

Chocolate Iced Doughnut

Serving Size:	1 Doughnut
Calories	240
Calories from Fat	100
Total Fat (g)	11
Saturated fat (g)	6
Trans Fat (g)	0
Cholesterol (mg)	0
Sodium (mg)	105
Total Carbohydrates (g)	33
Dietary Fiber (g)	less than 1
Sugars (g)	20
Protein (g)	3

ALLERGENS- CONTAINS:



Ingredients: Doughnut (Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Less than 2% of: Yeast, Hydrogenated Soybean Oil, Soy Flour, Leavening (Calcium Carbonate and/or Monocalcium Phosphate and/or Baking Soda), Salt, Monoglycerides, Wheat Gluten, Soy Lecithin, Skim Milk, Cellulose Gum, Ascorbic Acid, Calcium Propionate (To Maintain Freshness), Egg Yolks, Enzymes), Icing (Sugar, Water, Corn Starch, Cocoa, Corn Syrup Solids, Palm Oil, Soybean Oil, Chocolate Liquor, Soy Lecithin, Salt, Enzyme Modified Soy Protein, Mono and Diglycerides, Polysorbate 60, Sodium Hexametaphosphate), Glaze (Sugar, Water, Palm Oil, Agar, Natural and Artificial Flavors, Guar Gum, Locust Bean Gum).

Our facilities produce products with peanuts, tree nuts, soy, milk, eggs and wheat. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with peanut, tree nut, soy, milk, egg or wheat allergies.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

