

Step 1:

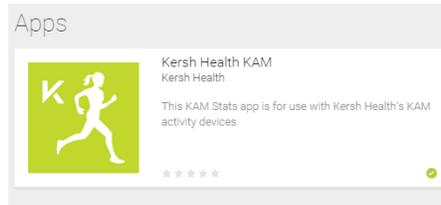
Make sure Bluetooth is enabled on your phone.

OS Requirements:

iPhone, iPad, iPod touch iOS 8.0 or later and Android 4.3 or newer with Bluetooth Low Energy (BLE)

Step 2:

Go to the App Store to download **Kersh Health KAM** for your phone or tablet.



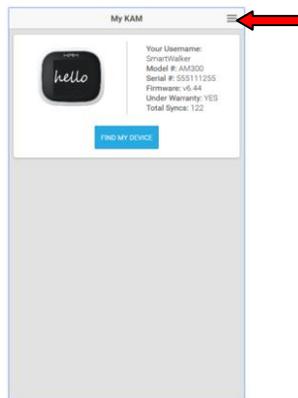
Step 3:

Log into your Kersh Account (The same username and password you use online to access your account at KershHealth.com also works with the app.)

Step 4:

Go to Menu (the small square image in upper right corner of screen) and choose My KAM to access the following screen.

Then select FIND MY DEVICE to synch the KAM to your phone app.



Features:

Daily Stats: Once you've synced your KAM using this app (AM300 only), you can view today's KAM Points, Calories, Zone Minutes, and what percentage of your Daily KAM Point goal you've achieved so far.

Company Leaderboards: Compare your Total KAM Points or Your Average KAM Points with everyone else in your company's wellness program. Leaderboards are available for the current day, month, or year and also for past days, months, and years. See if you can top the charts! (To change how your name displays in the leaderboards, log in at www.kershhealth.com and go to Profile to change your username.)

Personal Bests: See your Total Lifetime KAM Points, Highest KAM Points in a day and other benchmarks while using your KAM device.

My KAM: See your device's serial number, firmware, and warranty status at a glance. If you have the AM300, you can also sync your device wirelessly if your phone or tablet supports Bluetooth Low Energy (BLE) connections.

Troubleshooting options: 1. Check to ensure Bluetooth is enabled. 2. Turn off the phone app and restart it. 3. Uninstall and reinstall the phone app. 4. Contact Kersh Technical Support via at support@kershhealth.com or call 800-467-3005