



## SEQUOIA TREE MAGIC



Sequoia trees are immense giants of majesty. Fifteen to twenty people with their arms outstretched can surround the width of these stunning pillars of beauty. **Walking amongst these ancient sentinels fills one with LOVE and peace.**

Sequoia trees often live for 2,000 years. Most have long dark scars from experiencing 4-5 fires during their earthly existence. Sequoia pinecones are tiny and half the size of one's thumb. These small yet mighty cones need fire to release their 200 seeds of growth.

The continued survival of Sequoias requires the blaze of fire. The Sequoia tree cannot grow without experiencing fire's transformational effects.

Sequoia's short but long roots form massive families of communication. Recent research demonstrates that trees talk with each other. They share information through minuscule root tentacles that provide lifesaving data and sustenance. Sequoias engage with multiple communities of support, particularly when confronted with tragedy.

**Let the massive Sequoia become a beacon of hope for us all.** Sequoias need the tragedy of fire to release their inner seeds of growth. Fill your heart with the strength of the Sequoia's. Communicate with your friends and colleagues, especially during stressful times. Share LOVE and nurture your community network.

Allow yourself to grow strong and mighty as the Sequoias.

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## THE COMPASSIONATE FRIENDS 45<sup>th</sup> NATIONAL CONFERENCE

**Love Soars Through Clouds of Hope  
August 5-7, 2022    Houston, TX**

I am delighted to present two workshops and participate in the Healing Haven program at the 45th National Conference for The Compassionate Friends in Houston, TX, from August 5-7, 2022.

Come experience support and hope, particularly if you are grieving the loss of a child, sibling, or grandchild. Surround yourself with like-minded souls while experiencing over 100 presentations, a Silent Auction, a Saturday evening Candle Lighting Program, the Walk to Remember, and evening performances.



**The  
Compassionate  
Friends**  
Supporting Family After a Child Dies

I'm excited to share my thoughts during the following sessions:

**~ After-Death Communication Techniques to Engage with Your Loved Ones** workshop

**~ Reiki Energy Healing that Enhances After-Death Communication** workshop

and

**~ A Trees' Message of Healing and Hope** slideshow at Healing Haven

**~ Reiki Individual Treatment Sessions** at Healing Haven

Register for The Compassionate Friends Conference [HERE](#).

I hope to see you in Houston in early August!

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**REIKI LEVEL I, IN-PERSON TRAINING**  
**August 31, 2022**  
**at the**  
**INTERNATIONAL ASSOCIATION FOR NEAR-DEATH STUDIES**  
**ANNUAL CONFERENCE**

August 31 - September 4, 2022 in Salt Lake City, Utah

***REIKI LEVEL I, CERTIFICATE-PROVIDED TRAINING***



I am excited to return to the International Association for Near-Death Studies Annual Conference (IANDS) and present **Reiki Level I certificate-provided 1-day training, in-person on August 31, 2022, in Salt Lake City, Utah.**

Reiki reduces pain, stress, and anxiety, increases our sense of well-being, and enhances the ability to communicate with loved ones living beyond the veil. **Attendees at the IANDS Reiki Level I course have their Reiki energy activated, learn self-healing, and discover how to assist others to heal.** This in-person-only course is approved by the National Board for Certification in Occupational Therapy for 6.0 contact hours. It is appropriate for medical professionals and all others. Three experiential sessions occur where



attendees learn to receive and share Reiki on a one-to-one basis with three different partners. Lots of discussion time is available.

Attendees receive a certificate in the Usui form of Natural Energy Healing.

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## LANDS ANNUAL CONFERENCE IN-PERSON & ONLINE



Check out the incredible array of speakers at the *41<sup>st</sup> LANDS Annual Conference ~ Timeless Oneness: The Luminous Message of Near-Death & Other Spiritually Transformative Experiences*.

Jeffrey Mishlove, Ph.D., the first place \$500,000 winner of [The Bigelow Award Contest](#) validating the existence of life after death, is a keynote speaker. Suzanne Giesemann, MPA, a former aide to the Chairman of the Joint Chiefs of Staff and former U.S. Navy Commander, shares mediumship knowledge of eternal life during her keynote address. [Experience the joy of timeless oneness](#) with a multitude of additional presenters. Attend two film premieres, discover the latest Near-Death Experience research, and enjoy morning meditation and music. Come participate in the Experiencer's Sharing Lounge, share with the Military/Veteran's NDE Discussion Group, and partake in numerous healing modalities at the Healers Circle.

[Register to attend the empowering LANDS in-person or online Annual Conference NOW.](#)

I hope to see you in Salt Lake City, Utah, at the end of August/early September!

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# UTICA UNIVERSITY ~ IN-PERSON & HYBRID INTEGRATIVE HEALTHCARE CONFERENCE *Increase Health with Reiki and Forest Bathing Activities*

Saturday, September 10, 2022  
Utica, NY



My undergraduate alma mater, Utica University, asked me to present [\*Increase Health with Reiki and Forest Bathing Activities\*](#) at their 2<sup>nd</sup> Integrative Health Conference, much to my pleasure. This conference is offered through Utica University, Institute for the Study of Integrative Healthcare, which began with an anonymous \$1 million donation, the largest single gift for endowment made to Utica University.

Utica University graduate programs specifically engaged with the Integrative Healthcare Institute include Occupational Therapy, Physical Therapy, Nursing, and Healthcare Administration, along with undergraduate programs in Psychology, Communication and Media, and Dietetics and Nutrition.

I hope to see you at this marvelous [\*Community Health and Healing\*](#) Utica University Conference. Spend the day attending state-of-the-art integrative health and community revitalization presentations.

Visit the [Institute for the Study of Integrative Healthcare](#) to learn more about attending the Saturday, September 10, 2022, Conference.

It would be great to see you in Utica, NY, soon!

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## SUMMER JOY!



Summer is a marvelous time to experience **JOY**.

I hope you can slip outside into nature and experience a glorious feast for your soul. Discover flowers blooming, smell the blossoming trees, and listen to birds sing songs of freedom and delight. Walk with bare feet on sandy ocean shores, swim in brilliant blue lakes, and relish cool, clear spring-fed waterfalls. Walk amongst forest trees and inhale their refreshing aroma of peace.

Take time for YOU. Give yourself permission to enjoy nature's healing beauty. **This summer, refresh your mind, body, and soul.**

Know that you are very loved and very appreciated.

Thank you for being a magnificent part of my life.

Sending you lots of LOVE always and forever,

*Becky*

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