



BirthYAY Promotion

DESCRIPTION	Serving Size	Total Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
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BirthYAY Doughnut	1 Doughnut	260	110	12	5	0.0	0	100	36	less than 1 gram	22	3
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Ingredients: Doughnut (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Contains 2% or Less of Each of the Following: Yeast, Soy Lecithin, Hydrogenated Soybean Oil, Mono- and Diglycerides, Salt, Wheat Gluten, Monocalcium Phosphate, Dried Milk Powder, Cellulose Gum, Lecithin, Maltodextrin, Ascorbic Acid, Calcium Propionate (To Maintain Freshness), Sorbitan Monostearate, Tocopherols, Enzymes, Oat Fiber, Dried Egg Yolks), Icing (Sugar, Water, Corn Syrup, Palm Oil, Soybean Oil, Salt, Potassium Sorbate (To Maintain Freshness), Artificial Color, Soy Lecithin, Agar, Natural And Artificial Flavor, Citric Acid, Red 40, Mono And Diglycerides, Locust Bean Gum), Glaze (Sugar, Water, Corn Starch, Palm Oil, Calcium Sulfate, Agar, Dextrose, Natural and Artificial Flavors, Salt, Disodium Phosphate, Locust Bean Gum), Sprinkles (Sugar, Modified Corn Starch, Corn Starch, Fractionated Palm Kernel Oil, Cellulose Gum, Soy Lecithin, Artificial Flavor, Polysorbate 60, Red 40, Yellow 5, Yellow 6, Blue1, Confectioner's Glaze).

Contains: Wheat, Soy, Milk, Egg.

Our facilities produce products with peanuts, tree nuts, soy, milk, eggs and wheat. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with peanut, tree nut, soy, milk, egg or wheat allergies.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

6/23/2021