

**Holiday Doughnut Nutritionals** 

DESCRIPTION	Serving Size	Total Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	<i>Trans</i> Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Chocolate Iced Glazed Doughnut with Holiday Sprinkles	1 Doughnu t	250	100	11	5	0	0	90	36	less than 1 gram	22	3

Ingredients: Doughnut (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Contains 2% or Less of Each of the Following: Yeast, Soy Lecithin, Hydrogenated Soybean Oil, Mono- and diglycerides, Salt, Wheat Gluten, Monocalcium Phosphate, BHT, Dried Milk Powder, Cellulose Gum, Lecithin, Maltodextrin, Calcium Propionate (To Maintain Freshness), Ascorbic Acid, Sorbitan Monostearate, Tocopherols, Oat Fiber, Egg Yolks), Icing (Sugar, Water, Corn Starch, Cocoa Powder (Processed with Alkali), Corn Syrup Solids, Soybean Oil and/or Palm Oil, Chocolate Liquor, Enzyme Modified Soy Protein, Polysorbate 60, Salt, Sodium Caseinate (Milk), Sodium Hexametaphosphate, Mono and Diglycerides, Soy Lecithin), Glaze (Sugar, Water, Corn Starch, Palm Oil, Calcium Sulfate And/Or Calcium Carbonate, Agar, Dextrose, Natural and Artificial Flavors, Salt, Disodium Phosphate, Locust Bean Gum And/Or Mono and Diglycerides), Sprinkles (Sugar, Fractionated Palm Kernel Oil, Corn Starch, Glucose, Soy Lecithin, Red 40, Yellow 5, Red 3, Blue 1, Gum Arabic, Carnauba Wax). Contains: Wheat, Soy, Milk, Egg.

Original Filled Green Gift Doughnut	1 Doughnu t	330	140	15	7	0	0	105	47	less than 1 gram	34	3
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Ingredients: Doughnut (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Contains 2% or Less of Each of the Following: Yeast, Soy Lecithin, Hydrogenated Soybean Oil, Mono- and diglycerides, Salt, Wheat Gluten, Monocalcium Phosphate, BHT, Dried Milk Powder, Cellulose Gum, Lecithin, Maltodextrin, Calcium Propionate (To Maintain Freshness), Ascorbic Acid, Sorbitan Monostearate, Tocopherols, Oat Fiber, Egg Yolks), Filling (Sugar, Palm Oil, Hydrogenated Palm Oil and/or Soybean Oil, Water, Corn Syrup Solids, Corn Starch, Mono and Diglycerides, Polysorbate 60, Enzyme Modified Soy Protein, Sodium Hexametaphosphate, Soy Lecithin, Natural and Artificial Flavors, Salt, Sodium Caseinate (Milk)), Icing (Sugar, Water, Corn Syrup, Agar, Artificial Color, Potassium Sorbate (To Maintain Freshness), Citric Acid, Natural and Artificial Flavor, Locust Bean Gum, Mono and Diglycerides, Food Coloring (Water, High Fructose Corn Syrup, Gylcerine, Yellow 5, Sugar, Modified Corn Starch, Blue 1, Carrageenan, Maltodextrin, Dextrose, Potassium Sorbate (To Maintain Freshness), Xanthan Gum, Citric Acid)), Glaze (Sugar, Water, Corn Starch, Palm Oil, Calcium Sulfate And/Or Calcium Carbonate, Agar, Dextrose, Natural and Artificial Flavors, Salt, Disodium Phosphate, Locust Bean Gum And/Or Mono and Diglycerides), Icing (Sugar, Water, Corn Syrup, Artificial Color, Natural Flavor, Agar, Potassium Sorbate (To Maintain Freshness), Citric Acid, Mono And Diglycerides, Locust Bean Gum, Salt, Food Coloring (Water, High Fructose Corn Syrup, Glycerin, Red 40, Sugar, Modified Corn Starch, Red 3, Blue 1, Carrageenan, Maltodextrin, Dextrose, Potassium Sorbate (To Maintain Freshness), Xanthan Gum, Citric Acid)). Contains: Wheat, Soy, Milk, Egg.

Our facilities produce products with peanuts, tree nuts, soy, milk, eggs and wheat. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with peanut, tree nut, soy, milk, egg or wheat allergies.

