

NMT Universal Care – Pathway Pyramid

First, use the GEF and define the clinical subject matter as the session TFS. Then MRT to identify the highest clinical priority pathway to apply. Repeat after running that pathway to identify the next pathway of highest priority.

Consciousness/Meaning/Significance - Group 1

Adverse Seed Thought Pathway (ASTP) ^{L-A}	Affective States Pathway (ASP) ^{L-A}
Limitless Pathway (LP) ^{L-C}	Mind-body Wholeness and Integration Pathway (MBWIP) ^{L-B}
Mind-Ego Transformation Pathway (METP) ^{L-C}	Optimal Health Image Pathway (OHIP) ^{L-C}
Pathophysiologically Anchored Emotional Tone Pathway (PAETP) ^{L-A}	Presence and Entanglement Optimization Pathway (PEOP) ^{L-B}

Energetic - Group 2

Ayurvedic, Acupuncture, and Chinese Medicine Pathway (AACMP) ^{L-C}	Energetic Dynamics Pathway (EDP) ^{L-C}
Informational Morphic Field Pathway (IMFP) ^{L-C}	Psychosomatic Energetics Pathway (PSE) ^{L-C}
Time-Space-Knowledge Navigation Pathway (TSKNP) ^{L-C}	

Chemical - Group 3

Chemistry and Signaling of Healing Pathway (CSHP) ^{L-B}	Genetic Chemistry Optimization Pathway (GCOP) ^{L-B}
Toxin Pathway (TP) ^{L-A}	

Neurological - Group 4

Autonomic Regulation Pathway (ARP) ^{L-C}	Cell Intelligence Pathway ^{L-B}
Jet-Lag Pathway ^{Symp 2013}	Neurological Balance and Reorganization Pathway (NBRP) ^{L-B}
Physiological Control Template Pathway (PCTP) ^{L-A}	Sensory-Motor Pathway (SMP) ^{L-A}
Stress Stimulus Response Pathway (SSrP) ^{L-B}	Sleep Pathway (SP) ^{Symp 2016}
Functional Neural Network Pathway (FNNP) ^{Symp 19}	

Physical - Group 5

Body Fluid Systems Pathway (BFSP) ^{L-B}	Body Frame and Organ Structural Optimization Pathway (BFOSOP) ^{L-B}
Bone-Joint-Disc Healing and Remodeling Pathway (BJDHRP) ^{L-B}	Dental Health and Repair Pathway (DHRP) ^{L-C}
Injury-Malformation-Dysplasia-Metaplasia-Transplant Pathway (IMDMTP) ^{L-B}	Metaplasia and Dysplasia (MDP) ^{L-B}
Neurological Healing, Regeneration, and Remodeling Pathway (NHRRP) ^{L-B}	

Immunological - Group 6

Allergy and Adverse Inflammation Pathway (AAIP) ^{L-A}	Autophagy, Apoptosis, and Necroptosis Pathway (AANP) ^{Symp 2016}
Biomagnetic Pairs Pathway (BMPP) ^{L-C}	Cell Danger Response Pathway (CDRP) ^{Symp 2017}
Infectious Agent and Toxic Flora Pathway (IATFP) ^{L-A}	Immune System Optimization Pathway (ISOP) ^{L-B}
Enhanced Viral Cascade Pathway (EVCP) ^{L-C}	Microbiome Pathway (MP) ^{Symp 2019}

Consciousness/Meaning/Significance - Group 1

Consciousness/Meaning/Significance - Group 1 includes pathways that direct the mind-body to become aware of the ways in which the mind-body perceives itself and its relationship to the world around it. They create awareness of the way in which these perceptions may contribute to illness and compromise healing.

ASTP Adverse Seed Thought Pathway Level-A

ASTP is used to create awareness of core beliefs about the self and its relationship to the world that are self-limiting and compromise healing.

ASP Affective States Pathway Level-A

Emotional states are of two general types, either energy depleting stress emotions or energy replenishing emotions of healing and regeneration. ASP is one of several NMT pathways, each in its unique way used to identify stressful emotions into which the mind-body may be locked and healing emotions the mind-body is not able to experience.

LP Limitless Pathway Level-C

LP causes the mind-body to survey itself and recognize self-imposed limitations and beliefs that prevent the full realization of its creative and healing potential. Consequently LP may be applied for any client and for many different purposes.

MBWIP Mind-body Wholeness and Integration Pathway Level-B

MBWIP create mind-body awareness of three critical issues that may be blocking healing and directs correction of these problems. 1) Failure of all cells, organs, and systems to work in an integrated and efficient way for optimal healing. 2) Compromise of optimal mind-body perception of what it is experiencing and its response to those conditions. 3) "Miasmatic" influences. The passing from one generation to another of self-limiting and illness-inducing information that misdirects the mind-body.

