

Chocolate Original Glazed® Doughnut

Serving Size:	1 Doughnut	Ingredients: Doughnut (Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Less than 2% of: Yeast, Hydrogenated Soybean Oil, Soy Flour, Leavening (Calcium Carbonate and/or Monocalcium Phosphate and/or Baking Soda), Salt, Monoglycerides, Wheat Gluten, Soy Lecithin, Skim Milk, Cellulose Gum, Ascorbic Acid, Calcium Propionate (To Maintain Freshness), Egg Yolks, Enzymes), Chocolate Glaze (Sugar, Water, Cocoa Processed with Alkali, Soybean Oil, Cocoa, Corn Syrup Solids, Palm Oil, Corn Starch, Cocoa Liquor, Soy Lecithin, Salt, Mono and Diglycerides, Chocolate Liquor, Agar, Enzyme Modified Soy Protein, Polysorbate 60, Sodium Hexametaphosphate, Artificial Flavor, TBHQ, Natural and Artificial Flavors, Guar Gum, Locust Bean Gum).
Calories	210	
Calories from Fat	100	
Total Fat (g)	11	
Saturated fat (g)	6	
Trans Fat (g)	0	
Cholesterol (mg)	0	
Sodium (mg)	110	
Total Carbohydrates (g)	25	
Dietary Fiber (g)	1	
Sugars (g)	12	
Protein (g)	3	

ALLERGENS- CONTAINS:



Our facilities produce products with peanuts, tree nuts, soy, milk, eggs and wheat. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with peanut, tree nut, soy, milk, egg or wheat allergies.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

