



A Network of Grateful Living



Recently I was introduced to a fabulous online sanctuary of gratitude called [A Network for Grateful Living](#).

As I quickly scanned the main headings, “Brother David” shone like a beacon of light. My brother David passed on October 1, 1995. His passage transformed my life.

David continues to remind me of his beautiful presence through synchronistic events like seeing his name on this soothing website.

Brother David, as described on this interactive website is a prolific author, presenter, and traveler, constantly spreading messages of LOVE, Gratitude, and Peace.

I encourage you to check out this magnificent site which began in 2000. Daily messages of gratitude can begin your morning. Light a candle of remembrance. Discover the word for today. Send an Ecard to express your thoughts. Reflect on daily questions.

Express Gratitude and receive the healing benefits from the Gratefulness Team and Brother David.

Learn how My brother David transformed my life into one filled with gratitude by reading my award-winning book [Change Maker, How My Brother's Death Woke Up My Life](#).

HEADstrong Foundation - Lax Stache Madness



Our son, Ken Clausen helped begin a charity, [Lacrosse Mustache Madness](#) administered by the HEADstrong Foundation, to support families dealing with cancer.

Years ago, Ken saw a mustache tattooed on a guest's finger when our son Ryan, my husband Jeff, and I were all scuba diving in Cozumel. Ken then discovered that men often grow mustaches in November - Movember – to provide support for men's health issues

Ken learned about the [HEADstrong Foundation](#) and the synchronicities were amazing.

The HEADstrong Foundation was created by the Colleluori family to honor the passage of their son and brother Nick “Head” Colleluori who passed at the age of 22 from cancer. HEADstrong provides financial, housing, and emotional support for families affected by cancer.

Nick Colleluori was a Division 1 collegiate lacrosse player and so is Ken. Nick played Defense and so does Ken. Nick wore number 27 which was Ken’s lacrosse number at the University of Virginia.

AND... Nick was born on October 19 and that is the exact birthdate of Ken.

Life’s synchronicities definitely point the way forward, when we pay attention.

The [Lax Stache Madness](#) yearly campaign starts September 17, 2021! Grow a stache, showcase a finger stache, or add a stache to a social media picture to demonstrate your support of this wonderful charitable lax stache venture that has raised close to 2 million dollars supporting families in need.

New Video Podcast with Bill Stillman



William “Bill” Stillman, a psychic medium and myself were delighted to be [interviewed by Marla Hughes](#) regarding our experiences with after-death

communication.

Bill is a prolific award-winning author and an excellent psychic medium with 90-98% accurate connections and predictions. I have known Bill for over 15 years. He is an extraordinary professional who just published a new book designed for people that are developing their psychic abilities, called [The Practicing Psychic, An Essential Guide for Staying Grounded, Navigating Skeptics, and Honoring Your Gift.](#)

Marla Hughes, founder of the podcast [Interviews with Innocence](#) regularly provides easy-to-listen-to conversations regarding spirituality, mindfulness, and consciousness. She encourages us all to embrace our sacred childhood core of knowledge.

I am truly honored to be interviewed with Bill Stillman by the exquisite Marla Hughes!

Yoga Enhances Holistic Healing POTA Namaste Session: Thursday/Sept. 16 from 7-8:30 pm EST



The Pennsylvania Occupational Therapy Association is sponsoring our *Namaste: Sharing Occupational Support* monthly group this Thursday, September 16 from 7-8:30 pm EST.

Namaste's delightful September speaker is Mary Gavacs, M.Ed, OTR/L who is presenting "The Art and Science of Holistic OT: A Case Study Using Yoga."

Register at the POTA.org Namaste logo for this enlightening presentation. 100% of the low cost workshop registration funds are donated to the PA OT Political Action Committee. Obtain 1.5 contact hours by attending Namaste's engaging community of like-minded souls.

Discover how yoga helped an adolescent girl with a C5-6 spinal cord injury journey from being a paralyzed patient to discovering goals, plans and the power of occupation. Mary Gavacs, a certified yoga teacher and Occupational Therapist provides her lovely warmth and wisdom as she shares how her client learned to live life to the fullest.

Co-Host Ann Stuart and myself hope to see you at this fabulous presentation of empowerment and holistic healing!

Stairway to Heaven



I'm delighted to encourage you to read a newly published book by Jennifer Angelee, [Stairway to Heaven: Simple Steps to Connect, Communicate, and Find Comfort with Loved Ones in the Afterlife.](#)

This enlightening book is filled with numerous insights and afterlife connection strategies. Jennifer shares her own experiences with grace and

compassion. Practical communication strategies are interwoven amongst 21 signs used by deceased loved ones to share their thoughts with us.

The power of LOVE is spread throughout this powerful book of transformational growth and awareness.

Natural Living Expo Booth and Presentation Marlborough, MA - In Person Nov. 13-14, 2021



I am SO EXCITED to present and showcase my offerings in-person (WOW!) at New England's largest holistic expo: the [Natural Living Expo](#) in Marlborough, Massachusetts, booth #1118.

This very well organized expo is being held on Saturday/Nov. 13 from 9 am-6 pm and Sunday/Nov. 14 from 9:30 am-5:30 pm featuring 185 exhibits and over 50 workshops.

I am honored to be a featured workshop speaker on Sunday/Nov. 14 from 2:30-3:30 pm EST presenting: [Increase Your After-Death Communication Skills](#)

It would be GREAT to see you at our booth #1118 where you can discover:

Signed copies of my award-winning book [Change Maker, How My Brother's Death Woke Up My Life](#)

Online 7-week LIVE fall [After-Death Communication](#) course info.

Online spring LIVE one day certificate provided weekend [Reiki Immersion Online](#) info:

Reiki Level I

Reiki Level II

Reiki Master Level III (6 months experience after Reiki Level II certificate from any Reiki Master and a 1:1 Zoom interview with me required).

Online [Coaching](#) 1:1 Services

In-Person Engagement during the Expo – YAY!

I hope to see you in Marlborough, MA at the [Natural Living Expo](#) this November!

LOVE for YOU!



I am filled with gratitude for the incredible amount of LOVE that is being shared in our world.

I just finished presenting Reiki Level I at the magnificent [International](#)

[Association for Near-Death Studies Annual Conference](#), as the first presenter to share Reiki's UNCONDITIONAL LOVE during a certificate provided one-day workshop at this empowering conference.

Embrace the LOVE that is being sent to you from me and from our beautiful universe. We are all connected. We are all ONE. We all have the ability and the opportunity to share and receive LOVE with each other on earth and beyond.

Thank you for being in my life.

I LOVE YOU VERY MUCH. Sending lots of LOVE to you always and forever,

Becky

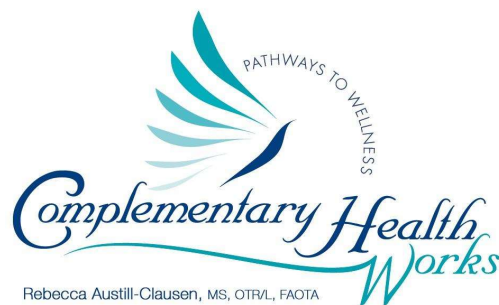
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