METP Mind-Ego Transformation Pathway Level-C

METP is used to identify and correct self-limiting and destructive mind-body beliefs about the nature of the self and its perception and understanding of, and relationship to the whole of the universe. METP has broad applications.

OHIP Optimal Health ImageL-Levels A

OHIP is a tool to produce mind-body perceptions in regard to the self and others that favor the NMT session goals and eliminate those that block movement toward the healing and transformation that we are trying to achieve. OHIP also identifies any "contracts and agreements" that the mind-body has made that lock it into its current state and prevent change and enables the mind-body to release this obstruction to healing.

PAETP Pathophysiologically Anchored Emotional Tone Pathway Level-A

Emotional states are of two general types, either energy depleting stress emotions or energy replenishing emotions of healing and regeneration. PAETP is one of several NMT pathways, each in its unique way used to identify stressful emotions into which the mind-body may be locked and healing emotions the mind-body is not able to experience.

PEOP Presence and Entanglement Optimization Pathway Level-B

Presence and Entanglement Optimization Pathway (PEOP) L-B Level PEOP is used to identify and correct two things that may limit healing and transformation. 1) Adverse mind-body preoccupation with persons, experiences, and relationships. 2) Mind-body fixation on past experience or anticipation of the future that compromises efficient application of energy and resources to address challenges of the present moment.

Energetic - Group 2

Energetic - Group 2 includes pathways that are used to evaluate mind-body energetics, each utilizing its own perspective to interpret and optimize the energetic component of healing.

AACMP Ayurvedic, Acupuncture, and Chinese Medicine Pathway Level -C

AACMP is used to cause the mind-body to survey itself with regard to how it receives and distributes life producing energy. This pathway is used to evaluate and correct energetic conditions in regard to the five elements of Chinese and Ayurvedic medicine, the organ meridians, major and minor chakras, nadi channels, and body's humors or doshas.

EDP Energetics Dynamic Pathway Level- C

EDP is used to evaluate the energetic conditions that favor and those that oppose the manifestation of particular mind-body or other system conditions of interest. EP then optimizes mind-body energetics regarding the issues for which EP is being applied.

IMFP Informational Morphic Field Pathway (IMFP) Level- C

IMFP is based upon the principles of formative causation as described by Rupert Sheldrake (see www.sheldrake.org for excellent material on morphic fields). This pathway investigates the influence of morphogenic fields, a special type of energetic field that serves as a blueprint for the form and function of the mind-body or other systems of interest. IMFP examines morphic field influences on the mind-body or other subject system and uses carefully structured intention to optimize morphic field relationships and influences to promote healing and beneficial change.

PSEP Psychosomatic Energetics Pathway Level- C

PSEP is used to evaluate the energetics of the chakra system of the body, to identify and release emotional and psychological "conflicts" or beliefs about the self and its relationship to others in order to create awareness of and eliminate conditions of mind-body energetics that limit healing.

TSKNP Time-Space-Knowledge Navigation Pathway Level- C

TSKNP is based upon the writings of the Buddhist philosopher Tarthang Tulku and is used to identify and correct self-limiting and destructive perceptions and beliefs regarding the nature of the self and its relationship to the greater universe. TSKNP is an extraordinarily powerful tool with broad application and may be used for any client.

Chemical - Group 3

Chemical - Group 3 pathways are used to evaluate and optimize biochemical conditions within the mind-body.

CSHP Chemistry and Signaling of Healing Pathway Level-B

CSHP causes the mind-body to survey itself with regard to production and distribution of hormones, neurotransmitters, enzymes, antibodies, and any other body chemistries of interest. CSHP then directs the body to correct deficiencies, excesses, and imbalances that have been identified in any of the body's various chemistries.

GCOP Genetic Chemistry Optimization Pathway Level-B

GCOP evaluates any proposed TFS/TTS transformation from the perspective of the structure and function of cell genetic chemistry and the cellular and system signaling dialog that governs its operation. GCOP is relevant and useful in virtually any clinical situation. NOTE: The five 2-Pt Healing Pathways are intended to be used in conjunction with GCOP which couples the close inspection of genetic chemistry condition in the context of these healing pathways BFSP 2-Pt, CSHP 2-Pt, DHRP 2-Pt, IMDATP 2-Pt, NHHRP 2-Pt.

TP Toxin Pathway Level-A

TP causes the mind-body to survey itself and become more fully aware of the presence of toxic chemistries that poison the body's chemical machinery, its enzyme systems, genetic chemistries, and other systems. TP helps optimize detoxification processes. Quantitative urinalysis of heavy metal excretion pre and post application of TP have shown several fold increases in the rate of elimination of heavy metals.

Neurological - Group 4

Neurological - Group 4 pathways all deal with the organization and performance of the nervous system, each offering a unique perspective and opportunity to optimize neurological function.

