

Schedule Overview

WEEK OF

JAN 11

Understanding Who God is and Your Identity in Him

ZOOM CALL #1

Jan 18th at 4:30pm (CST) *A link will be emailed to you.

JAN 18

Finding Freedom from Sin and Fighting Temptation

ZOOM CALL #2

Jan 25th at 4:30pm (CST)

JAN 25

Personal Devotions 101

ZOOM CALL #3

Feb 1st at 4:30pm (CST)

FEB 1

The Power of Prayer in Your Daily Life

ZOOM CALL #4

Feb 8th at 4:30pm (CST)

FEB 8

Using the Bible to Help with Personal Struggles

ZOOM CALL #5

Feb 15th at 4:30pm (CST)

FEB 15

Becoming a Girl Who Chases Truth for Herself

ZOOM CALL #6

Feb 22nd at 4:30pm (CST)

FEB 22

Trusting God in Every Season of Life

ZOOM CALL #7

March 1st at 4:30pm (CST)

MARCH 1

How to Mentor a Younger Woman

ZOOM CALL #8

March 8th at 4:30pm (CST)

***All zoom calls will be recorded and saved in your online portal for you to watch later if you can't make it live.**

Mentorship Course

GUIDE

WEEK 1

Understanding Who God is and Your Identity in Him

- LESSON #1: SEEING GOD FROM GENESIS TO REVELATION
- LESSON #2: WHO IS GOD? WHO AM I?
- LESSON #3: OUR IDENTITY IN CHRIST AS REDEEMED DAUGHTERS
- LESSON #4: CHOOSING TO LIVE AS A GIRL DEFINED BY GOD

WEEK 2

Finding Freedom from Sin and Fighting Temptation

- LESSON #1: GOD'S VIEW OF SIN VS. THE WORLD'S VIEW
- LESSON #2: LEARNING TO SPOT SIN STRUGGLES IN YOUR OWN LIFE
- LESSON #3: THE POWER OF BIBLICAL REPENTANCE
- LESSON #4: HOW TEMPTATION WORKS IN EVERYDAY LIFE
- LESSON #5: WALKING IN FREEDOM WITH CHRIST'S HELP

WEEK 3

Personal Devotions 101

- LESSON #1: WHY DID GOD GIVE US THE BIBLE?
- LESSON #2: STUDYING THE BIBLE VS. PERSONAL DEVOTIONS
- LESSON #3: EXPLORING DIFFERENT PERSONAL DEVOTIONAL METHODS
- LESSON #4: 5 PRACTICAL TIPS TO HELP WITH YOUR PERSONAL DEVOTIONS
- LESSON #5: KRISTEN & BETHANY'S FAVORITE BIBLICAL RESOURCES

WEEK 4

The Power of Prayer in Your Daily Life

- LESSON #1: WHAT DOES THE BIBLE ACTUALLY TEACH ABOUT PRAYER?
- LESSON #2: THE POWER OF PRAYER IN EVERYDAY LIFE
- LESSON #3: JESUS'S METHOD FOR DAILY PRAYER
- LESSON #4: PRACTICAL TIPS FOR CREATING A PRAYER PLAN

WEEK 5

Using the Bible to Help with Personal Struggles

- LESSON #1: HOW THE BIBLE COUNSELS OUR HEART STRUGGLES
- LESSON #2: BETHANY'S JOURNEY OF FINDING HOPE DURING SINGLENESS
- LESSON #3: BIBLICAL HELP FOR ANXIETY AND WORRY
- LESSON #4: BIBLICAL HELP FOR LUST AND SEXUAL STRUGGLES
- LESSON #5: BIBLICAL HELP FOR RECONCILIATION AND TRUE FORGIVENESS

WEEK 6

Becoming a Girl Who Chases Truth for Herself

- LESSON #1: ARE YOU A GIRL OF THE WORLD OR GIRL OF THE WORD?
- LESSON #2: BECOMING A GIRL WHO FEARLESSLY PURSUING GOD'S WORD
- LESSON #3: ARE YOU LIVING TO BE LIKED OR LIVING TO PLEASE GOD?
- LESSON #4: LET'S BRAVELY CHASE TRUTH TOGETHER

WEEK 7

Trusting God in Every Season of Life

- LESSON #1: IT'S REALLY HARD TO TRUST GOD
- LESSON #2: KRISTEN'S JOURNEY OF TRUSTING GOD THROUGH DISAPPOINTMENT
- LESSON #3: GETTING TO THE HEART OF TRUST
- LESSON #4: WHERE DO YOU MOST STRUGGLE TO TRUST GOD?
- LESSON #5: SISTER, YOU CAN TRUST GOD (HE IS GOOD)

WEEK 8

How to Mentor a Younger Woman

- LESSON #1: THE AWESOME TITUS 2 CALLING
- LESSON #2: THERE'S ALWAYS SOMEONE YOUNGER THAN YOU
- LESSON #3: DIFFERENT LEVELS OF MENTORSHIP: BASIC TO ADVANCED
- LESSON #4: HOW TO FIND AND MENTOR A YOUNGER GIRL
- LESSON #5: JOIN THE SISTERHOOD OF WOMEN MENTORING WOMEN!

BONUS

You Did it! Way to Go!

- WHERE TO GO FROM HERE