

REFERRAL PATHWAYS - SEE AN ENABLE PSYCHOLOGY CLINICIAN

A referral is not required for any of our services, you are welcome to receive support via private arrangements that may be reimbursed from your health fund provider.

A referral may entitle you to access rebates through a range of funding schemes. All referrals need to be addressed to Enable Workplace Consulting or to the specific practitioner that you would like to see.

MEDICARE - MENTAL HEALTH CARE PLAN

A Mental Health Care Plan entitles eligible patients to a Medicare rebate for up to 10 individual and 10 group sessions per calendar year. Currently COVID-19 plans may entitle Medicare rebated support for up to 20 sessions. (Referral from a GP, Psychiatrist or Paediatrician is required to access the rebate).

MEDICARE - EATING DISORDER MANAGEMENT PLAN

An Eating Disorder Management Plan entitles eligible patients to a Medicare rebate for up to 40 psychological sessions within 12 months of the date of the referral. (Referral from a GP, Psychiatrist or Paediatrician is required to access the rebate).

MEDICARE - HELPING CHILDREN WITH AUTISM INITIATIVE

A Helping Children with Autism referral entitles eligible children to a Medicare rebate for up to 20 allied health (including psychology) sessions. (Referral via a Psychiatrist or Paediatrician to access the rebate).

EMPLOYEE ASSISTANCE PROGRAMS

We offer tailored EAP support to many workplaces where you are able to access a limited amount of funded psychology sessions through their Employee Assistance Programs. Speak to your workplace to seek support if required. If you would like to find out more regarding an EAP program for your organisation, connect with us.

WORKCOVER AND INSURANCE COMPANIES (CTP)

Our clinicians support and specialise in psychology services related to an injury or incident at work, often the transition may be from a MHCP and transition into other Workcover supports.

PRIVATE HEALTH INSURANCE

If you are insured with a private health fund, you may be eligible for psychological services. In order to determine your eligibility, you will need to contact your fund and ask for the amount of rebate to which you are entitled. Most private health funds require you to pay for your session upfront, then reimburse you their rebate on presentation of your receipt from your session.

NDIS REGISTERED PARTICIPANTS

All of our practitioners can provide services to NDIS self and plan managed participants, provided your plan includes funding for psychological services. Enable Workplace Consulting does not provide services to NDIA managed clients.

VICTIMS OF CRIME

We currently provide support to clients via referrals from Victims of Crime (VOC) services. Each state of Australia has an independent VOC service which assists victims and witnesses of crime to access health and support services.

To determine your eligibility for Victims of Crime funded health treatment, you will need to contact the state service in which the crime occurred and make an application for assistance to access health care.

Contact us on (03) 9663 9169 to discuss booking your appointment.

Enabling you to achieve