



STUDENT COVID-19 SAFETY GUIDE FOR TRAVELLING TO NOVA SCOTIA

INFORMATION YOU NEED ABOUT ATTENDING NSCECE

This guide is for all incoming international students including their co-arriving immediate family members who are outside Canada plus out-of-province students planning to travel to Nova Scotia to attend NSCECE.

All incoming students must clearly understand the Government of Canada and Government of Nova Scotia laws and regulations, which are subject to change, before making travel plans. Please consult government websites for the most up-to-date information.

I: GOVERNMENT OF CANADA—LAWS AND REGULATIONS

COVID-19 PUBLIC HEALTH MEASURES FOR EVERYONE

International students including their co-arriving immediate family members upon arrival in Canada are required to follow the instructions of the Government of Canada's *Quarantine Act* and *Orders in Council* regarding Covid-19. Out-of-province students are expected to follow the Government of Canada's *Quarantine Act* and *Orders in Council* regarding Covid-19.

- Quarantine Act <https://laws-lois.justice.gc.ca/eng/acts/Q-1.1/index.html>
- Minimizing Risk of Exposure to Covid-19 <https://orders-in-council.canada.ca/attachment.php?attach=40172&lang=en>
- Minimizing Risk of Exposure to Covid-19 Entry from US <https://orders-in-council.canada.ca/attachment.php?attach=40170&lang=en>
- Minimizing Risk of Exposure to Covid-19 Entry from any country other than US <https://orders-in-council.canada.ca/attachment.php?attach=40170&lang=en>

If you require assistance in interpreting any of the Orders in Council currently in effect, or if you have additional questions about the Emergency Orders, please direct your enquiry to phac.emergencyorder-decreturgencecovid19.aspc@canada.ca.

TRAVEL RESTRICTIONS TO CANADA

Due to the COVID-19 pandemic, the Government of Canada has in place restrictions on optional and discretionary international travel that limit travel to Canada.

Before you make any travel plans, it is extremely important for you to know if you are permitted to travel to Canada. For detailed information on who can enter the country, visit <https://www.canada.ca/en/immigration-refugees-citizenship/services/coronavirus-covid19/students.html>.

MANDATORY COVID-19 TESTING

International students and co-arriving immediate family members age 5 years and older are required to show a negative COVID-19 molecular test result taken with 72 hours prior to boarding their scheduled flight to Canada. Additional information is available at <https://travel.gc.ca/travelling/advisories>.

MANDATORY 14-DAY QUARANTINE ON ARRIVAL IN CANADA

All international students and co-arriving immediate family members must adhere to the mandatory 14-day quarantine when they arrive in Canada. Refer to web links in the above section *Covid-19 Public Health*



Measures for Everyone.

MANDATORY HOTEL STAY FOR AIR TRAVEL

All international students and co-arriving immediate family members mandatory 14-day quarantine must be in a designated hotel when they arrive in Canada. Refer to <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice/mandatory-hotel-stay-air-travellers.html>.

II: NOVA SCOTIA GOVERNMENT—LAWS AND REGULATIONS

The *Province of Nova Scotia*, under the authority of the *Health Protection Act*, requires visitors entering Nova Scotia from outside Prince Edward Island to self-isolate for 14 days - even if they do not have COVID-19 symptoms.

- Health Protection Act <https://novascotia.ca/coronavirus/docs/health-protection-act-order-by-the-medical-officer-of-health.pdf>
- Covid-19 Restrictions and Guidance <https://novascotia.ca/coronavirus/restrictions-and-guidance/#self-isolation-requirements>
- Covid-19 Post Secondary Fact Sheet https://novascotia.ca/coronavirus/docs/COVID-19_post-secondary_fact_sheet.pdf

III: TIMING OF TRAVEL TO CANADA

If you arrive too early in Canada, your travel could be considered optional and discretionary travel; therefore, you might not be able to enter the country.

Incoming international students should consult with an immigration advisor as Canada Boarder Service Agency will assess whether it is a reasonable amount of time to enter Canada prior to the start of your study.

This means international students and out-of-province students must time your arrival in a way that makes sense. We recommend the following:

- NSCECE's fall term begins September 7, 2021. We recommend students who meet the criteria to travel to Canada and to Nova Scotia should plan to arrive in Nova Scotia by July 26, 2021 (six weeks before the program start date).
- **This gives you six weeks to adjust and get settled into the time zone and your quarantine space for when classes start. It also means you will have time to apply and receive the Child Abuse Register Letter and Vulnerable Sector which are mandatory before you can begin classes.**

IV: PLAN YOUR TRAVEL TO CANADA

DOCUMENTS TO ENTER CANADA

You will be required to present the documents listed below to the Canada Border Services Agency (CBSA) Officer when going through Canadian customs and immigration. Make sure to have the following in your carry-on bag:

- Passport
- Results of negative COVID-19 molecular test result taken with 72 hours prior to boarding
- Study Permit or Letter of Introduction
- NSCECE Official Letter of Acceptance



- Support Letter (*NSCECE Co-op Permit Support Letter*) from NSCECE confirming the essential nature of your travel
- Print-out of your signed Your Personal Quarantine Plan and e-mail a copy to admissions@nscece.ca
- Booking confirmation for your travel from the airport to your quarantine location

MAKE YOUR PERSONAL QUARANTINE PLAN

NSCECE will provide you with a form for making *Your Personal Quarantine Plan*. This form will need to be submitted to NSCECE prior to your departure from your home country or province outside of Nova Scotia.

COMPLETE THE GOVERNMENT OF CANADA REQUIREMENTS

International students including their co-arriving immediate family members and immediate must download the **ArriveCAN** app (<https://arrivecan.cbsa-asfc.cloud-nuage.canada.ca/privacy>) to submit your quarantine plan to the Government of Canada within a 48-hour window before arriving in Canada.

Use this mobile app to speed up your arrival process in Canada and spend less time with *Border* and *Public Health* officers.

NOTE: When you see the question: *“Is your travel exempt?”* you must answer **NO**.

COMPLETE THE GOVERNMENT OF NOVA SCOTIA REQUIREMENTS

To enter Nova Scotia everyone must complete a Nova Scotia Safe Check-In form in advance so that provincial government officials can confirm that you are following the law. You must show proof on an electronic device at the border that you have completed and submitted the form.

<https://novascotia.ca/coronavirus/travel/#self-declaration>

NOTE: Leave this question blank. “When do you plan to leave Nova Scotia?”