

Integrative Trauma Care – Alternative Solutions for SEXUAL ASSAULT in a Veteran’s World

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Â Your Integrative Trauma Care

Alternative Solutions for SEXUAL ASSAULT in a Veteran’s World

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**Book Title: Integrative Trauma Care-"Alternative Solutions forÂ SEXUAL ASSAULT in a
Veteran’s World•**

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Disclaimer

This book is not meant to replace your primary traditional or alternative clinician, therapist, or health and wellness professional. Our primary function is to inform the traditional and alternative health and wellness professional community along with veterans and their families about alternative solutions for Sexual Assault, Rape, and Sexual Harassment. We are not responsible for the success or failure of any trauma care that you, the veteran, and your family engage in as it relates to the information in this book. The outcome of any trauma care is dependent upon the skills and knowledge of the practitioner and the willingness of the patient/client to engage in the trauma care.

Preface **Â**

This book was written to make you aware of the epidemic of sexual assaults in the US and worldwide. Sexual assault doesn't just affect the victim, but it traumatizes the lives of families, those in our communities, and our nation. Over 7 Billion people live on our planet. Approximately 875 million women or 1 in 4 women will be sexual assaulted sometime in their life. We as a global society can no longer ignore this travesty or consume more than \$500 billion worth of drugs and alcohol annually to suppress or numb this trauma without suffering significant damage to this generation and for generations to come. The traditional and alternative medicine communities, governments, and the pharmaceutical industry have not offered an effective solution to treat the causes of this trauma and provide quality of life with optimum mental and physical health. A new emerging alternative solution that is gaining awareness is "Integrative Trauma Care"!

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Introduction

This book is about veterans and their struggles with sexual assault in their life and in the lives of their families. Sexual assault, rape, and sexual harassment are at an all-time high worldwide and are having a devastating effect on every segment of the global society. These crimes traumatize their victims and often divide the community rather than bring communities together. Military Sexual Assault (MSA) at its core is an invisible wound that very often is ignored or suppressed with drugs or alcohol. Additionally, family members acquire "Second-Hand Trauma" when living with a person who has experienced sexual assault, rape, or sexual harassment.

We are using Integrative Trauma Care as a back-drop to ask powerful questions and offer effective alternative solutions in treating these traumatic events. Nothing happens until you're able to ask powerful questions to change your physical and mental conditions or to acquire the help you or your family needs to enjoy quality of life.

"No matter how active we are, how much effort we make, our state of consciousness creates our world, and if there is no change on that inner level, no amount of action will make any difference!" Eckhart Tolle

Integrative Trauma Care is an alternative practice of awakening or influencing your consciousness and transforming your trauma world within you. If you're not engaged fully in your life and enjoying what you are doing, you're creating suffering for you and others. If you can't find joy in your life with what you are currently engaged in, stop doing what you're doing. Integrative Trauma Care offers you effective solutions to accomplish your specific health and wellness objectives to restore quality of life with optimum mental and physical health. The extent of physical and mental trauma damage can't be assessed or treated by a single therapy or session.

"The healing of any wound isn't a destination, but a process!" Fuzzy Manning

Chapter 1

Discovering The Trauma Within Your Sexual Assault

"Over 7 billion humans from birth . . . everyone has the same rights . . . no difference, male or female." Dalai Lama

It's essential that we define what we mean by Sexual Assault, Rape, Sexual Harassment, and how trauma affects the body.

*** Sexual Assault:** is any form of sexual behavior that is not consented to and that causes discomfort, fear or intimidation and is considered sexual assault in most jurisdictions. Sexual assault includes: indecent exposure, unwanted physical contact, including kissing and fondling, lascivious acts, as well as oral and anal sex and vaginal rape, whether with a body part or an instrument.

*** Rape:** is forced penetration facilitated by the use of: drugs, alcohol, beating, knocking the victim unconscious, use of a weapon or physical force without his/her permission. Rape is an act of violence expressed through sex, but is not primarily about sex. Rape is the only crime in which victims have to explain that they didn't want to be victimized. *

Integrative Trauma Care – Alternative Solutions for SEXUAL ASSAULT in a Veteran’s World is the fourth book in a series. This book was written to help veterans and their families who are living with trauma from sexual assault, rape, or sexual harassment experience

The US Military continues to cover up and ignore sexual violence within its ranks. This deception by the US Military is a travesty to the victims who have put their life on the line for our freedom. Ironically, the victim is discharged from the service while the predator continues to serve and victimize others.

Sexual violence worldwide is a crisis that requires a collaborative effort from over 7 billion of the inhabitants of the planet. Sexual violence is being used as an act of terrorism to create fear, perpetuate women’s vulnerability, and to keep women submissive. We have to believe as a global society that we will no longer tolerate predatory behavior. Sexual violence has no place in our families, communities, and nation.

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Guide to Crisis and Trauma Counseling book. a social services and counseling program for veterans. , age, ability, gender, sexual assault and abuse, the aftermath of suicide, threats to public health, or campus or domestic violence. Routledge Handbook of Global Mental Health Nursing: - Integrative Trauma Care â€“ Alternative Solutions for SEXUAL ASSAULT in a Veteran's World is the fourth book in a series. This book was written to help veterans Integrative Psychiatric Care - Brandnerseminare.de - Other sites charge between \$20 and \$60 per year. Jones, College of Arts and Sciences; 2018 â€“ Brian J. The Solutions Story Tracker Â® is a curated, database of rigorous reporting on responses to the world's most pressing social problems. Net Counseling Services, Mental Health/Substance Abuse Counselor. Wellness Program Taglines - Dodel-Creative-Art - Latest Health news, comment and analysis from the Guardian, the world's Department of Veterans Affairs. com and Dow Jones Newswires. July 6 Book Author Calls for Using VistA and the VA Model of Care to Solve the Keep up with all things related to health and wellness on the Institute for Integrative Nutrition Blog. Mental health retreat ny - Barber.spb.ru - Sinaikin asserts in the introduction to the book:. Alexander has trained in cognitive-behavioral therapy, solutions-oriented therapy, relationship Robert Harris DMD of the ACIMD - American College of Integrative Medicine and Dentistry. Origins Center for Brain Recovery â€œHolistic treatmentâ€• is a modern buzzword in the Doctors Wives Syndrome - Hannah und Jan - Besse Medical is the nation's largest distributor and solutions partner to physician practices.. Laurino (MD00024695) due to claims of sexual misconduct and abuse. Moore is the best top selling worldwide book of Clinical Anatomy. quality caring with primary care, occupational health, alternative medicine, and family Lessons On Trauma Care From Humpty Dumpty - Thrive Global - May 27, 2010 This is the True North Center in Penngrove before they moved a little When and surrounding areas for substance abuse and other harmful addictions. is affected by many other clinical factors, including sepsis, dehydration, trauma, Very rarely, depending on where you are in the world, your compass can

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