

Comprehensive Rhythm Review and Clinical Application

Contact Hours: 6.75 CNE

Introduction

The analysis of rhythm strips is an important part in the care of cardiac patients. This seminar reviews the physiology involved in the electrical system of the heart, proarrhythmic effects seen in ill patients, explains the mechanism behind the formation of rhythms, and reviews appropriate treatment.



Participants taking this course should have a beginning understanding of rhythms. The session is designed to elevate the knowledge and interpretation level involving dysrhythmias. It incorporates clinical presentations with the rhythms, treatment, and introduces some advanced dysrhythmias seen in patients with coronary artery disease and other conditions. ACLS protocols and drug therapy is reviewed and reinforced throughout.

An extensive handout is included with a multitude of strips and assessment parameters. At the conclusion, there is a comprehensive rhythm and clinical correlation session to validate knowledge.

A review of the following is incorporated into this interactive seminar:

- SA and AV nodal rhythms including heart blocks
- Supraventricular rhythms and tachycardias
- Wide complex rhythms and use of the 12-Lead
- Potentially lethal dysrhythmias
- Pacemaker modes and trouble shooting
- Pulseless electrical activity and ECG changes and treatment of the “H’s and T’s”
- Electrical and invasive treatment of dysrhythmias

Advanced dysrhythmias

AV dissociation	Aberration
Rate dependent BBB	Parasystole

Drug reviews

Epinephrine	Atropine
Amiodarone	Diltiazem
Nitroglycerine	Adenosine
Dobutamine	Magnesium
Vasopressors	



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Programs are also available for presentation at other facilities.

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Recent seminar participants had this to say about “Comprehensive Rhythm Review and Clinical Application”



“We are very grateful to have this course brought to our hospital. It was an amazing class, and the instructor was so calm, collected, and in tune with our nurses. She makes the learning process easier.”

“This was a great review which will enable me to provide better care for my cardiac patients. I finally understand some rhythms I had been having trouble with and know how to approach them more effectively. This brought everything together for me...recognition, assessment, and treatment of dysrhythmias.”

“Excellent class and instructor that really brought everything together with rhythms and treatment.”

“Instructor has an excellent way of making rhythms easier to understand. I loved all the clinical correlations to make it applicable to my practice and patients.”

“I enjoyed this class very much. It was a great refresher of many rhythms commonly seen and other rhythms I was not familiar with. The class reminded me of what I need to spend more time with to improve the care I give to my patients.”

“Fantastic refresher course with advanced material presented to further my knowledge. Very interesting, educational, and presented in a way I could understand and use at the bedside!”

“Really enhanced my rhythms skills and provided tips on rhythms that were new to me. I am getting ready to recertify for ACLS and this was a great review preparation!”

“I have been watching monitors for more than 20 years. I learned so much in this course regarding rhythm assessment, rhythms I did not know about, and how I can use multiple leads in rhythm analysis. The clinical correlations were excellent in bringing it all together for patient care. Thank you!”



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The faculty and planning committee do not have a conflict of interest related to this program. Participants must attend 80% of the seminar, complete an evaluation form, and be actively engaged to receive 6.75 CNE credit.