Name- first, last: Date pg 1

AAIP-E Worksheet

1-a) TFS: Transformed from system state:

TSB:

1-b) TTS: Transformed to system state:

TSB:

Use dynamic MRT to "pulse in" optimal awareness. If TTS TSB is high, blocked healing is suggested for that pathway. MRT validity: Use the "It is/is not" test.

Note that intensity refers to how strong the reactions is while TSB indicates the impact of the reaction relative to the TFS. Test metrics that appear helpful.	Indicated	Intensity	TSB - Pre	TSB - Post
Cellular sensors contributing to autoimmune/allergy behavior	☐			
Chemoreceptors: mucous, skin, blood and lymph vessels, nervous, gut, other:	☐			
Olfactory receptors	☐			
Body regions of allergy/hypersensitivity/autoimmune behavior (MRT for indicated areas)	☐			
Biliary System (liver and GB)	☐			
Blood and Hematopoetic system	☐			
Bone System	☐			
Cardiovascular system	☐			
Connective tissue system	☐			
Digestive system	☐			
Ears and vestibular system	☐			
Elemental System (energetic meridians)	☐			
Endocrine system	☐			
Eyes	☐			
Genetic system	☐			
Immune system	☐			
Integumentary system	☐			
Lymphatic system	☐			
Microbial flora	☐			
Mitochondria	☐			
Muscular system	☐			
Nervous system	☐			
Oral cavity and teeth	☐			
Osseous system	☐			
Reproductive system	☐			
Respiratory system	☐			
Skin	☐			
Urinary system	☐			
specify organ/tissue/cell type of interest:	☐			
	☐			
	☐			
	☐			
	☐			
	☐			

Name – Last/First:			Date	pg 2
Cellular Sensors Contributing to Allergy, Hypersensitivity, and Autoimmune inflammation				
Note that intensity refers to how strong the reactions is while TSB indicates the impact of the reaction relative to the TFS. Test metrics that appear helpful.	Indicated	Intensity	TSB - Pre	TSB - Post
Chemoreceptors: mucous, skin, blood and lymph vessels, nervous, etc.	☐			
Neuroimmune cell centriole infrared sensors to visualize microbes	☐			
Information Processing Regions Contributing to Allergy, Hypersensitivity, and Autoimmune inflammation				
Cellular Memory (aggregate or particular below)	☐			
Intracellular memory	☐			
Intercellular memory networks	☐			
Biophoton signaling	☐			
Piezoelectric signaling from protein matrices	☐			
Autonomic Memory (aggregate or particular below)	☐			
Sympathetic Nervous System	☐			
Parasympathetic Nervous System	☐			
Enteric Nervous System	☐			
Cord (Autonomous Nervous System of the Cord)	☐			
Heart (Autonomous Nervous System of the Heart)	☐			
Lymphatic Immune Information Processing System (LIIPS)	☐			
CNS (aggregate or particular below)	☐			
Cortex	☐			
Midbrain and its nuclei	☐			
Brainstem	☐			
Cerebellum	☐			
White Matter Tracts	☐			
Other?	☐			
	☐			
	☐			
Push Metric: Enter TSB arrived at for each Push operation - 4 cells >>				

Recommendations for use of this AAIP Worksheet

- The AAIP-E Worksheet form allows for a broad range of metrics. Not all metrics are needed. Use this form to enhance the response to AAIP by improving mind-body perception of itself.
- By asking for any metric we enhance mind-body self-perception and improve the potential clinical response.
- Strike a balance between value and time used. Some assessments by general category will suffice and sometimes specific assessments will seem relevant and worthwhile to check.
- It may be wise to do at least one assessment of named allergens and autoimmune targets for a new client in whom allergy and inflammation is suspected to play a role and follow up until either client improvement and pathway metrics indicate inflammation and allergy have been well resolved.
- If progress is not apparent in that way it may be well to consider suggesting diagnostic labs, herbal and nutritional immune support, and/or medical referral.
- "TSB" for the various elements of this form (microbes, affected regions, information processing areas) express the adverse impact of that element in the overall AAIP situation relative to the TFS.