ARP Autonomic Regulation Pathway Level-C

The autonomic nervous system (sympathetic and parasympathetic) directs the mind-body's healing and regeneration and response to stress. ARP is used to identify and correct patterns of regulation that don't meet the mind-body's current needs. ARP is used to correct Vagus nerve problems that cause visceral and circulatory dysfunction or chronic pain.

CIP Cell Intelligence Pathway Level B

The Cell Intelligence Pathway looks at the proposed TFS/TTS proposition from a "bottom-up" regulatory view, assessing and optimizing cell level intelligence, perceptions, and intracellular and intercellular signaling dialog, regulatory decisions and communications in the context of the TFS/TTS proposition. All physiology is ultimately exercised at the cell level and this pathway is used to optimize cell participation in the proposed transformation.

FNNP Functional Neural Network Pathway (FNNP) Symp 2019

Most of the important work of the CNS and ANSs is done by nerve cells bringing themselves into networked association with one another to dynamically form and reform regulatory networks of neurons, glia and BBB cells to meet the mind-body's real time needs. This pathway is used to assess and optimize this way in which the nervous systems of the body templates such processes for greatest neurological plasticity and regulatory efficiency.

JLP Jet-Lag Pathway Symposium 2013

JLP is used to resolve system distress and recalibrate the circadian rhythm and sleep cycle of persons who recently have or will travel by airplane through multiple time zones.

NBRP Neurological Balance and Reorganization Pathway Level-B

Nervous system regulation of body processes relies upon "physiological control templates", like little computer programs that regulate various routine body functions. NBRP evaluates, corrects, and optimizes these and many other neurological functions to produce efficient healing and regeneration.

PCTP Physiological Control Template Pathway Level-C

PCTP is used to optimize the structure and application of "physiological control templates" that the nervous system uses to regulate many routine functions.

SMP Sensory-Motor Pathway Level-A

The "sensory nervous system" informs the mind-body of the internal and external conditions it is experiencing. The function of muscles and glands is directed by the "motor nervous system". SMP is used to optimize and integrate nervous system perception and response in the context of the TFS/TTS.

SP Sleep Pathway Symposium 2016

Sleep is an essential state that occupies nearly 1/3 of our lives. The Sleep Pathway assesses the many inter-related neurological and chemical signaling inputs to the sleep process, the reparative activities that are performed during sleep, and the movement between states of sleep and wakefulness to optimize the sleep experience.

SStRP Stress Stimulus Response Pathway Level-B

SStRP causes the mind-body to recognize and correct inefficiencies in its stress response mechanisms and helps the mind-body to identify and release post-traumatic stress behaviors which may be contributing to disease and suffering and limit the potential to heal. SStRP also helps the mind-body to identify and optimize its response to physical agents including things like geopathic stress, temperature, humidity, barometric pressure and any other such influence that may contribute to illness and suffering.

Physical - Group 5

Physical - Group 5 pathways are the "tissue healing pathways" and each is designed to evaluate and optimize conditions for healing

BFSP Body Fluid Systems Pathway 2-Pt Level-B

BFSP 2Pt causes the mind-body to survey itself with regard to injury, disease, and degeneration involving any of the body's fluid production and distribution systems (blood, lymph, glands, digestive, etc.) and to optimize its innate healing response in these tissue systems for ideal composition of these fluids and to eliminate obstructions and accumulations disrupting flow and distribution. It deals with vascular, lymphatic, digestive, cellular, and all other body fluid systems.

BFOSOP Body Frame and Organ Structural Optimization Pathway Level-B

BFOSOP is used to identify and correct stressful and illness producing patterns of tissue stress, malposition, and compromise of motion.

BJDHRP Bone-Joint-Disc Healing and Remodeling Pathway 2-Pt Level-B

BJDHRP causes the mind-body survey itself regarding injury, disease, and degeneration affecting bones, joints, and intervertebral discs and to optimize the body's innate potential to heal and remodel these tissues.

DHRP Dental Health and Repair Pathway 2-Pt

DHRP 2-Pt 2-Pt causes the mind-body to survey itself with regard to injury, disease, and degeneration involving oral and dental tissues and to optimize its innate healing response. It is also used to correct oral bacterial flora and saliva composition to favor remineralization and repair of teeth, bone, and gums.

IMDATP Injury, Malformation, Degeneration, Aging, Transplant Pathway 2-Pt Level-B

IMDATP 2Pt is used to optimize mind-body awareness of its internal condition and efficient application of its innate healing potential. IMDATP has very broad application to diseases like aging, tumor, traumatic injuries, atrophy of organs and other structures, organ disease, degeneration, and transplant.

The common theme here is that disease is the accumulation over time of the failure to apply innate mind-body healing mechanisms.

