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Nature's Healing Wisdom



Summer is a fabulous time to spend outside amongst tall trees, singing birds, and colorful plants that reach towards the sky. Step outside and let yourself relax by taking a deep breath of summer air. Pause for a minute as you look up towards the sun, and with intention, receive the sun's healing rays of golden light.

Release the pent up stress of daily life by choosing to walk in parks, gardens, or around your neighborhood listening to nature's sounds of freedom. Walk on sandy beaches beside the ocean or lakeside. Allow yourself to dip into the cool refreshing water and cleanse yourself of multiple concerns. Smell the earth, touch the trees, pick up a pebble from a flowing stream and feel the healing energy of nature.

Let your spirit soar with clouds billowing in the air. Tune in to nature's bountiful wisdom. Open your arms as you open your heart. Let yourself fly with the wind. Let yourself go and feel the energy of the earth.

Paying attention to our natural environment reduces the inner workings of our brains and relaxes our soul. Allow yourself to be still as you absorb nature's healing wisdom. Open your mind and your senses as you breathe in nature's colorful kaleidoscope of beauty.

Connect with nature. Bridge your human existence with the natural world. Experience joy, peace and comfort as you immerse yourself in nature. Let yourself transcend the boundaries of earth as you connect with nature's healing powers.

***From Chaos to Healing: Spiritual
Help During a Pandemic
Sunday, Aug 16 from 12-12:50, EST
and
Moderator for Healing From
Shared-Death Experiences and After-
Death Communications
Sunday, Aug 16 from 7:00-7:50 EST***



The International Association of Near Death Studies Annual Conference is presenting its first LIVE ONLINE conference: *Unlocking the Healing Wisdom of Near-Death*

Experiences from Friday, August 14 through Sunday, August 16th.

Come join with educators, researchers, physicians, healthcare professionals, and the public to receive a wonderful dose of enlightenment and surety that life continues after death. One in 10 people have had a Near-Death Experience according to a recent European study, where a person's body flatlines yet their consciousness remains. Incredible transformations have occurred when NDEers returned back to life often overflowing with LOVE.

Extensive research has shown that those experiencing a Spiritual Transformative Experience (STE), such as when I discovered the ability to talk with my deceased brother even though I had no spiritual or psychic awareness, have after-effects similar to those experiencing an NDE.

I am honored to present *From Chaos to Healing: Spiritual Help During a Pandemic* on Sunday, August 16 from 12-12:50 EST (9-9:50 PCT) where I discuss the alignment of Near Death Experiences and Spiritual Transformative Experiences with COVID 19's healing aspects.

I am also thrilled to moderate a fascinating presentation: *Healing From Shared-Death Experiences & After-Death Communications* with Lisa Jones and Paula Lenz on Sunday, August 16 from 7:00-7:50 EST (4:00-4:50 pm PCT).

Register for this fabulous and insightful conference at <https://IANDS.org>



After-Death Communication Techniques to Help Parents Heal

**Wednesday,
August 12, 8:00
– 9:30 pm EST**

I am delighted to present a special *After-Death Communication Techniques* program for the **Helping Parents Heal** international support group. Helping Parents Heal is co-founded by the dynamic duo: Elizabeth Boisson and Mark Ireland. Numerous support groups are available along with multiple resources supporting evidence of the afterlife. I look forward to renewing my contact with the delightful Board Member Brian Smith, author of *Grief 2 Growth* who will be the moderator for my engaging presentation.

