



Caramel Doughnut Nutritionals

DESCRIPTION	Serving Size	Total Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Caramel Glazed Doughnut <i>Naturally and Artificially Flavored</i>	1 Doughnut	220	110	12	5	0	0	110	26	less than 1 gram	13	3
Ingredients: Doughnut (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Contains 2% or Less of Each of the Following: Yeast, Soy Lecithin, Hydrogenated Soybean Oil, Mono- and Diglycerides, Salt, Wheat Gluten, Monocalcium Phosphate, BHT, Dried Milk Powder, Cellulose Gum, Lecithin, Maltodextrin, Calcium Propionate (To Maintain Freshness), Ascorbic Acid, Sorbitan Monostearate, Tocopherols, Enzymes, Oat Fiber, Egg Yolks), Glaze (Sugar, Water, Caramel Flavored Paste (Sugar, Peanut Oil, Butter, Skimmed Milk Powder, Caramel Color, Milk Powder, Salt, Natural and Artificial Flavors, Sunflower Lecithin, Tocopherols), Whey, Palm Oil, Soybean Oil, Corn Starch, Flavor (Caramel Color, Natural Flavor), Calcium Sulfate, Agar, Mono and Diglycerides, Salt, Dextrose, Polysorbate 60, Natural and Artificial Flavors, Disodium Phosphate, Locust Bean Gum, Citric Acid, TBHQ). Contains: Wheat, Milk, Egg, Soy. Naturally and Artificially Flavored												
Salted Double Caramel Crunch Doughnut <i>Naturally and Artificially Flavored</i>	1 Doughnut	310	120	13	6	0	0	210	46	less than 1 gram	31	3
Ingredients: Doughnut (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Contains 2% or Less of Each of the Following: Yeast, Soy Lecithin, Hydrogenated Soybean Oil, Mono- and Diglycerides, Salt, Wheat Gluten, Monocalcium Phosphate, BHT, Dried Milk Powder, Cellulose Gum, Lecithin, Maltodextrin, Calcium Propionate (To Maintain Freshness), Ascorbic Acid, Sorbitan Monostearate, Tocopherols, Enzymes, Oat Fiber, Egg Yolks), Icing (Sugar, Corn Syrup, Water, Vegetable Shortening (Palm Oil), Maltodextrin, Natural And Artificial Flavors, Salt, Mono and Diglycerides, Caramel Color, Potassium Sorbate (To Maintain Freshness), Red 40, Yellow 5, Blue 1), Glaze (Sugar, Water, Caramel Flavored Paste (Sugar, Peanut Oil, Butter, Skimmed Milk Powder, Caramel Color, Milk Powder, Salt, Natural and Artificial Flavors, Sunflower Lecithin, Tocopherols), Whey, Palm Oil, Soybean Oil, Corn Starch, Flavor (Caramel Color, Natural Flavor), Calcium Sulfate, Agar, Mono and Diglycerides, Salt, Dextrose, Polysorbate 60, Natural and Artificial Flavors, Disodium Phosphate, Locust Bean Gum, Citric Acid, TBHQ), Topping (Sugar, Brown Sugar, Salt, Natural Flavors (Including Caramel, Butter (Milk)). Contains: Wheat, Milk, Egg, Soy. Naturally and Artificially Flavored												

Our facilities produce products with peanuts, tree nuts, soy, milk, eggs and wheat. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with peanut, tree nut, soy, milk, egg or wheat allergies.

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