

Rebecca Austill-Clausen December 2020 Newsletter



THE DAWNING OF A NEW AGE



December 21 begins the Age of Aquarius. I am always reminded of the song by the 5th Dimension that *"Peace will guide the planets and love will steer the stars, this is the dawning of the Age of Aquarius."*

Jupiter and Saturn travel closer to each other on December 21 than they have in the past 800 years. A new era of humanitarianism, spirituality, and peace starts on this celestial winter solstice date. New beginnings arise, and old behaviors are energetically encouraged to fall by the wayside.

Open your hearts to feel the transformational energy arising from this unique astrological alignment. Our lives have been massively transformed by the COVID pandemic of 2020. Yet, hope is on the horizon with the approval and first U.S. shipment of the vaccine occurring.

Each day at 11:00 in whatever time zone you reside, open your heart, and share love with our world. Allow the transformational energy of the Age of Aquarius to expand your soul. Join Dr. Eben Alexander and Karen Newell in their quest for all souls to be united by LOVE. Fill your heart with a daily planetary wave of LOVE as you join others around the world in this humanitarian quest for peace. Here's the link to their YouTube video: [United in Hope and Healing – 11am LOVE](#)

The number one in the 11:00 a.m. timeframe signifies new beginnings. The zero represents completion. The doubling of ones and zeroes puts an exclamation point on the concepts. Usher in our new year with LOVE.

This is the dawn of the new age of Aquarius.

SUCCESS! HEALTHCARE PUBLICATION ON NEAR DEATH EXPERIENCES



Huge thank you to all that contributed to the International Association of Near Death Studies' fundraising initiative to provide health care professionals with FREE informational materials. A discussion-training guide to increase understanding of Near Death Experiences will be distributed, along with a webpage to house the 75-page issue of VOICES, which includes multiple stories of those who had a Near Death Experience is now being developed.

Donations are still needed to help promote and disseminate material about the medical gap of care surrounding near death experiences. Here's the [website link](#) for further information on receiving the special issue entitled *Healthcare After a Near-Death Experience*, free with a \$50 donation by December 31, 2020. Your support of this worthwhile endeavor is truly appreciated.

WOW – AFTER-DEATH COMMUNICATION COURSE IS COMPLETED!



My 7-week LIVE *After-Death Communication, Discover Your Unique Skills to Continue Your Connection with Your Deceased Loved Ones* course has just finished. Our GREAT community of like-minded souls provided excellent support to each other.

It was fabulous to hear people describe transformational events that occurred throughout the course as they discovered abilities to receive and share communication with loved ones, both human and pets that live beyond the veil.

Our 7 weekly guided meditative journeys effectively enhanced participants' afterlife communication skills. I am genuinely humbled by the outpouring of acclaim this class received. It was a magnificent experience teaching spiritual enlightenment and sharing LOVE with this marvelous group of attendees.

I am excited to offer this 7-week LIVE course again in the fall of 2021.

Email becky@RebeccaAustillClausen.com to sign up for special notifications about this transformational course of LOVE.



I am so excited to offer *Reiki Immersion Online*, a weekend of 6-hour, one day, certificate provided classes in Reiki, a Natural Healing Energy Modality this March!

Reiki is incredibly effective online, frankly, much to my surprise. Reiki energy transmits extremely well over Zoom. I am delighted to offer a comprehensive online experience for each one day class of Reiki enlightenment.

Reiki enhances after-death communication and is a terrific clinical modality to use by medical professionals and all others interested in expanding spiritual and energetic skills.

Become attuned to Reiki energy while learning self-healing and how to give Reiki to family, friends, colleagues, pets, and plants during **Reiki Level I**.

Discover how and why Reiki works during a 6-hour class in **Reiki Level II**. Explore additional modalities, including using crystals while engaging with multiple partners sharing and receiving Reiki energy.

If you already trained in Reiki Level I and II, and have at least 6 months of Reiki experience, schedule a 1:1 interview with me to discuss becoming a Reiki Master. This 6-hour certificate provided **Reiki Master Level III** one day program includes a Reiki Master attunement, training on giving Reiki attunements, teaching Reiki, developing medical and community-based Reiki programs, exploring available research programs, and enhancing your Reiki practice with additional clinical avenues.

Saturday, February 13 – FREE Reiki webinar, Registration opens for Reiki Immersion Online

Saturday, March 13 – Reiki Level I, A Natural Healing Energy Modality

Sunday, March 14 – Reiki Level II, Discover Why Reiki Works

Saturday, March 20 – Reiki Master Level III, Achieve Educational and Clinical Mastery

Each class is approved for 6.0 hours of Pennsylvania Occupational Therapy Continuing Education Credit.

Check my [website events](#) page [or email me](#) for further information about these transformational one-day courses of enlightenment!

1 to 1 Coaching



Interested in exploring communication with the afterlife? Want to travel to different realms of enlightenment during guided meditative journeys? Have you considered

writing and publishing a book? Would you like to grow your holistic practice? Do you desire a supportive listening ear to share your spiritual thoughts and experiences?

My 1:1 Coaching provides you with individual guidance, support, and encouragement while expanding your spiritual journey.

Sign up for a [FREE Discovery](#) session now!

POTA NAMASTE HOLISTIC OT SUPPORT MEETINGS

3rd Thursday of each month, 7- 8:30 pm EST



I am excited to begin 2021 with a new year of holistic Occupational Therapy guest speakers, sponsored by the Pennsylvania Occupational Therapy Association. I love co-leading Namaste with Dr. Ann Stuart from Duquesne University. Each month, a 45-minute guest speaker presents a holistic topic appropriate for Occupational Therapy practitioners, educators, and students. Two meditations are included that begin and end our sessions, along with a dynamic Q and A discussion period. Receive 1.5 OT contact hours from POTA for attending these supportive and educational sessions.

Our 2020 Namaste presentations included Forest Bathing, OT Educators and Practitioners as Healers, Mindful Play, Yoga, Reassurance and Resilience, and Intuition.

Come join us for our first 2021 presentation on using Polarity in OT by Jackie Warmuth, LNHA, MS, OTR/L on Jan 21, 2021, 7-8:30 pm EST.

A donation of \$10.00 per session is requested for all non-POTA members, with 100% of the donations going towards the PA OT Political Action Committee. Namaste is FREE for all POTA members! Register on the [POTA website](#), calendar listing.

HOLIDAY LOVE



My heart is filled with immense love and gratitude for each of you as we finish off this incredibly challenging year.

Thank you for being a wonderful presence in my life. Feel free to keep me in touch if I can ever assist you in any way.

I wish you the very best life can offer.

You are AWESOME!

Lots of LOVE always and forever,

Becky



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