



HEART, EARTH, and LOVE



I recently saw a post that said:

“When you realize HEART and EARTH are spelled with the same letters, it all starts to make sense.”

Heart-centered LOVE is the strongest emotion of all experiences. Imagine earth overflowing with love, peace, and harmony.

It’s almost too hard to process our earth filled with love when we consider all the challenges we face daily.

Let us each commit to sharing unconditional LOVE at least one time a day for 5 minutes. Our earth will become a brighter and more compassionate place to live.

Thought has energy, and energy facilitates action. Daily sharing intentional love from our hearts helps us feel better and brings positivity and gratitude into our lives.

We have all chosen to be here on earth at this time. Consciously send heart-centered LOVE to your family, friends, colleagues, neighbors, pets, and to people you don't even know. Your kindness can change our world into a brighter place of light.

By changing the order of the last letter in EARTH, we can transform into a HEART-centered world of love.

AMBULANCE DRONES for EMERGENCY



I love this use of technology to save lives!

Check out this incredible ambulance drone that provides life-saving measures rapidly and effectively.

Tears of joy stream down my face each time I watch this fantastic video: [Ambulance Drones](#)

The OT Well-Being Summit



A marvelous group of 11 holistic Occupational Therapy practitioners has gathered together to share their knowledge in a series of online presentations. Emmy Vadnais, founder of *Holistic OT*, and Rhianna Crispe, founder of *The OT Lifestyle Movement*, organized this delightful training summit. Practical strategies for incorporating holistic health, wellness, and prevention into our lives and clinical practice areas are provided for the next three months.

The OT Well-Being Summit brings together occupational therapy leaders who have been weaving holistic practices into their work for

years.

You receive 12 hours of video and audio content designed to harness the power of the mind, body, and spirit to achieve occupational goals. Links to handouts and research papers are included.

Although this summit is designed for OT practitioners, educators, and students, the information is appropriate for all people interested in learning holistic approaches.

Holistic topics include Intuitive Development, Mindfulness, Yoga, Nutrition, OT Coaching, Acupressure, Nature, Breath Work, Trauma-Informed Practices, and Diversity.

I am delighted to provide an hour presentation, “*Embracing Reiki and Energy Healing Within Our OT Sessions*,” along with bonus information on after-death communication.

Register for this empowering summit here:

[**OT Well-Being Summit**](#)

PROPOSED REIKI LEGISLATION



A bill has been filed in Massachusetts that attempts to regulate Reiki including all Reiki practitioners, educational requirements, and information. Standardization of material is based on conjecture rather than proven techniques and valid research. Similar bills are being rolled out in New York, North Carolina, Florida, Arizona, Oregon, Mississippi, and Tennessee.

To learn more about this challenging situation, click here: reikiunified.com

To sign a petition to stop the legislative efforts, click here: [Reiki Petition](#)

Once a bill passes in one state, many states will follow. Join thousands of Reiki practitioners that oppose proposed legislative mandates without verified analysis of Reiki practices.

Namaste



The Pennsylvania Occupational Therapy Association is delighted to present Deanna Waggy, OTR, MSA, who speaks about *Acupressure for OTs* at our May 20, 7-8:30 pm EST Namaste meeting.

Namaste is a holistic support group for OT practitioners, educators, students, and other medical practitioners and interested folks. I am

delighted to co-lead this fabulous community with Dr. Ann Stuart, an OT faculty member at Duquesne University.

Come join us for an enlightening evening that includes two meditative experiences, discovery about acupressure, discussion, and Q and A. Receive 1.5 continuing education hours from the PA OT State Association.

Register on the POTA website home page, calendar section: [Namaste May 20](#).

CHEERS to YOU!



Thank you for being a glorious part of my life.

I thoroughly enjoy sharing thoughts with marvelous you.

Please let me know if I can assist you in any way.

My [Coaching](#) practice is growing rapidly. It's great FUN helping people achieve their dreams and desires.

I thoroughly enjoy providing online presentations. I look forward to

offering my highly successful 7-week [After-Death Communication](#) online LIVE program coming again this fall. Consider joining a marvelous community of like-minded souls while learning how to communicate with your deceased loved ones!

Reiki, a natural energy healing biofield energy modality, can be learned in 1 day! My online Reiki trainings are wonderfully empowering and effective. A variety of Reiki presentations are scheduled for this fall. My [Reiki Immersion Online](#) program will be offered again in March 2022.

Please wrap your arms around yourself and receive a huge hug of LOVE and GRATITUDE from me to marvelous you.

I hope you have a wonderful day.

Lots of LOVE always and forever,

Becky

Rebecca Austill-Clausen, MS, OTR/L, FAOTA

Award-Winning Author: *Change Maker, How My Brother's Death Woke Up My Life*

Reiki Master, Inspirational Speaker, Occupational Therapist
President, Complementary Health Works



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