

Messages from The Ancient Ones: Year Five (Messages from The Ancient Ones – Spirituality, Consciousness, Self Help & Personal Growth (Akin to: Esther Hicks & Eckhart Tolle Book 5)

Pages: 96

Publisher: Soul Self Living Publications (October 4, 2015)

Format: pdf, epub

Language: English

[DOWNLOAD FULL EBOOK PDF]

Messages from

The Ancient Ones:

Year Five

Stacey Stephens

souselfliving.com

MESSAGES FROM THE ANCIENT ONES: YEAR FIVE

Copyright © Stacey Stephens, 2015

1st Edition

Edited by Jack Stephens

This eBook is licensed for your personal enjoyment only. This eBook may not be re-sold or given away to other people. If you would like to share this book with another person, please purchase an additional copy for each person you share it with. If you are reading this book and did not purchase it, or it was not purchased for your use only, then you should return it and purchase your own copy. Thank you for respecting the hard work of the author.

All Rights Reserved. No part of this book may be reproduced in any form, by photocopying or by any electronic, photographic or mechanical means, or in the form of a phonographic recording; nor may it be stored in a retrieval system, transmitted, or otherwise be copied for public or private use – other than for “fair use” as brief quotations embodied in articles and reviews - without prior permission in writing from both the copyright owner and the publisher.

The author of this book does not dispense medical advice or prescribe the use of any technique as a form of treatment for physical, emotional, or medical problems without the advice of a physician, either directly or indirectly. The intent of the author is only to offer information of a general nature to help you in your quest for emotional and spiritual well-being. In the event you use any of the information in this book for yourself, which is your constitutional right, the author and the publisher assume no responsibility for your actions.

First Published for Kindle 2015 by Soul Self Living Publications (a division of Soul Self Living, Inc.)

Visit the author's website:

www.soulselfliving.com

Register for free “Weekly Messages from The Ancient Ones” email service:

www.soulselfliving.com/subscribe/

Also published by Soul Self Living Publications:

[Messages from The Ancient Ones: Year One](#) by Stacey Stephens

[Messages from The Ancient Ones: Year Two](#) by Stacey Stephens

[Messages from The Ancient Ones: Year Three](#) by Stacey Stephens

[Messages from The Ancient Ones: Year Four](#) by Stacey Stephens

[Express As YOU: Celebrate Your Uniqueness](#) by Stacey Stephens

[Soul Self: How to Uncover Your Blueprint & Live Your Purpose](#) by Jack Stephens

Published in the United States of America.

REVIEWS FOR THE MESSAGES FROM THE ANCIENT ONES SERIES

"The Ancient Ones really 'spoke to me' on a level not many books do. Reading the words touched me physically as if a spark inside of me was recognised, acknowledged, held and understood. The messages shared within take you to a place where you are able to open your heart and mind. Guiding us to a place where each of us becomes our true selves and in doing so raising the consciousness of all humanity.

Reading through you begin to understand how we show up in the world, how we influences others. Every one of us knowingly or unknowingly plays a role in the shift in consciousness around the world. The Ancient Ones teach us that acceptance is the key to gaining mastery in life, as is compassion, wisdom and service. It's up to us to make our mark in this time and space. Reading The Ancient Ones is simply a start to all you can be, for yourself, for others and for the world." ~ Wendy Fry, author of Find YOU, Find LOVE

"If you're a fan of the Abraham/Esther Hicks channeled books, you will enjoy Messages from the Ancient Ones by Stacey Stephens. Well organized by topics such as Compassion, Empowerment, Relationships, Integrity, etc., the ideas presented are upbeat and almost utopian. If everyone took the advice to live by the ideals in this book, it would be a better place indeed.

I used the chapters as a daily devotional in the mornings. There are pictures to set the tone for each chapter, which is a creative way to utilize the freedoms of digital publishing. The messages are reminiscent of A Course in Miracles, talking about ego-based thinking and urging readers to breakthrough to an era of Divinity.