1 to 1 Coaching

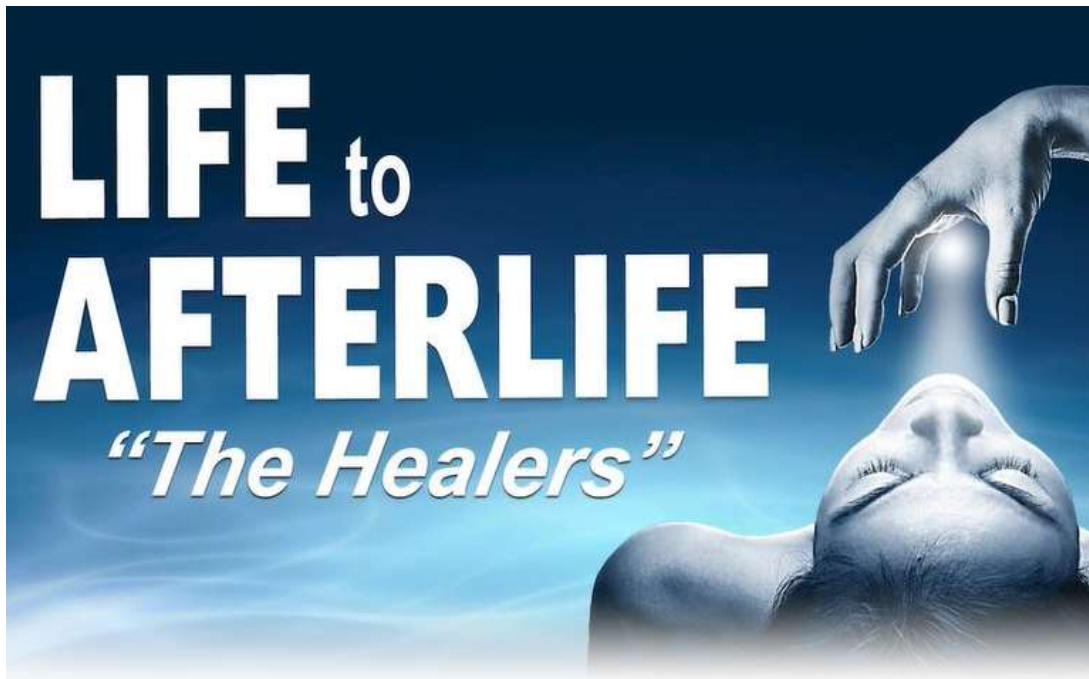


My coaching practice continues to expand. It's great FUN assisting people to grow spiritually in multiple areas of enlightenment, helping folks become authors, teaching people how to build a private practice, and learn to integrate complementary modalities into one's life and business. I also provide online Reiki treatments and programs.

Consider setting up a FREE discovery session where we chat by Zoom about your desires and goals. Here's the link: [Coaching with Becky](#)

It would be great FUN chatting with you!

Life to Afterlife - The Healers film



It is incredible to be one of 11 international healers featured in the new *Life to Afterlife “The Healers”* movie! I never, in my wildest dreams, thought of being in a film and my gosh, it was a great experience. We were all asked to answer 40 insightful questions about energy healing, Reiki, alleviating pain, and using Reiki and complementary modalities in hospitals. The amazing Producer, Craig McMahon knit the answers together and produced an astounding compilation of energy healing techniques and concepts.

You can rent *Life to Afterlife - The Healers* from Vimeo for \$1.95 or purchase it for \$6.95. Access the 30 second trailer and rental/purchase information from my website home page: RebeccaAustillClausen.com

Namaste, A Holistic OT Support Group **August 20, 7-8:30 pm EST with Dr. Tam** **Humbert**

