

# ACTION PLAN

# WORKSHEET V

*For the two most important goals you identified on worksheet IV, write the action steps below.*

*When you complete a goal, write the action steps for the next goal on your list. For example:*

## GOAL

*I will contact three local domestic abuse shelters to inquire about volunteering one week.*

## ACTION STEPS

*Research local domestic abuse shelters in my area:.*

- Ask people I know which shelters they recommend (Cheryl, Angela, Tasha)*
- 2. Get contact information for three shelters.*
  - 3. Call or email each shelter.*
  - 4. Set up an appointment to visit each shelter to determine needs.*
  - 5. Complete volunteer applications for shelters.*
  - 6. Schedule time for volunteer work.*