This book is part of the New Thought movement of spirituality. For those of us well-versed in this type of philosophy, it doesn't break new ground. However, it is a good presentation of the ideas and presents a hopeful image of what the human experience can be." ~ Dana Taylor, author of Ever Flowing Streams

"I've found that these short passages have created a needed and appreciated awareness about how I live my daily life. After reading a selection, I know how I can personally apply the information or respect and support those who are living a life that can more directly support the suggestions of The Ancient Ones. Thank you, Stacey Stephens, for giving the world these words of wisdom." ~ Carrie Louise, author of Life, Soul Being Soul

"Beautiful pictures and inspiring messages take you on an uplifting journey at any moment of your day. Wherever you open this book it will speak to your heart and soul. Nourish yourself with this book as part of your spiritual practise." ~ Mary Llewellyn, Founding EFT Master

"With its short well organized topics I found this book easy to digest, yet felt inspired to read on to the next topic and the next. The thought provoking messages raised my awareness and acted as a gentle reminder for practices which I can become distracted from. I found this book to be positive and inspiring. A sense of reassurance that all is well and nothing needs to be sought after but rather to look within. I see this as a little book that can be kept handy and dipped into at times of contemplation. Open it up at any section will have a message that is relevant! I am pleased to have this in my book collection." ~ Marlène Rose Shaw, author of Out Of Fear Into Love

"I have been privileged to be present as these messages have been delivered, one by one, through my wife, Stacey Stephens. It is my great pleasure to recommend this inspiring collection. This book contains universal wisdom for the transformation of individual and collective consciousness. Simple, yet profound, each message touches the hearts and Souls of every reader willing to experience more of their divine nature. The beautiful photos that accompany each message are an outstanding complement to the text, and even though I have reread this book many times, I never tire of it. I gain greater appreciation for the wisdom in these messages with each reading. My highest recommendation!" ~ Jack Stephens, author of Soul Self: How to Tame Your Mind, Uncover Your Blueprint & Live Your Purpose

Table of Contents

[Preface](#)

[Introduction: The Ancient Ones](#)

[The Messages:](#)

[Open Heart](#)

[Open the Flow](#)

[Body Temple](#)

[Simple Living](#)

[Thought Vibration](#)

[Self-Aware](#)

[Open Mind](#)

[Guidance](#)

[Divine Being](#)

[Captivating](#)

[Your Well-being](#)

[Life is Good](#)

[Opportunity](#)

[God's Blessings](#)

[Joyful Expression](#)

[Move On](#)

[Improve Your Life](#)

[Start Again](#)

[Life's Diversity](#)

[Right to Choose](#)

[Wisdom is Experiential](#)

[Stay Connected](#)

[Natural Beauty](#)

[Begin with YOU](#)

[Open Your Heart](#)

[Re-Awaken Your Humanity](#)

[Family Unit](#)

[Soul Self](#)

[Nature's Example](#)

[God IS](#)

[Experience Happiness](#)

[Reverence](#)

[Organic Systems](#)

[Interdependent Sharing](#)

[True Sharing](#)

[Love Completely](#)

[Recharge](#)

[Gift](#)

[Good Vibes](#)

[Fairies](#)

[Loving Flow](#)

[Fellow Comrades](#)

[Are You A Mystic?](#)

[Healthy Designs](#)

[Procrastination](#)

[Soul Knowing](#)

[Pure Being](#)

[Heal Yourself](#)

[True Reality](#)

[Universal Light](#)

[Soul Sovereignty](#)

[Good Company](#)

[Afterword by The Ancient Ones](#)

Preface

Stacey Stephens

It has been my honor to work in collaboration with this very fine council who are lovingly known as, The Ancient Ones. The Ancient Ones also work within a larger council of which I am a part.

I have been in communication with them throughout my entire life. My earliest recollection of a disagreement is at about age 6. It took me awhile to understand that they only desired my highest good. When I tried to tell my mother about them she denied that they were real. So, I continued learning from them and developing a strong trusting relationship in private.

They had told me that I was being prepared to act on their behalf to assist humanity to 'wake up' to their own divine nature. My job is to understand spiritual truth, speak out with courage, assist those interested, act on my guidance, and trust in the timing of everything.

The Ancient Ones have been helping me prepare my body to transmit Universal frequencies to awaken each person's individual Blueprint (their Soul's design for their current incarnation). When people become aware of their PURPOSE for this life, they will ignite their passion and become full participants in designing a greater expression of life.

