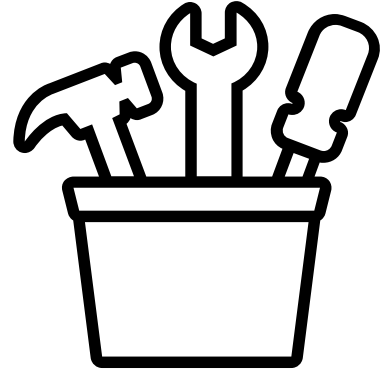


Transferring Responsibility

When you let your children solve their own problems, you allow them to develop the tools so that they can be independent, feel empowered, and have self-efficacy. After all, when people have evidence that they are capable of solving their own problems, they are more likely to move forward prepared to take on life's inevitable challenges.



My Child's Challenge:

What would I have done in the past?

What lessons would my child have learned?

What will I do instead?

What lessons will my child learn?

How will this help my child develop self-efficacy?