MDP Metaplasia and Dysplasia Pathway Level-B

MDP is used to create awareness and optimize the cellular and system response to benign and cancerous tumor activity.

NHRRP Neurological Healing, Regeneration, and Remodeling Pathway 2-Pt Level-B

NHRRP 2-Pt causes the mind-body survey itself regarding injury, disease, and degeneration affecting the nervous system and to optimize the body's innate potential to heal and remodel these tissues.

NHRRP has been used successfully in cases of Parkinson's disease and other degenerative diseases, recovery from strokes, or other neurological injury or maldevelopment.

Immunological - Group 6

Immunological - Group 6 pathways are used to evaluate and optimize immune system structure and function with attention to the control of microbes and inflammatory or allergic processes.

AAIP Allergy and Adverse Inflammation Pathway Level-A

AAIP is used to survey the mind-body and to optimize awareness of and direct the correction of mind-body perceptions about food and environmental chemistries and/or its own tissues and chemistries that misleads the mind-body to create allergy or autoimmune inflammatory behaviors. This pathway does not diagnose and is not a substitute for medical laboratory tests. Instead, it reveals errors in mind-body awareness of its internal conditions and environment, which is the only information the body has available to regulate its immune system functions.

AANP Autophagy, Apoptosis, and Necroptosis Pathway Symposium 2016

The process of eliminating burdensome cell structures and chemistries is autophagy – the recognition of such targets, encapsulating and digesting them in cytosol vacuoles, and repurposing the resulting component chemistries. Apoptosis and Necroptosis are types of programmed death of cells burdensome to the system and the cell fragments of that process eventually become targets of autophagy by other cells. Detoxification, elimination of cells that endanger the system, and regeneration of tissues and cells are dependent on these three cellular processes. So, this pathway should be considered in any case involving infection, allergy, toxicity, or tissue remodeling – virtually any physical condition to be resolved.

BMPP Biomagnetic Pairs Pathway Level-C

BMPP is used to survey the mind-body for the perception of isolated areas where tissue conditions favor and protect pathogens, and to produce conditions that favor elimination of perceived infection. This pathway reveals mind-body perception in regard to infection. It does not diagnose. It is not a substitute for medical evaluation.

CDRP Cell Danger Response Pathway Symposium 2017

The Cell Danger Response Pathway addresses errors in cell level metabolic regulation. Specifically, it deals with the cell danger response, a well-documented healing cycle triggered by perceived threat to the cell from viruses, toxins, and other metabolic stressors. The problem that can occur and contribute to diseases from the autoimmune, to allergy, to cancer, and other degenerative diseases is that cells can become “stuck” in the middle of this healing cycle and fail to move through the anti-inflammation

and reparative stage. Cell Danger Response Pathway guides cells that are “stuck” in this way to successfully move through completion of the healing cycle. In doing so, many chronic diseases resolve.

IATFP Infectious Agent and Toxic Flora Pathway Level-A

IATFP is used to survey the mind-body for the perception of pathogens or toxic microbial flora, and to induce an efficient immune system response. IATFP does not diagnose and is not a substitute for medical laboratory testing. Instead, it reveals errors in mind-body awareness of its internal conditions in regard to infection, which is the only information the body has available to regulate its immune system functions.

ISOP Immune System Optimization Pathway Level Level-B

ISOP is used to evaluate the structure and efficiency of the immune system, including the perceived presence of families or clones of immune system cell lines that have been incorrectly programmed to produce allergy or autoimmune inflammation, or the absence of immune cell clones correctly programmed to target pathogens or toxins. ISOP does not diagnose and is not a substitute for medical laboratory testing. Instead, it reveals errors in mind-body awareness of its internal conditions and environment, which is the only information the body has available to regulate its immune system functions.

MP Microbiome Pathway (MP) Symp 2019

Microbiome Pathway (MP) Flora microbes populate skin, mucous membrane, tissues with ductal structures, and other tissues via blood/lymph routes. Their unique DNA library produces many necessary metabolites some of which the human DNA library can't. The microbiome also helps to regulate tissue and organ development and repair, and is critical in controlling pathogens in colonized tissues and to inform neuroimmune function. This pathway assesses and informs optimization of current microbiome conditions and mind-body interaction.

VCP Viral Cascade Pathway Symposium 2014

VCP is used to create perception of and optimize the cellular response to viral infection. VCP may be appropriate in any sort of case of infection as bacterial and other pathogens are involved in similar chemical disruption of cellular immunity and metabolism. Additionally, if we understand this pathway well we may also recognize the opportunity to apply it in cases of allergy and autoimmune cross- reactive inflammation from the standpoint of disruptive influences of inflammation on cell

processes. As always, MRT in the context of TFS statements to determine the value of VCP in any situation.

EVCP Enhanced Viral Cascade Pathway Level-C