The ego-mind has run rampant for too long. The ego is a tool for the Soul, as is the body. When our Soul is in charge of our life, with the mind and body in full cooperation, we will then know what it is to fully live. It is my true desire to assist humanity into this New Era of DIVINITY.

Introduction

The Ancient Ones

We are eternal beings of non-physical form. We make up a group of three, forming a council, for the guidance of Mankind, back to their original design as men and women. Our purpose is to assist everyone who is interested to develop their divine inner guidance, to direct themselves toward a humanity that is once again sacred and connected as One, in true camaraderie.

We welcome you to an experience with us. It is our desire to awaken the divine blueprint within each individual person to become their unique and passionate expression as designed by themselves before entering into this particular incarnation during this specific time period on planet Earth.

There is no reason to restrict the expression of who you are. There is no 'judge' out there to punish or reward. There is only you and your fellow humans making judgments on each other. The ALL, or as many like to call it, GOD, is all expression. Higher levels of the ALL bring forth greater expressions of joy, love and peace. Yet, it is all acceptable in the experience within the ALL. You are at choice to express whatever level of consciousness you desire. Take charge of your personal life experience.

Join us in our vision of humanity coming together as ONE united people sharing Earth with all living forms in harmony and prosperity. We will inform you of necessary changes for the evolution of mankind so you may make the shifts needed to bring forth the DIVINE PLAN that your Souls have agreed upon."

This World's Dilemma

We are aware of the many dilemmas facing humanity's continued existence. We would like to invite each individual to examine their way of living and make a conscious choice to change that which is not serving the whole of existence here on Earth.

We entreat you to have a greater role in raising the consciousness of the entire collective of humanity. Are you ready, willing and able to become the change you desire to experience on this planet? It all begins with YOU.

A Better Way

Many people are fed up with the way this ego-world is operated by leaders who do not consider the equivalence of all life. For centuries there have been power hungry rulers, fortune seeking commercial organizations, fanatically controlling religions, and self-aggrandized individuals whose consciousness is based upon separation and control over another.

There is a better way. When the authority of the Soul of each person is given credence, the direction of humanity will shift from oppressive ego-based fear into empowered unity of goodwill towards all.

The Game of this Ego-World

Have you noticed that there are several ways to look at a situation? Within the family unit, there is the point of view of the husband/father, wife/mother, eldest child, middle children, and the

youngest, some with a male point of view and some with a female perspective. A family unit may also include extended family, such as grandparents, aunts, uncles, cousins, etc. Each person within the household will have their own ideas, agendas and desires. Who is right? How do you know what idea would work best for everyone involved?

Within a community there are many family units. Within a region there are many communities. Within a country there are numerous regions. And around the globe there are a number of countries. Humanity is a large group made up of individuals. Each person has his or her own desires. Each one is as important as the other. There is no rightful judge to proclaim sovereignty of one human over another.

Every rule or law is of man's making. These regulations are decided upon and enforced by man. No one can rightfully claim authority over another. The game is designed by human beings.

Think For Yourself

Are you aware that 99% of your thoughts have not originated from you? Since birth, most humans are indoctrinated with the thoughts held by their parents and caregivers. When a child enters school, they are taught to think the way of the accepted curriculum. A person's religious beliefs are usually adopted by their family's chosen religion. Political beliefs have been narrowed down within governments and offered as the only way. Even a person's thoughts concerning finances are entrained within them by the time they reach puberty.

For centuries adolescents have endeavored to change what they can see does not work or make sense, usually through rebellion or protest. There comes a point when many just give up and accept the lot they find themselves in. Many times this loss of personal power turns into depression, despair and even suicide.

The way things currently are can change. It takes fortitude to withstand the opposing forces of the already existing ego-world. Tradition can only continue if people choose to perpetuate it. Take your stand on what you personally agree with. Replace what does not work with something better. Take the time to ponder the many questions that bubble forth within your mind. Think a new thought, if you dare.

What would that look like? Nobody can say. New thoughts do not have a past. Innovations come to those willing to think outside the limitations of past knowledge. How many original thoughts have you had in the span of your lifetime? Make sure they are truly original and not just knockoffs of someone else's idea. Your honest reflection may be startling, indeed.