Name- first, last: Date pg 3

General Categories of Allergy, Hypersensitivity, and Autoimmune Inflammation

	Ind TSB:		Ind TSB:		Ind TSB:		Ind TSB:
Airborne Inhalant	☐	**Contactant**	☐	**Body Tissue:**	☐	**Body Chemistry:**	☐
Ingestant	☐	**Injectant**	☐		☐		☐
Contactant	☐	**Microbial Chem.**	☐		☐		☐
Ingestants	☐	Phosphorus	☐	Rutin	☐		☐
Vitamins	☐	Platinum	☐	Supplements	☐		☐
Minerals	☐	Potassium	☐		☐		☐
Fats O-3,6,9,Sat	☐	Rhodium	☐		☐		☐
Amino Acids	☐	Sodium	☐		☐	**Animal Prod.**	☐
Polypeptides	☐	Selenium	☐		☐	Beef	☐
Animal Proteins	☐	Silica	☐		☐	Dairy (Cow)	☐
Veg. Proteins	☐	Silver	☐		☐	Dairy (Goat)	☐
Animal Fats	☐	Sulphites	☐	Amaranth	☐	Cheese fresh	☐
Vegetable Fats	☐	Sulphur	☐	Barley	☐	Cheese aged	☐
Microbe Proteins	☐	Surg. Steel	☐	Canola	☐	Sour Cream	☐
Micro-org carbs	☐	Titanium	☐	Corn	☐	Yogurt	☐
Sugars	☐	Vanadium	☐	Flax	☐	Chicken	☐
Carbohydrates	☐	Zinc	☐	Millet	☐	Duck	☐
Alcohols	☐		☐	Oats	☐	Eggs	☐
Phenolics	☐		☐	Quinoa	☐	Whites	☐
Aldehydes	☐		☐	Rice	☐	Yolks	☐
Mineral Acids	☐		☐	Rye	☐	Fish	☐
Mineral Bases	☐	**Vitamins**	☐	Sesame	☐	Goat	☐
Organic Acids	☐	A Retinol	☐	Sunflower	☐	Lamb	☐
Organic Bases	☐	B1 Thiamine	☐	Wheat	☐	Pork	☐
Salts	☐	B2 Riboflavin	☐		☐	Shellfish	☐
Chlorides	☐	Phosphorus	☐		☐	Turkey	☐
Fermented foods	☐	B3 Niacin	☐	**Legumes**	☐	Whey	☐
Mineral - Metal	☐	B4 Adenine	☐	Aduki beans	☐	Gelatin	☐
Aluminum	☐	B5 Pantothenate	☐	Dried beans	☐		☐
Amalgam	☐	B6 Pyridoxine	☐	Fava beans	☐		☐
Boron	☐	B7 Biotin or vit H	☐	Green beans	☐		☐
Cadmium	☐	B9 Folate	☐	Kidney beans	☐		☐
Calcium	☐	B10 Paba	☐	Lima beans	☐	**Sugars**	☐
Chromium	☐	B11 Choline	☐	Mung beans	☐	Beet sugar	☐
Cobalt	☐	B12	☐	Navy beans	☐	Brown sugar	☐
Copper	☐	Bl3 orotic acid	☐	Pinto beans	☐	Cane sugar	☐
Fluoride	☐	B15 Pangamate	☐	Peanuts	☐	Corn sugar	☐
Germanium	☐	B17 Amygdalin	☐	Soy	☐	Date sugar	☐
Gold	☐	C Ascorbic Acid	☐		☐	Dextrose	☐
Heavy metals	☐	D-25 D-1,25	☐	**Tree Nuts**	☐	Fructose	☐
Iodine	☐	E Tocopherol	☐	Almond	☐	Glucose	☐
Iron	☐	F:O3,6,LA,LNA	☐	Brazil	☐	Honey	☐
Lead	☐	K Phylloquinone	☐	Cashew	☐	Lactose	☐
Lithium	☐	T Sesame factor	☐	Coconut	☐	Maple sugar	☐
Magnesium	☐	Bioflavinoids	☐	Filbert	☐	Maltose	☐
Manganese	☐	Hesperidin	☐	Hickory	☐	Rice sugar	☐
Mercury	☐	Inositol	☐	Pecan	☐	**Alcohols**	☐
Molybdenum	☐	Lecithin	☐	Pistachio	☐	Ethanol	☐
Nickel	☐	Rutin	☐	Walnut	☐	Mannitol	☐

