

Refer to the information from worksheets I and II to develop a life purpose vision statement. See below for an example.

Important: helping, service, helping people in need

Spend my time: working, taking care of my pets, home and family, reading, camping, writing

Different world: peace, no abuse or poverty, care for all who are ill or hurting

Why: women and children should be protected, deserve care and wellness, plenty of resources to provide care

What I can do: volunteer for shelters, help get resources, lobby, raise money

Life Purpose Vision Statement:

My vision for the world includes a society where people care for others, including at-risk women. Those with means help people, especially marginalized communities, directly through service and by sharing their resources.

We live in a world where those who are suffering are treated with dignity and respect. I contribute to this vision by offering my time, resources and services to women in need.