Most changes made in this ego-world are just slightly different calibers, degrees, or variations of the existing plan. Nothing completely new is ever received with ease. There is usually commercial 'red tape,' political agendas and religious opposition that must be dealt with before anything new can be permitted. This ego-world's commercial, political and religious factions must first accept a new idea before it can be implemented.

With seven billion people living together on Earth, change can take place more quickly if people would take responsibility to come together as a united group to insist that peace replace war, tolerance replace racism, equivalence replace hierarchy, honesty replace deception, honor replace inhuman treatment, shelter, food and clothing be provided to replace poverty, medical treatment be offered freely to replace undue illness, basic education for all to replace illiteracy, preservation of nature to replace destruction to our Earth, and forward moving evolution to replace stagnant, man-made tradition.

It is in your hands as human beings to make the necessary changes to preserve the future of humanity. Your ideas are important. Think for yourselves. Find those of like mind to form the needed mass consciousness to create the changes you desire. Do your part to improve the living conditions for all of Earth's inhabitants. Your future is dependent on making extreme changes to shift from this ego-based world to a Soul-based world. What new thoughts can you share? *

•If you're a fan of the Abraham/Esther Hicks channeled books, you will enjoy Messages from the Ancient Ones by Stacey Stephens. Well organized by topics such as Compassion, Empowerment, Relationships, Integrity, etc., the ideas presented are upbeat and almost utopian. If everyone took the advice to live by the ideals in this book, it would be a better place indeed. I used the chapters as a daily devotional in the mornings. There are pictures to set the tone for each chapter, which is a creative way to utilize the freedoms of digital publishing. The messages are reminiscent of A Course in Miracles, talking about ego-based thinking and urging readers to breakthrough to an era of Divinity. This book is part of the New Thought movement of spirituality. For those of us well-versed in this type of philosophy, it doesn't break new ground. However, it is a good presentation of the ideas and presents a hopeful image of what the human experience can be. • ~ Dana Taylor, author of Ever Flowing Streams

Welcome to a Remarkable Collection of Timeless Wisdom in this published collection of the second full year of public communications from The Ancient Ones.

Introducing, The Ancient Ones:

•We are eternal beings of non-physical form. We make up a group of three, forming a council, for the guidance of Mankind, back to their original design as men and women. Our purpose is to assist everyone who is interested to develop their divine inner guidance, to direct themselves toward a humanity that is once again sacred and connected as One, in true camaraderie. •

These masters share transformative truths about:

- Self Mastery;
- Prosperity;
- Health and Energy;
- Creativity;
- Life Purpose

•Wake up from the slumber that this ego-dominated world has put you in. Take charge of your life, and participate with humanity to overthrow the prison of your

mind. Become an activist for a future where life is celebrated, real love is shared, and individuality is encouraged within the entirety of the whole. True expression is found within your heart. Open wide.” – The Ancient Ones

Book Sections:

Preface

Introduction: The Ancient Ones

The Messages:

- 1 - Open Heart
- 2 - Open the Flow
- 3 - Body Temple
- 4 - Simple Living
- 5 - Thought Vibration
- 6 - Self-Aware
- 7 - Open Mind
- 8 - Guidance
- 9 - Divine Being
- 10 - Captivating
- 11 - Your Well-being
- 12 - Life is Good
- 13 - Opportunity
- 14 - God's Blessings
- 15 - Joyful Expression
- 16 - Move On
- 17 - Improve Your Life
- 18 - Start Again
- 19 - Life's Diversity
- 20 - Right to Choose
- 21 - Wisdom is Experiential
- 22 - Stay Connected
- 23 - Natural Beauty
- 24 - Begin with YOU
- 25 - Open Your Heart
- 26 - Re-Awaken Your Humanity
- 27 - Family Unit
- 28 - Soul Self
- 29 - Nature's Example
- 30 - God IS
- 31 - Experience Happiness
- 32 - Reverence
- 33 - Organic Systems
- 34 - Interdependent Sharing
- 35 - True Sharing
- 36 - Love Completely
- 37 - Recharge
- 38 - Gift
- 39 - Good Vibes
- 40 - Fairies
- 41 - Loving Flow
- 42 - Fellow Comrades
- 43 - Are You A Mystic?
- 44 - Healthy Designs

45 - Procrastination
46 - Soul Knowing
47 - Pure Being
48 - Heal Yourself
49 - True Reality
50 - Universal Light
51 - Soul Sovereignty
52 - Good Company
Afterword by The Ancient Ones

This book contains the foundational wisdom to create a life of direction, purpose and meaning. It is my honor to share these messages with you.

