

VEGAN GLUTEN FREE SOY FREE GRAIN FREE NON GMO

## BANANA WHIPS \$5.50

The Good Banana

banana whip topped with fresh fruit, slivered almonds, granola, chocolate sauce, and coconut whipped cream

The Island Banana

chocolate chip banana whip topped with chocolate sauce, coconut flakes, coconut whipped cream, and slivered almonds

The Nutty Banana

chocolate banana whip topped with peanut butter sauce, chocolate chips, peanut butter cookie larabar and chocolate sauce

The Hipster Banana

blueberry banana whip topped with raw cocoa nibs, walnuts, toasted coconut flakes and caramel sauce

The Mama Banana

a brownie topped with chocolate chip banana whip, chocolate chips, chocolate sauce topped with coconut whipped cream and sea salt chocolate shavings

# NAKED WHIP OR SORBET \$3.00 toppings .50 each

### **Toppings**

seasonal fruit coconut flakes walnuts chocolate chips granola chocolate sauce caramel sauce fresh mint chia seeds peanut butter sauce slivered almonds pumpkin seeds hemp seeds cocoa nibs coconut whipped cream

#### **SMOOTHIES 16 0Z \$6.00**

The Blue Banana

bananas, blueberries, mango, hemp seeds, orange juice, dates

The Green Banana

bananas, spinach, kale, mango, hawaiian spirulina, hemp seeds, coconut water, dates

The Red Banana

bananas, strawberries, cashew yogurt, dates, coconut water, hemp seeds

The Beet Banana

bananas, beets, blueberries, cashew yogurt, orange juice, dates

The Buff Banana

bananas, nut/seed butter, sun warrior protein powder, raw cocoa, hemp seeds, dates, coconut water

## ACAI BOWL \$6.75

The O.G.

acai berry blend, orange juice, topped with fresh fruit, coconut flakes, hemp seeds, raw cocoa nibs and walnuts

#### COLD PRESS JUICE OF THE WEEK 16 OZ \$5.75

**VEGAN QUESO & CHIPS OR VEGGIES \$7.25** 

TACO OF THE WEEK (3 TACOS) \$7.25

## **TREATS \$3.00**

If you have a specific food allergy or dietary restriction, please let us know so we can accommodate you as best we can.

Sales Tax Not Included