

Original Glazed® Doughnut

Serving Size: 1 Doughnut

Calories 190

Calories from Fat 100

Total Fat (g) 10

Saturated fat (g) 5

Trans Fat (g) 0

Cholesterol (mg) 0

Sodium (mg) 100

Total Carbohydrates (g) 22

Dietary Fiber (g) less than 1

Sugars (g) 10

Protein (g) 3

Ingredients: Doughnut (Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Less than 2% of: Yeast, Hydrogenated Soybean Oil, Soy Flour, Leavening (Calcium Carbonate and/or Monocalcium Phosphate and/or Baking Soda), Salt, Monoglycerides, Wheat Gluten, Soy Lecithin, Skim Milk, Cellulose Gum, Ascorbic Acid, Calcium Propionate (To Maintain Freshness), Egg Yolks, Enzymes), Glaze (Sugar, Water, Palm Oil, Agar, Natural and Artificial Flavors, Guar Gum, Locust Bean Gum).

ALLERGENS- CONTAINS:



Our facilities produce products with peanuts, tree nuts, soy, milk, eggs and wheat. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with peanut, tree nut, soy, milk, egg or wheat allergies.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

