor, Enzyme Modified Soy Protein, Polysorbate 60, Salt, Sodium Caseinate (Milk), Sodium Hexametaphosphate, Mono and Diglycerides, Soy Lecithin).

Our facilities produce products with peanuts, tree nuts, soy, milk, eggs and wheat. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with peanut, tree nut, soy, milk, egg or wheat allergies.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