Last/First name						Date	pg **4**
Allergen/Autoimmune Subject Matter							
Methanol	☐	**Vegetables**	☐		☐	Semen, Rep. fluids	☐
Sorbitol	☐	Asparagus	☐		☐	Enzyme systems	☐
Xylitol	☐	Artichoke	☐	Cherry:	☐	DNA	☐
	☐	Avocado	☐		☐	RNA	☐
	☐	Beets	☐	Citrus:	☐	Nucleosomes	☐
	☐	Bell Peppers	☐		☐	Myelin	☐
Food Chemical	☐	Bok Choy	☐		☐	Specific brain sites	☐
Acetic Acid	☐	Brussel's Sprouts	☐		☐		☐
Agar-Agar	☐	Celery	☐		☐		☐
Aluminum salts	☐	Collard	☐	Dates	☐		☐
Aspartame	☐	Cress (watercress)	☐	Kiwi	☐	Vaccines	☐
Art Sweetener	☐	Cruciferous:	☐	Melons:	☐	Antibiotics	☐
Baking powder	☐		☐		☐	Medications	☐
Baking soda	☐		☐		☐	Surgical implants	☐
Benzoic acid	☐	Cucumber	☐	Lychee	☐	Dental materials	☐
Caffeine/ tea/coff	☐	Eggplant	☐	Mango	☐	Supplements	☐
Cyclamate	☐	Endive	☐	Nectarines	☐	**Inhalants**	☐
DMG	☐	Kale	☐	Papaya	☐	Animals:	☐
EDTA	☐	Lettuces:	☐	Passionfruit	☐		☐
Ethelene	☐		☐	Peach	☐	Bed chems.	☐
Fluoride	☐		☐	Pears:	☐	Clothing chems.	☐
Food bleach	☐		☐		☐	Detergents	☐
Food colorings	☐	Mustard green	☐	Persimmon	☐	Dust	☐
Food additives	☐	Parsnip	☐	Pineapple	☐	Grass pollen-turpene	☐
Food preserve.	☐	Pea greens/sprouts	☐	Plums	☐	Laundry chems.	☐
Formaldehyde	☐	Peppers:	☐	Pomegranate	☐	Herbicides?	☐
Fruit chemicals	☐		☐	Quince	☐		☐
Herbicide	☐		☐	Starfruit	☐	Human hair-dander	☐
MSG	☐		☐	Tamarillo	☐	Insect debris	☐
O-phosphates	☐	Potatoes	☐	Tamarindo	☐	Molds/Fungus	☐
Oxalic acid	☐	Spinach	☐	Other fruit:	☐	News/Mag paper	☐
Polysorbate	☐	Squash:	☐		☐	News/Mag ink	☐
Pesticides	☐		☐		☐	Perfumes	☐
Saccharine	☐		☐		☐	Pesticides:	☐
Salicylates/acid	☐	Other veg:	☐		☐		☐
Sulphites	☐		☐		☐	Plastics/residues	☐
Succinic acid	☐		☐		☐	Plastics/residues	☐
Sucralose	☐		☐		☐	Grasses/Pollens	☐
Tartaric acid	☐		☐	**Autoimmune**	☐	Petrol products	☐
Veg Gums	☐		☐	Endocrine horm.	☐	Smokes: -	☐
Water chemicals	☐		☐	GI hormone	☐		☐
Water Pollutants	☐	**Fruits**	☐	GI secretions	☐		☐
Whiten-all	☐	Apples	☐	N-transmitters	☐	Synthetic scents	☐
	☐	Apricot	☐	N-hormones	☐	Tree pollen-turpene	☐
	☐	Banana	☐	Cell wall receptors	☐	Turpenes	☐
	☐	Berries:	☐	Cell membrane	☐	Weed pollen-turpene	☐
	☐		☐	Mucous Membrane	☐		☐
All Allergens or Subjects of Autoimmune Inflammation Related To? (Specify time, place, event, categorical type, and/or symptoms of suspected exposure)							
							☐
							☐
							☐