



HOLIDAY PLAID DOUGHNUT

Nutrition Facts

Serving Size 1 Doughnut (66g)
Servings per Container 1

Amount per serving		
Calories	250	Calories from Fat 100
		% Daily Value
Total Fat	11g	17%
Saturated Fat	5g	25%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	85mg	4%
Potassium	35mg	1%
Total Carbohydrates	36g	12%
Dietary Fiber	less than 1 gram	2%
Sugars	24g	
Protein	3g	
Vitamin A	0%	● Vitamin C 4%
Calcium	4%	● Iron 4%

*Percent(%) Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower based on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 * Carbohydrates 4 * Protein 4

INGREDIENTS: DOUGHNUT (ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PALM OIL, SOYBEAN OIL, SUGAR. CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: YEAST, SOY LECITHIN, HYDROGENATED SOYBEAN OIL, MONO AND DIGLYCERIDES, SALT, WHEAT GLUTEN, MONOCALCIUM PHOSPHATE, BHT, DRIED MILK POWDER, CELLULOSE GUM, LECITHIN, MALTODEXTRIN, CALCIUM PROPIONATE (TO MAINTAIN FRESHNESS), ASCORBIC ACID, SORBITAN MONOSTEARATE, TOCOPHEROLS, OAT FIBER, EGG YOLKS); **ICING** (SUGAR, WATER, CORN SYRUP, ARTIFICIAL COLOR, NATURAL FLAVOR, AGAR, POTASSIUM SORBATE (TO MAINTAIN FRESHNESS), CITRIC ACID, MONO AND DIGLYCERIDES, LOCUST BEAN GUM, SALT); **GLAZE** (SUGAR, WATER, CORN STARCH, PALM OIL, CALCIUM SULFATE AND/OR CALCIUM CARBONATE, AGAR, DEXTROSE, NATURAL AND ARTIFICIAL FLAVORS, SALT, DISODIUM PHOSPHATE, LOCUST BEAN GUM AND/OR MONO AND DIGLYCERIDES); **ICING** (SUGAR, WATER, CORN SYRUP, ARTIFICIAL COLOR, NATURAL FLAVOR, AGAR, POTASSIUM SORBATE (TO MAINTAIN FRESHNESS), CITRIC ACID, MONO AND DIGLYCERIDES, LOCUST BEAN GUM, SALT, HIGH FRUCTOSE CORN SYRUP AND/OR GLYCERIN, U.S. CERTIFIED COLOR, MODIFIED CORN STARCH, VEGETABLE GUM AND/OR CARRAGEENAN, MALTODEXTRIN AND/OR DEXTROSE, SODIUM BENZOATE (TO MAINTAIN FRESHNESS), XANTHAN GUM).

*MAY CONTAIN ONE OR MORE OF THE FOLLOWING US CERTIFIED COLORS: BLUE 1, RED 40, RED 3, YELLOW 5, OR YELLOW 6); **ICING** (SUGAR, WATER, CORN SYRUP, AGAR, ARTIFICIAL COLOR, POTASSIUM SORBATE (TO MAINTAIN FRESHNESS), CITRIC ACID, NATURAL AND ARTIFICIAL FLAVOR, LOCUST BEAN GUM, MONO AND DIGLYCERIDES, GYLCELINE, YELLOW 5, MODIFIED CORN STARCH, BLUE 1, CARRAGEENAN, MALTODEXTRIN, DEXTROSE, XANTHAN GUM).

ALLERGENS: WHEAT, SOY, MILK, EGG.

OUR FACILITIES PRODUCE PRODUCTS WITH PEANUTS, TREE NUTS, SOY, MILK, EGGS AND WHEAT. WHILE WE TAKE STEPS TO MINIMIZE THE RISK OF CROSS CONTAMINATION, WE CANNOT GUARANTEE THAT ANY OF OUR PRODUCTS ARE SAFE TO CONSUME FOR PEOPLE WITH PEANUT, TREE NUT, SOY, MILK, EGG OR WHEAT ALLERGIES.



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