Stacey Stephens
Author

Soul, Self, Soul Self Living, The Ancient Ones, life, consciousness, awareness, meditation, parenting, relationships, self-help, personal development, purpose, meaning, ego, health, sustainability, prosperity, spirituality, channeling, channel, guide, life coach, life coaching, community, new thought, empowerment, love, inspirational, motivational, success, life lessons, personal growth, personal transformation, self-improvement, God, enlightenment, true self, self, awakening, awakener, soul, intuition

Similar Authors: Esther Hicks, Abraham-Hicks

Spirit of the Season - Lib - This one, I think one listen will be enough. enlightening as i was having some personal This helps a lot while listening to a self help book.. The Amazing Power of Deliberate Intent, Part I Audiobook by Esther Hicks, Jerry Hicks.. He makes reference to the work of Ken Wilber, Thomas Merton, Eckhart Tolle, the mystical Spirit of the Season - Lib - 3.1 Heuristic Diagram: Eastern Influence in Five Self-help Literature Books in.. impregnated with the message of self-help and personal improvement, the.. Chopra's The Seven Spiritual Laws of Success (1994), or Eckhart Tolle's The... In their book, Foster and Hicks claim that happiness is a conscious choice that. The Positive Head Podcast Podcast Republic - On only very rare occasions does she receive messages from others, the experience had been a powerful one for everyone, myself included,. Fifteen years after the initial publication and success of Shearer's book, New Age... about the ancient history of Sedona, and taught him how to use particular tools, like the. 226 Best inner peace images in 2019 - It's a daily conscious effort to keep a Positive Head and we're here to help you with Brandon talking about ancient druid-shamans and pagan Earth-goddesses,.. strongly attracted to the teachings of Esther Hicks and "Abraham" one day, and Brandon reads the "Message from the Cosmic God-dess", from the book The Write An

Evolutionary Self-Help Book - Sasha Allenby - Possibly the number one technique that I would recommend to anyone happiness and ease " then generally, The second book will expose that one of the And the Law of Attraction will help you to attract more wealth and prosperity.. Wealth & Prosperity, Self Improvement, Personal Development and Health & Fitness. Cygnus caf's - Shopify - Triumph of the Spirit Resources with Footnotes - The Pearls of Wisdom - Abraham hicks quotes Matt O'Grady Coaching Podcast - Blog Talk Radio - This book is dedicated to the memory of John Lennon. Truth be told, there is nothing inherently different in the messages whereby he discusses ancient tribal beliefs about the coming New As one begins to expand their spiritual consciousness, they begin to all by just making changes in yourself. 2. My Enlightenment Experience - Actualized.org - Feb 08, 2019 - The upcoming film, based on the bestselling book The Secret, exclusive filmed teachings from author and spiritual leader, Eckhart Tolle, the THE SECRET OF KELLS is one of the most uniquely animated movies of all time. A feature-film adaptation of the self-help best-seller "The Secret" is ramping up Dee Finney's blog December 6, 2012 page 393 CHANNELERS - 5 Easiest Ways To Instantly Raise Your Energy Signature 1. Emotions and consciousness vibrate on a higher frequency than tactile objects. Etsy is the home to thousands of handmade, vintage, and one-of-a-kind products and. book quotations poems poetic thoughts inner beauty inner beauty spirituality awakening Manifestation music download mp3 - Dimensional jumping is moving from one dimension to the next. 55—5 Law of Attraction Powerful Manifestation Technique I've been seeing so much information This short book, the Law of Attraction & The Method is an introduction to the.. been perusing the self-help or personal development sections of the bookstore,

Relevant Books

[[DOWNLOAD](#)] - Download ebook Jane Eyre (Annotated)

[[DOWNLOAD](#)] - Free Inheritance pdf

[[DOWNLOAD](#)] - Download book Sell Your Home Without Losing Your Zen: A Month of Encouragement and Practical Tips for Home Sellers pdf

[[DOWNLOAD](#)] - Planting God

[DOWNLOAD]

- Beloved (Vintage International)
