Pressed by KIND™

- The convenient way to add two full servings of fruit† to your daily routine.
- Each bar is made with five simple ingredients or less – only fruit, vegetables or chia.
- No sugar added* because we press only fruit & chia or only fruit & veggies into each bar – nothing else!
- Plus, each bar is a good source of fiber, which you can’t always get from juice.
- Where to buy: Retailers nationwide and on kindsnacks.com this summer.
- MSRP: $1.79/bar

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**MANGO APPLE CHIA**

**INGREDIENTS:** Mango, apple, chia seeds.

**Allergen Information:**
Made in a facility that processes peanuts, tree nuts, sesame seeds and soy.

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**PINEAPPLE COCONUT CHIA**

**INGREDIENTS:** Pineapple, apple, coconut, chia seeds.

**Allergen Information:**
Contains coconut.
Made in a facility that processes peanuts, tree nuts, sesame seeds and soy.

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**PINEAPPLE BANANA KALE SPINACH**

**INGREDIENTS:** Pineapple, banana, apple, kale, spinach.

**Allergen Information:**
Made in a facility that processes peanuts, tree nuts, sesame seeds and soy.

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**APRICOT PEAR CARROT BEET**

**INGREDIENTS:** Pear, apple, carrot, apricot, beet.

**Allergen Information:**
Made in a facility that processes peanuts, tree nuts, sesame seeds and soy.

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**CHERRY APPLE CHIA**

**INGREDIENTS:** Cherry, apple, chia seeds.

**Allergen Information:**
Made in a facility that processes peanuts, tree nuts, sesame seeds and soy.

May contain pits.

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*Not a low calorie food. See nutrition panel for sugar and calorie content.
†Each bar provides two 1/2 cup servings of fruit. The USDA MyPlate guidelines recommend a daily intake of two to four 1/2 cup servings of fruit for a 2,000 calorie diet.

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**Nutrition Facts**

<table>
<thead>
<tr>
<th>MANGO APPLE CHIA</th>
<th>PINEAPPLE COCONUT CHIA</th>
<th>PINEAPPLE BANANA KALE SPINACH</th>
</tr>
</thead>
<tbody>
<tr>
<td>Serving Size: 1 Bar (35g)</td>
<td>Serving Size: 1 Bar (35g)</td>
<td>Serving Size: 1 Bar (35g)</td>
</tr>
<tr>
<td>Calories: 150</td>
<td>Calories: 150</td>
<td>Calories: 150</td>
</tr>
<tr>
<td>Total Fat: 2.5g</td>
<td>Total Fat: 2.5g</td>
<td>Total Fat: 2.5g</td>
</tr>
<tr>
<td>Saturated Fat: 1g</td>
<td>Saturated Fat: 1g</td>
<td>Saturated Fat: 1g</td>
</tr>
<tr>
<td>Trans Fat: 0g</td>
<td>Trans Fat: 0g</td>
<td>Trans Fat: 0g</td>
</tr>
<tr>
<td>Cholesterol: 0mg</td>
<td>Cholesterol: 0mg</td>
<td>Cholesterol: 0mg</td>
</tr>
<tr>
<td>Sodium: 10mg</td>
<td>Sodium: 10mg</td>
<td>Sodium: 10mg</td>
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<tr>
<td>Total Carbohydrate: 31g</td>
<td>Total Carbohydrate: 31g</td>
<td>Total Carbohydrate: 31g</td>
</tr>
<tr>
<td>Dietary Fiber: 9g</td>
<td>Dietary Fiber: 9g</td>
<td>Dietary Fiber: 9g</td>
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<tr>
<td>Sugars: 22g</td>
<td>Sugars: 22g</td>
<td>Sugars: 22g</td>
</tr>
<tr>
<td>Protein: 2g</td>
<td>Protein: 2g</td>
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</tr>
</tbody>
</table>

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