10/24/19



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Reindeer Doughnut	1 Doughnu t	280	100	11	5	0	0	135	43	less than 1 gram	27	3

Ingredients: Doughnut (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Contains 2% or Less of Each of the Following: Yeast, Soy Lecithin, Hydrogenated Soybean Oil, Mono- and diglycerides, Salt, Wheat Gluten, Monocalcium Phosphate, BHT, Dried Milk Powder, Cellulose Gum, Lecithin, Maltodextrin, Calcium Propionate (To Maintain Freshness), Ascorbic Acid, Sorbitan Monostearate, Tocopherols, Oat Fiber, Egg Yolks), Icing (Sugar, Water, Corn Starch, Cocoa Powder (Processed with Alkali), Corn Syrup Solids, Soybean Oil and/or Palm Oil, Chocolate Liquor, Enzyme Modified Soy Protein, Polysorbate 60, Salt, Sodium Caseinate (Milk), Sodium Hexametaphosphate, Mono and Diglycerides, Soy Lecithin), Glaze (Sugar, Water, Corn Starch, Palm Oil, Calcium Sulfate And/Or Calcium Carbonate, Agar, Dextrose, Natural and Artificial Flavors, Salt, Disodium Phosphate, Locust Bean Gum And/Or Mono and Diglycerides), Icing (Sugar, Water, Corn Syrup, Artificial Color, Natural Flavor, Agar, Potassium Sorbate (To Maintain Freshness), Citric Acid, Mono And Diglycerides, Locust Bean Gum, Salt, Food Coloring (Water, High Fructose Corn Syrup, Glycerin, Red 40, Sugar, Modified Corn Starch, Red 3, Blue 1, Carrageenan, Maltodextrin, Dextrose, Potassium Sorbate (To Maintain Freshness), Xanthan Gum, Citric Acid)), Topping (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Corn Syrup, Salt, Sodium Bicarbonate, Yeast), Confectionery Decorations (Sugar, Egg White Solids, Modified Corn Starch, Red 40, Yellow 6, Blue 1). Contains: Wheat, Soy, Milk, Egg.

Ingredients: Doughnut (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Contains 2% or Less of Each of the Following: Yeast, Soy Lecithin, Hydrogenated Soybean Oil, Mono- and diglycerides, Salt, Wheat Gluten, Monocalcium Phosphate, Dried Milk Powder, BHT, Cellulose Gum, Lecithin, Maltodextrin, Calcium Propionate (To Maintain Freshness), Ascorbic Acid, Sorbitan Monostearate, Tocopherols, Oat Fiber, Egg Yolks), Filling (Sugar, Palm Oil, Hydrogenated Palm Oil and/or Soybean Oil, Water, Cocoa Powder (Processed with Alkali), Corn Syrup Solids, Corn Starch, Salt, Polysorbate 60, Mono and Diglycerides, Natural and Artificial Flavors, Chocolate Liquor, Enzyme Modified Soy Protein, Sodium Caseinate (Milk), Sodium Hexametaphosphate, Soy Lecithin), Icing (Sugar, Water, Corn Syrup, Artificial Color, Natural Flavor, Agar, Potassium Sorbate (To Maintain Freshness), Citric Acid, Mono And Diglycerides, Locust Bean Gum, Salt, Food Coloring (Water, High Fructose Corn Syrup, Glycerin, Red 40, Sugar, Modified Corn Starch, Red 3, Blue 1, Carrageenan, Maltodextrin, Dextrose, Potassium Sorbate (To Maintain Freshness), Xanthan Gum, Citric Acid)), Topping (Sugar, Carnauba Wax), Icing (Sugar, Water, Corn Starch, Cocoa Powder (Processed with Alkali), Corn Syrup Solids, Soybean Oil and/or Palm Oil, Chocolate Liquor, Enzyme Modified Soy Protein, Polysorbate 60, Salt, Sodium Caseinate (Milk), Sodium Hexametaphosphate, Mono and Diglycerides, Soy Lecithin), Confectionery Decorations (Sugar, Egg Whites, Modified Corn Starch, Yellow 5).

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Contains: Wheat, So	oy, Milk, Egg	J.										
White Iced Glazed Doughnut with Holiday Sprinkles	1 Doughnu t	250	100	11	5	0	0	85	36	less than 1 gram	23	3

Ingredients: Doughnut (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Contains 2% or Less of Each of the Following: Yeast, Soy Lecithin, Hydrogenated Soybean Oil, Mono- and diglycerides, Salt, Wheat Gluten, Monocalcium Phosphate, BHT, Dried Milk Powder, Cellulose Gum, Lecithin, Maltodextrin, Calcium Propionate (To Maintain Freshness), Ascorbic Acid, Sorbitan Monostearate, Tocopherols, Oat Fiber, Egg Yolks), Icing (Sugar, Water, Corn Syrup, Artificial Color, Natural Flavor, Agar, Potassium Sorbate (To Maintain Freshness), Citric Acid, Mono And Diglycerides, Locust Bean Gum, Salt), Glaze (Sugar, Water, Corn Starch, Palm Oil, Calcium Sulfate And/Or Calcium Carbonate, Agar, Dextrose, Natural and Artificial Flavors, Salt, Disodium Phosphate, Locust Bean Gum And/Or Mono and Diglycerides), Sprinkles (Sugar, Fractionated Palm Kernel Oil, Corn Starch, Glucose, Soy Lecithin, Red 40, Yellow 5, Red 3, Blue 1, Gum Arabic, Carnauba Wax). **Contains: Wheat, Soy, Milk, Egg.** 

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