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# VISION CASTING

A N E W P A R A D I G M



What paradigm are you creating  
and how are you showing up in it?

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Cast your vision, embody the energy, move forward, moment by moment in this new way.  
You are a **REVOLUTIONARY**.

Your incarnation at this important time in history is no coincidence.

What world are you co-creating?





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# WHAT IS A PARADIGM?

A paradigm is a framework containing the basic assumptions, ways of thinking, and methodology that are commonly accepted by members of a community.



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# WHAT'S INSIDE

**Dropping in, preparing to channel +  
create a new paradigm**

Earth & Environment

Economy & Money

Relationship & Connection

Systems & Politics

Business & Leadership

Parenting & Children

Food & Physical Body

Home & Lifestyle

Soul & Spirit

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**Let's cast a vision, and create a new reality.**

Ground into the earth.  
Center into you heart.  
Open up to receive.  
Let's begin...





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# CREATING A NEW PARADIGM



## **EARTH & ENVIRONMENT**

What is the state of planet earth? How are you connected to it? What does 'being environmentally conscious' look like collectively and in your personal experience?

HOW ALIGNED ARE YOU CURRENTLY WITH THIS  
NEW PARADIGM?

Rate 1-10:

What are three things you can shift in your life right now, for greater alignment and embodiment?

- 1.
  - 2.
  - 3.
-

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# CREATING A NEW PARADIGM



## **ECONOMY + MONEY**

How is currency exchanged? What does a thriving economy look and feel like? What is your personal relationship with prosperity and wealth? How is wealth distributed amongst the global population?

HOW ALIGNED ARE YOU CURRENTLY WITH THIS  
NEW PARADIGM?

Rate 1-10:

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-

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# CREATING A NEW PARADIGM



## **RELATIONSHIPS + CONNECTION**

What does community look and feel like collectively and in your personal experience? How do people connect? How do you relate to others? Which relationships do you prioritize and find most supportive?

HOW ALIGNED ARE YOU CURRENTLY WITH THIS  
NEW PARADIGM?

Rate 1-10:

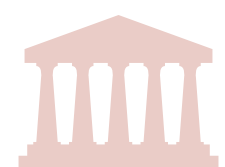
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- 1.
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-



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# CREATING A NEW PARADIGM



## **SYSTEMS + POLITICS**

What (if any) governance systems are in place in the world, your country, your community? How do these serve the people? How are people engaged in these systems?

HOW ALIGNED ARE YOU CURRENTLY WITH THIS  
NEW PARADIGM?

Rate 1-10:

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-

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# CREATING A NEW PARADIGM



## **BUSINESS + LEADERSHIP**

What is the role of business in this new paradigm? What constitutes a thriving business? What is your role in business? How do you show up and lead?

HOW ALIGNED ARE YOU CURRENTLY WITH THIS  
NEW PARADIGM?

Rate 1-10:

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- 1.
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-



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# CREATING A NEW PARADIGM



## **PARENTING + CHILDREN**

What does a thriving childhood look and feel like? What educational systems are in place? If you are a parent or intend to be, what is your parenting style? How do you raise thriving children in this new paradigm?

HOW ALIGNED ARE YOU CURRENTLY WITH THIS  
NEW PARADIGM?

Rate 1-10:

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- 1.
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-

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# CREATING A NEW PARADIGM



## **FOOD & PHYSICAL BODY**

What does the food system look like? How do the food systems support the health and vitality of planet earth? What is your personal relationship with food? How do you nourish and care for your physical body?

HOW ALIGNED ARE YOU CURRENTLY WITH THIS  
NEW PARADIGM?

Rate 1-10:

What are three things you can shift in your life right now, for greater alignment and embodiment?

- 1.
  - 2.
  - 3.
-



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# CREATING A NEW PARADIGM



## HOME & LIFESTYLE

How do people live- are they in cities, rural, a combination? What is your ideal home setting? What is your ideal lifestyle- how do you spend your time?

HOW ALIGNED ARE YOU CURRENTLY WITH THIS  
NEW PARADIGM?

Rate 1-10:

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- 1.
  - 2.
  - 3.
-

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# CREATING A NEW PARADIGM



## **SOUL & SPIRIT**

What is the role of God, spirit, and higher dimensional beings in your new paradigm? What is your personal relationship to non-physical? What spiritual practices do you have in place?

HOW ALIGNED ARE YOU CURRENTLY WITH THIS  
NEW PARADIGM?

Rate 1-10:

What are three things you can shift in your life right now, for greater alignment and embodiment?

- 1.
  - 2.
  - 3.
-



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N O W   W E A V E   I T   A L L  
T O G E T H E R . . .

