



WHAT IS S.E.E.D. CERTIFICATION?

Schools Excelling in Emotional Development (S.E.E.D.) Certification is a research-based, comprehensive training program. It's designed to help daycare providers, childcare centers, and other early childhood education facilities that care for children ages 0 to 5 address biases and develop emotional intelligence so ECE teachers can provide care from an aware, regulated place and prevent burnout.

To become S.E.E.D. Certified, every teacher in a school must complete the training program, creating a unified approach. The training is broken down into 8 different workshops presented by 5 ECE experts, all with a master's degree or higher. Workshops topics include bias and self awareness in the classroom, self-care to prevent burnout, supporting development through play, and emotion coaching for emotion processing.

I WANT YOU TO KNOW ABOUT THIS

DEAR SCHOOL ADMINISTRATOR,

I know you put your all into providing the best care at this school, and that's why I wanted to let you know about the S.E.E.D. Certification program. It's perfect for schools like ours that are committed to promoting children's emotional development and giving teachers the tools and resources they need to succeed. I'd love for our school to consider being a part of it.

WHY IT MATTERS:

We all come into adulthood with our own inherent biases, triggers, and social programming. Without training and support, these set ways of thinking leave teachers feeling burnt out and lacking the tools to adequately care for themselves or the tiny humans under their watch.

Left unchallenged, these biases play into a system of punishment/reward that leaves children—the whole reason we got into this work—disengaged from their education. In the long run, this contributes to a school-to-prison pipeline where children of color are at a particular disadvantage.

The only way to overcome biases is to provide teachers with tools and resources to build their emotional intelligence toolboxes. We've carefully designed each lesson in the S.E.E.D. Certification program to build emotional intelligence by diving into social programming, biases, and triggers so teachers can bring the self-awareness and the self-regulation skills necessary to teach children from a regulated state.



HOW DOES OUR SCHOOL APPLY?

TO APPLY FOR S.E.E.D CERTIFICATION,
VISIT WWW.SEEDSCHOOLS.ORG