

Fresh Focaccia

Serves 8-10

- 5 cups all-purpose flour
- about 1 packet instant or rapid-rise yeast (not active dry)
- 2 rosemary sprigs
- ½ cup olive oil
- 1 tablespoon sugar or honey
- kosher salt (not table or sea salt)
- food art: bell peppers, olives, fresh parsley

Soup-er Chicken Noodle

Serves 4-6

- 4 cups rotisserie or cooked shredded chicken (1.5-2 pounds)
- 6 ounces egg noodles (2½ cups dry)
- 8 cups chicken broth
- 1 onion
- 3 garlic cloves
- 2 carrots
- 2 celery stalks
- 1 lemon
- 3 thyme sprigs
- 2 bay leaves
- 1 bunch fresh chives & parsley
- 2 tablespoons oil
- salt & pepper

Berry Best Breakfast

Serves 4-6

- 2 cups old-fashioned rolled oats
- 2 cups fresh or frozen berries
- 1 lemon
- 1¼ cups milk
- 1 egg
- ¼ cup coconut oil
- 1 cup brown sugar
- 1 teaspoon baking powder
- 2 teaspoons vanilla extract
- ½ teaspoon almond extract
- ½ teaspoon cinnamon
- salt

This is a sprig of thyme!