The New Paradigm I'm creating is...

This is how it feels to be leading and living  
this way...

What is one simple thing you can start  
today, to integrate this into your life?

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# MOVING FORWARD



Use this vision as your anchor and as your guide.

Revise, refine as you feel called.

We are co-creating our reality in each moment.

Tune into this, align your energy, and let this  
paradigm be your reality.

With love,

*meghan + carmen*

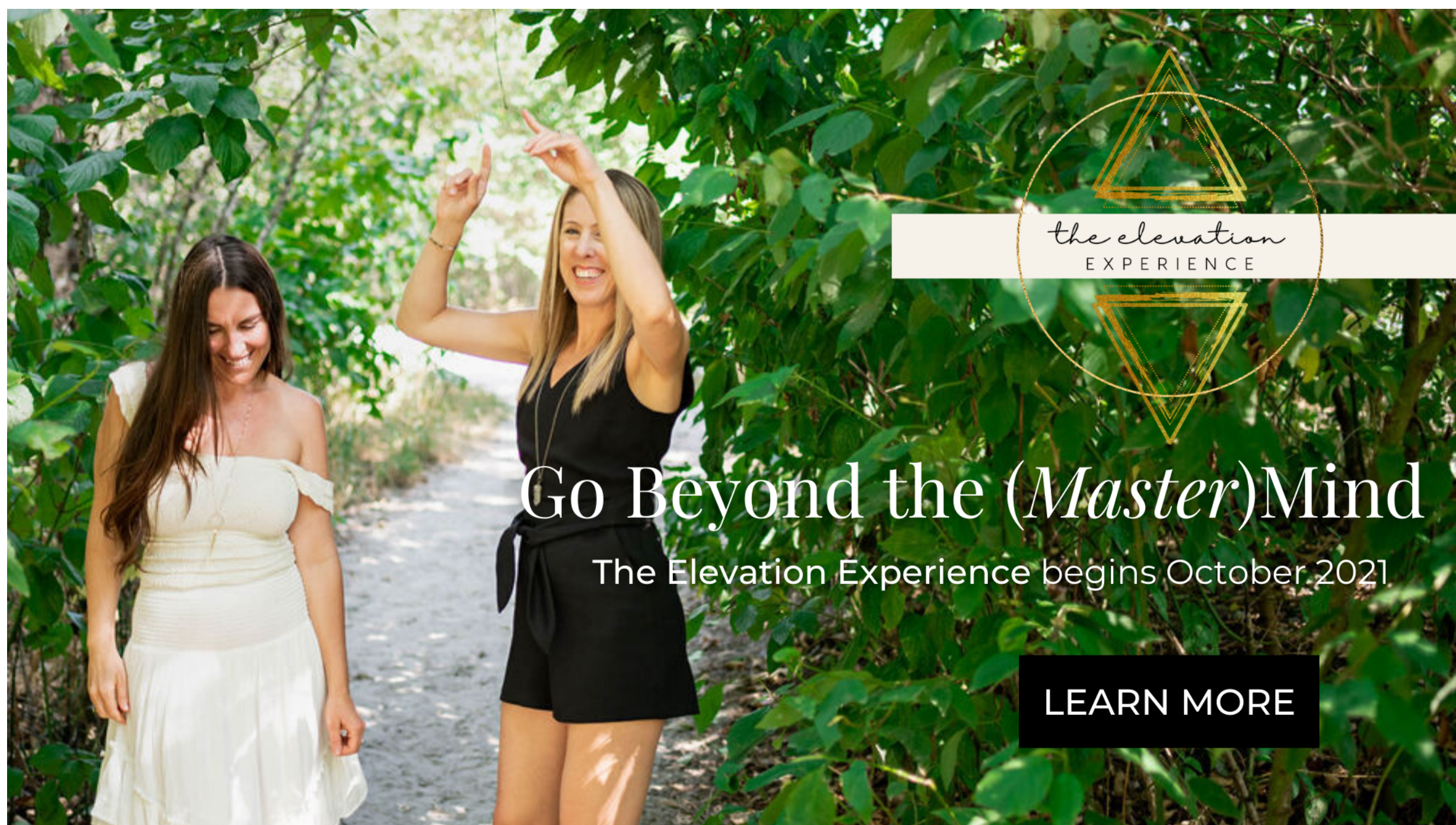
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# D I V E   D E E P E R

Interested in moving deeper into this paradigm in the realm of business and leadership?



**Join us for the Elevation Experience, a Going Beyond The (Master)Mind Experience for New Paradigm Business Owners.**

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