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Shopping List

• '80s Night! •



Broccoli 'n Cheese

Serves 4

- 1-2 crowns broccoli (about 3 cups florets)
- 2 tablespoons butter
- 2 tablespoons flour
- 1 cup milk
- ¾ cup cheddar cheese
- salt



Shake Shake Chicken

Serves 4-6

- 3 pounds small chicken pieces (like drumettes, party wings, or tenders)*
- 2 cups cornflakes cereal
- 1 cup plain breadcrumbs
- 1 teaspoon sugar
- 1 teaspoon onion powder
- 1 teaspoon garlic powder
- 2 teaspoons paprika
- 2 teaspoons salt
- 1 teaspoon black pepper
- ¼ cup vegetable oil

*Note: Try to avoid using full-size, bone-in pieces for this recipe.



Orange Dreamsicles

Makes 4

- ½ cup orange juice
- 1 mandarin orange
- 2 tablespoons sugar
- ½ teaspoon vanilla extract
- ¼ cup heavy whipping cream

Check off each item when you find it!

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Want to keep this page in your cookbook? Punch out the 3 holes!

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