



CANADIAN DOCTORS PRESCRIBE NATIONAL PARK VISITS!



Passes to Canadian national parks are being prescribed by doctors. A new program, [PaRX](#) was founded by the British Columbia Parks Foundation in 2020 and is officially supported by Parks Canada.

A Parks Canada Discovery Pass can now be offered to patients for this “first national nature prescription program!”

The Canadian Association of Physicians for the Environment recommends spending at least 2 hours a week outside, in nature, for a minimum of 20 minutes a time.

This program is currently available in four Canadian provinces: British

Columbia, Ontario, Saskatchewan, and Manitoba with expected implementation nationwide.

Being outside in nature increases life expectancy, expands energy, reduces stress, increases a sense of well-being, reduces pain, and improves heart health. A variety of garden areas across Canada are also allowing free admission when visitors show their nature prescription.

My husband and I are visiting all the U.S. National Parks. We are almost finished seeing the most spectacular natural sites in our country. It's an amazing quest of beauty and relaxation.

REIKI IMMERSION ONLINE IS COMING SOON!



I'm delighted to offer one day, certificate provided courses on Reiki's natural energy healing ability and enhancement of afterlife communication, in early March!

Reiki Level I on Saturday, March 5, activates your own healing energy. Experience receiving and sharing energy with three different 1:1 partners. By the end of the day, you can provide Reiki to yourself, family, friends, clients, colleagues, pets, and plants.

Reiki Level II on Sunday, March 6 teaches you why and how Reiki works. Discover long distance healing, experience crystal energy, and receive and share energy with three different 1:1 partners. Taking Reiki Level I + Level II

in one weekend is the preferred way to learn Reiki, in my opinion.

Reiki Master Level III on Saturday, March 12 requires at least 6 months of Reiki experience after receiving your Reiki Level II certificate from any Reiki Master, plus a 1:1 interview with me. Discover how to set up your own Reiki practice in a medical facility or community, learn how to teach Reiki, receive a Reiki Master attunement, and expand your clinical skills.

Each Reiki class is approved for 6.0 contact hours through the National Board for Certification in Occupational Therapy. All OT and medical practitioners and anyone else are welcome to attend.

Register [HERE](#) for Reiki Immersion Online!

I am also delighted to present Reiki Level I and Level II at the in-person American Occupational Therapy Association [INSPIRE](#) Annual Conference in San Antonio, TX on March 30 and March 31st.

YOU'LL NEVER WALK ALONE VIRTUAL CHOIR



During the current COVID pandemic, 300 people from 15 countries gathered

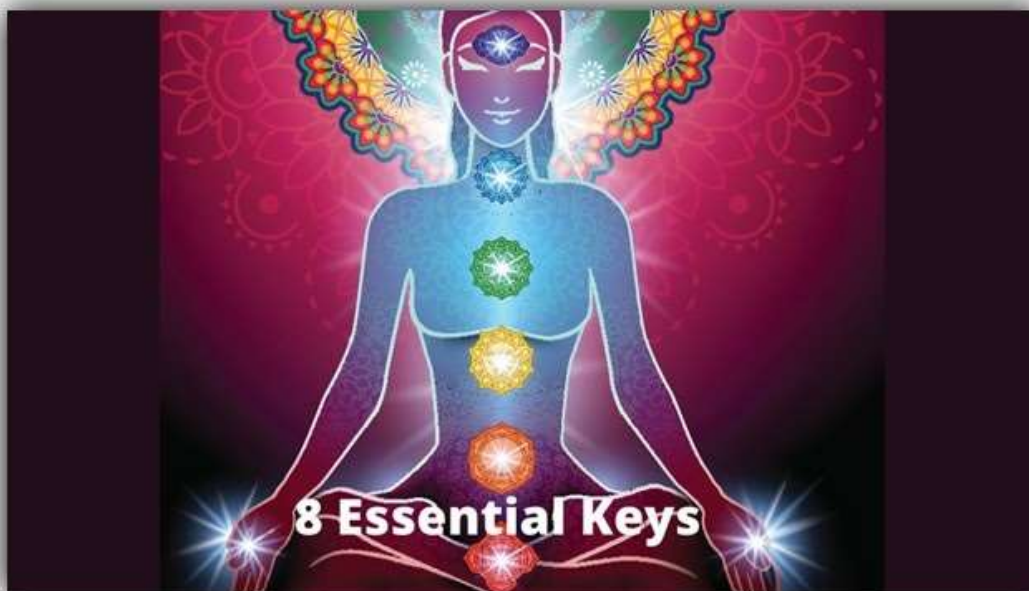
virtually to sing and play instruments for the Rodgers and Hammerstein stunning song: [*You'll Never Walk Alone*](#).

This beautiful 3-minute rendition of the classic song from the musical Carousel is [available on YouTube](#), bringing peace and comfort to millions of viewers.

Performers range in age from 9 years old to a person in their 80's. Harrison Sheckler, a 24-year-old pianist and Brooklyn Conservatory of Music student organized this fabulous gathering of LOVE.

8 ESSENTIAL KEYS: TOOLS FOR HOPE-FILLED HEALING AND EXPANSIVE EVOLUTIONARY GROWTH*

Presented by Donna DeNomme
Begins March 29, 2022, \$100 savings by using the link below.



Your past and present carry precious insights, riches beyond measure. And yet, there is so much more to you than even you know! The “8 Essential

Keys” are a dynamic, proven method for drawing forth your inner resilience and enduring strength for greater self-assurance and a deeper sense of satisfaction and joy. And the 8th Key taps into your Divine Gifts, encouraging you to stretch further into your heart’s desires and soul’s longings, so you can realize your greatest soul-potential.

My delightful friend, **Donna DeNomme** is an award-winning, internationally published author, conscious energy teacher, shamanic healer, and licensed success coach. Donna uses storytelling, art, writing, and integrative ritual to offer this multidimensional enrichment program. She brings decades of experience assisting with discovery, healing, transformation, and personal growth.

Begins March 29th with Get-You-Started followed by a full in-depth online program + 8 weekly bonus calls.

[*Use this special link to receive an extra \\$100 savings if you register NOW!](#)

SPRING IS APPROACHING



Spring brings new beginnings, a new awakening of life. Allow yourself to experience the joys of nature’s new growth, as flowers begin to peak their heads above soil compacted over the long winter months.

Reach to the sky and absorb the sun's rays showering you with energetic LOVE and peace.

Take time to walk in the woods. Listen to cheerful bird song sparkling with spring's energy.

Wrap your arms around yourself and receive a huge hug of LOVE from me to awesome you.

I hope you have a lovely day today.

Lots of LOVE to you always and forever,

Becky

Rebecca Austill-Clausen, MS, OTR/L, FAOTA

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