## **Cinnamon Twist Doughnut**

## **Artificially Flavored**

Serving Size:	1 Doughnut
Calories	210
Calories from Fat	100
Total Fat (g)	11
Saturated fat (g)	5
Trans Fat (g)	0
Cholesterol (mg)	0
Sodium (mg)	105
Total Carbohydrates (g)	26
Dietary Fiber (g)	less than 1 gram
Sugars (g)	13
Protein (g)	3

Ingredients: Doughnut (Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Less than 2% of: Yeast, Hydrogenated Soybean Oil, Soy Flour, Leavening (Calcium Carbonate and/or Monocalcium Phosphate and/or Baking Soda), Salt, Monoglycerides, Wheat Gluten, Soy Lecithin, Skim Milk, Cellulose Gum, Ascorbic Acid, Calcium Propionate (To Maintain Freshness), Egg Yolks, Enzymes), Glaze (Sugar, Water, Corn Starch, Palm Oil, Agar, Natural and Artificial Flavors, Guar Gum, Locust Bean Gum), Coating (Dextrose, Cinnamon, Corn Starch, Palm Oil, Artificial Flavor).

**ALLERGENS- CONTAINS:** 









Our facilities produce products with peanuts, tree nuts, soy, milk, eggs and wheat. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with peanut, tree nut, soy, milk, egg or wheat allergies.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

