



**Product Name:** Cinnamon Swirl Doughnut

## Nutrition Facts

Serving Size 1 Doughnut (59g)  
Servings per Container 1

Amount per serving

**Calories** 250      Calories from Fat 140

% Daily Value

**Total Fat** 15g      **23%**

**Saturated Fat** 6g      **30%**

**Trans Fat** 0g

**Cholesterol** less than 5mg      **0%**

**Sodium** 105mg      **4%**

**Total Carbohydrates** 29g      **10%**

**Dietary Fiber** less than 1 gram      **4%**

**Sugars** 16g

**Protein** 3g

**Vitamin A** 0% • **Vitamin C** 4%

**Calcium** 4% • **Iron** 4%

\*Percent(%) Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower based on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9 \* Carbohydrates 4 \* Protein 4

**Ingredients:** **Doughnut** (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Palm Oil, Soybean Oil, Sugar. Contains 2% or Less of Each of the Following: Yeast, Soy Lecithin, Hydrogenated Soybean Oil, Mono and Diglycerides, Salt, Wheat Gluten, Monocalcium Phosphate, BHT, Dried Milk Powder, Cellulose Gum, Lecithin, Maltodextrin, Calcium Propionate (To Maintain Freshness), Ascorbic Acid, Sorbitan Monostearate, Tocopherols, Oat Fiber, Egg Yolks); **Icing** (Sugar, Cream Cheese (Pasteurized Milk And Cream, Salt, Carob Bean Gum, Cheese Culture), Vegetable Shortening (Palm Oil, Canola Oil, Mono- And Diglycerides, Polysorbate 60), Dextrose, Cream Cheese Powder (Cream Cheese Solids [Cream, Nonfat Milk, Salt, Sodium Alginate, Lactic Acid], Corn Syrup Solids, Sodium Caseinate [Milk], Natural Flavor), Corn Starch, Soybean Oil, Salt, Natural Flavor, Benzoic Acid (To Maintain Freshness), Polysorbate 60, Propyl Gallate, Beta Carotene (Color)); **Topping** (Sugar, Ground Cinnamon); **Topping** (Sugar, Margarine (Palm Oil, Water, Salt, Vegetable Mono- And Diglycerides, Natural Butter Flavor, Citric Acid, Beta Carotene [Color], Vitamin A Palmitate), Bleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Molasses, Spices, Water, Potassium Sorbate (To Maintain Freshness), Soy Lecithin, Caramel Color).

**Allergens:** Wheat, Soy, Milk, Egg

**Issue Date:** 10/15/2018

**Revision Date:**

Our facilities produce products with peanuts, tree nuts, soy, milk, eggs and wheat. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with peanut, tree nut, soy, milk, egg or wheat allergies.