

Cookies & KREME™ Shake

Naturally and Artificially Flavored

Serving Size:	16 fl. oz. beverage with toppings	Ingredients: Soft Serve Frozen Dessert (Grade A Whole Milk with added Vitamin D3, Ice Cream Base (Sugar, Sweet Cream Solids, Nonfat Milk, Natural and Artificial Flavors (Wheat), Mono- and Diglycerides, Guar Gum, Locust Bean Gum)), Whole Milk, Topping (Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Palm and/or Canola Oil, Cocoa (Processed with Alkali), Invert Sugar, Leavening (Baking Soda And/Or Calcium Phosphate), Soy Lecithin, Salt, Chocolate, Natural Flavor), Whipped Cream (Cream, Skim Milk, Corn Syrup, Sugar, Mono and Diglycerides, Natural and Artificial Flavors, Carrageenan).
Calories	610	
Calories from Fat	290	
Total Fat (g)	32	
Saturated fat (g)	19	
Trans Fat (g)	0.5	
Cholesterol (mg)	70	
Sodium (mg)	320	
Total Carbohydrates (g)	70	
Dietary Fiber (g)	1	
Sugars (g)	54	
Protein (g)	13	

ALLERGENS- CONTAINS:



Our facilities produce products with peanuts, tree nuts, soy, milk, eggs and wheat. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with peanut, tree nut, soy, milk, egg or wheat allergies.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