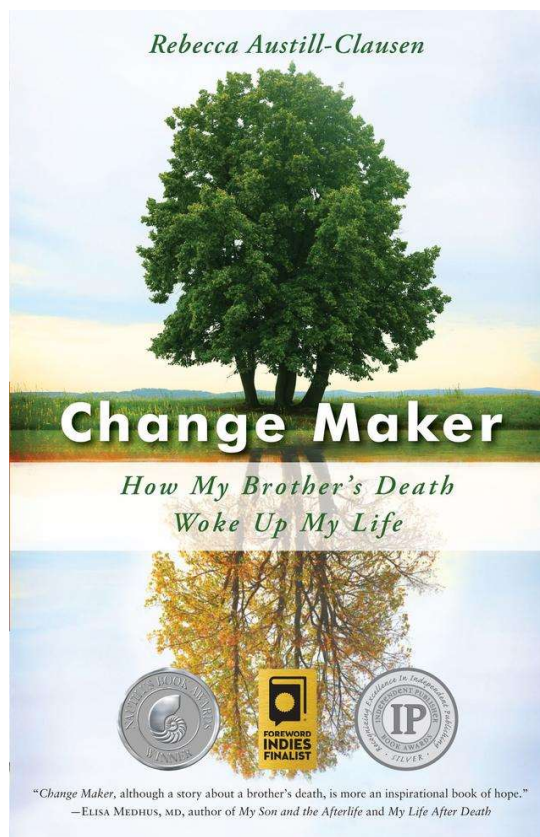


We are entering our third month of programs with glorious speakers from the holistic Occupational Therapy arena presenting to our Zoom community of like-minded souls. All Namaste meetings are held on the third Thursday of each month, from 7-8:30 pm EST. I am thrilled to co-lead Namaste with Dr. Ann Stuart, Clinical Assistant Professor at Duquesne University and we are both delighted to have Namaste supported by the Pennsylvania OT Association. Each Namaste session costs \$10.00 and is free for POTA members. It's great that 100% of the proceeds support the PA Occupational Therapy Political Action Committee.

Our August 20th speaker is Dr. Tam Humbert, D.Ed., OTR/L speaking on *Mindful Play: A New Twist on an Old Idea*. Tam is Professor of OT and Program Director at Elizabethtown College, along with her new role as Dean of the School of Human and

Health Professions. Tam is also the author of the fabulous book: *Spirituality in Occupational Therapy: A Model for Practice and Research*, published by AOTA Press. Tam will be speaking about co-mingling play with mindfulness, challenging us to consider a new way of being.

Come join us Thursday, August 20 from 7-8:30 pm by registering for Namaste at the POTA website home page, calendar listing on the far right: POTA.org



Book Clubs

*Change Maker,
How My Brother's
Death Woke Up My
Life*

Sept. 24, 7-9:00 pm
EST & November
1, 12:00-1:30 pm
EST

I LOVE presenting my award-winning book *Change Maker, How My Brother's Death Woke Up My Life* to book clubs! The discussions are exciting, and all attendees are welcome to ask whatever questions desired. It's also fun discussing the book writing adventure for aspiring authors.

I am delighted to present *Change Maker* to the International Association of Near Death Studies Visiting Authors Online Book Club on September 24, 7-8:30 pm, EST. It's a wonderful honor to be the featured speaker for September, moderated by the awesome Sophia Trionfo. Register at [IANDS Visiting Authors Book Club](#)

Also, I am thrilled to present *Change Maker* to an international spiritual book club founded by Sarah Deverrell due to the very kind invitation from Melanie McMurtry on Sunday, November 1, 2020. This will be great FUN!

Please [contact me](#) if you would like me to present *Change Maker* for YOUR book club at no charge.



Upcoming: After-Death Communication Course

I am so excited to present a worldwide online 7 week course teaching people After-Death Communication Techniques. This 1.5 hour per week program will begin in October so stay tuned for further information about this empowering way to maintain connections with your loved ones living in the afterlife.

Send an email to my Complementary Health Works address: becky@comphealthworks.com to receive upcoming information about this exciting new LIVE online course!

Reiki Immersion Courses



I am looking forward to providing a weekend of Reiki Level I, Level II and Reiki Master Level III one day each programs in March 2021 at West Chester University in West Chester, PA. I am hoping to provide these one day programs in person if we can meet safely. Otherwise I will be providing Reiki Immersion training online.

Check my [website events](#) page for further information about these three exciting Reiki Immersion programs!



Gratitude and LOVE



Thank you so much for being a wonderful presence in my life.

Please wrap your arms around your beautiful self and receive a huge hug of LOVE and GRATITUDE for being totally awesome.

I hope you have a great day!