

### PRELIMINARY SELF-ASSESSMENT

Before you begin any major undertaking, you first want to make sure you have the natural inclination to do what you intend to do. Your responses on the following assessment will help clarify for you if instructing is for you.

**If you answer "YES" to at least 10 of the following questions, then this Seminar Training is for you!**

- Would you like to be seduced, energized, and fulfilled by your work?
- Would you like to awaken each workday morning excited about the day?
- Would you like to live the adage, "Do what you love and you will never have to work another day in your life?"
- Would you want to do every day what you love doing in your spare time?
- Do you agree with Wayne Dyer's statement, "What you believe enables you to bring that belief into your life and see it?"
- Do you believe in Marsha Sinetar's book title that says, *Do What You Love, the Money Will Follow?*
- Do you believe in Buddha's primary recommendation for achieving enlightenment which is "discovering your right livelihood?"
- Do you believe in and value your intuition?
- Do you believe that your self-esteem increases drastically when you have found your right niche, recognized it, and acted on it?
- Did you know that the number one deadly fear, according to the authors of *Repacking Your Bags*, is having lived a meaningless life?
- Do you subscribe to the wisdom in Englehardt's quote, "The time to be happy is now; the place to be happy is here; the way to be happy is by helping others?"
- Do you believe a life's work inspires passion?

- Do you believe that when you discover your life's work you will realize you already have the gift to make it happen?
- Do you believe in the value of relaxation and visualization?
- Would you like to learn more about yourself?
- Are you interested in analyzing your experiences, talents, knowledge, and skills?
- Would you like to know what your purpose in life is?

**How did you do?** Write your number of “yes’s” here \_\_\_\_\_. You can look back at this number this time next year and see if you have reason to change it.

### WHICH BEST DESCRIBES YOU:

- I enjoy working with mothers of children ages 4 to 12.
- I am concerned about bullying.
- I enjoy working with teenagers.
- I am concerned about high school drop-out rates.
- I believe how a person “sees” himself determines their level of success, i.e., self-esteem
- I enjoy working with retirees.

From your analysis, which group of people would you prefer to start with—moms, teens, retirees?

There is nothing more fun or rewarding than interacting with a group of people who benefit from what you present to them. The greatest satisfaction is making a difference in the lives of others.

I hope you will join us. We need motivated, enthusiastic trainers to reach as many kids as possible. Trainers really can make a difference in the world!!If you have any questions, do not hesitate to set up a call with me at <https://calendly.com/gailcassidy1/15min>.