

Worthy Healing Academy Itinerary

The second cycle of the LIVE Worthy Healing Academy course runs from May 26, 2021 - January 27, 2022. While the courses in the vault are self paced, our Worthy mentors will host LIVE coaching sessions every fourth Wednesday during this time period.

May 5: 21-days of Worthiness begins in the Worthy Room

Month 1 | May 26: COURAGE

Week 1: Group workbook will be released in The Worthy room.

Week 2: Soul reflection questions will be released.

Week 3: Meditation session Unlocks.

Week 4: Worthy Master Mentorship Group Coaching Session.

Week 4: Mastery Course Unlocks.

Month 2: CHOICE

Week 1: Group workbook will be released in The Worthy room.

Week 2: Soul reflection questions will be released.

Week 3: Meditation session Unlocks.

Week 4: Worthy Master Mentorship Group Coaching Session.

Week 4: Mastery Course Unlocks.

Month 3: CONNECTIONS

Week 1: Group workbook will be released in The Worthy room.

Week 2: Soul reflection questions will be released.

Week 3: Meditation session Unlocks.

Week 4: Worthy Master Mentorship Group Coaching Session.

Week 4: Mastery Course Unlocks.

Month 4: COMPASSION

Week 1: Group workbook will be released in The Worthy App.

Week 2: Soul reflection questions will be released.

Week 3: Meditation session Unlocks.

Week 4: Worthy Master Mentorship Group Coaching Session.

Week 4: Mastery Course Unlocks.

Month 5: CLARITY

Week 1: Group workbook will be released in The Worthy App.

Week 2: Soul reflection questions will be released.

Week 3: Meditation session Unlocks.

Week 4: Worthy Master Mentorship Group Coaching Session.

Week 4: Mastery Course Unlocks.

Month 6: CHARACTER

Week 1: Group workbook will be released in The Worthy App.

Week 2: Soul reflection questions will be released.

Week 3: Meditation session Unlocks.

Week 4: Worthy Master Mentorship Group Coaching Session.

Week 4: Mastery Course Unlocks.

Month 7: CALLED

Week 1: Group workbook will be released in The Worthy App.

Week 2: Soul reflection questions will be released.

Week 3: Meditation session Unlocks.

Week 4: Worthy Master Mentorship Group Coaching Session.

Week 4: Mastery Course Unlocks.

Month 8: COMPLETE

Week 1: Group workbook will be released in The Worthy App.

Week 2: Soul reflection questions will be released.

Week 3: Meditation session Unlocks.

Week 4: Worthy Master Mentorship Group Coaching Session.

Week 4: Mastery Course Unlocks.