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Be All You Can Be and MORE



Advanced energy codes to expand your ability to
think and create

with bonus program ...Trusting Self

Judy Satori

Introducing

Be All You Can Be...and MORE

The Star Nations Are Here For Us

A message from Judy Satori

If someone had told me twenty years ago in my 'normal person' days that I would transmit energy and information from Star Beings, I quite frankly would not have believed it!

However, in 1999, I was contacted by the Hathors and shortly thereafter by the Arcturians. Now I work with many of the Star Nations from this galaxy and beyond.

I was surprised to discover that I could speak their languages and somehow just knew what was being said. In 2011 I was asked by a group of beings called the Galactic Council, rather like the United Nations on earth, to transcribe telepathically dictated information.

This information became my book *Sunshine Before the Dawn*.

It is the story of the original creation of the 12-strand DNA human being, a being designed specifically for Earth and created in the image of God with aspects of the DNA of many of the Star Nations of our Milky Way galaxy.

This is why we can say that we humans are star-seeded and that our genetic heritage comes from the stars.

Around 100,000 years ago many souls decided to begin a series of life times on Earth to play a part in what was to become a multi-galactic experiment in advanced divine creation.

The beings from the Star Nations that contributed an aspect of their DNA code to the human; Sirius, Lyra, Arcturus, Andromeda and Pleiades, worked in conjunction with the Elohim, the Creator aspect of God. They are with us now to help us remember who we really are and why we originally came here to this planet. They transmit energy words of new creation to activate our innate 12-strand DNA human potential.

This is the energy and purpose of **Be All You Can Be and MORE** and all the programs and energy transmissions on my website, www.JudySatori.com

The **Be All You Can Be and MORE** program comprises an introduction, the live recordings of the program and a practice plan with edited *Language of Light Only* recordings for easy listening. Included is a free bonus program, **Trusting Self**, which will enhance results.

With blessings and love,

Judy Satori.

Description of the Be All You Can Be and MORE program

One

Track One: Introduction. Tuning the third eye chakra and working with the pineal gland to improve your ability to receive and transmit energy and information. Energy transmissions and information from Alpha Centauri will *spark* a shift in consciousness and expand the mind into new ways of thinking and creating to open neuron pathways and instill faith.

Track Two Energy transmissions from Alpha Centauri to improve cognitive function and lateral thinking. Energy work to alter and enhance DNA expression.

Track Three Problem Solving. Energy codes to enable you to think outside of current paradigms and delete old ways of thinking that do not serve you in accomplishing your goals. Resistances that block creation are cleared, which include being dominated, controlled and indoctrinated. Heart-based blocks are removed, so that creation can flow. Energy work with the solar plexus chakra alters the way you perceive yourself and this in turn changes the way others perceive you.

Two

Track One A meditation – a journey to connect more with the guidance and authentic truth of your higher self. This meditation is designed to eradicate false stories and vows that you may have made about yourself and how you relate to life.

Track Two Spirit deliver energy transmissions from the Arcturians, the Masters at working with the emotional body. This energy will enhance your ability to create and use your mind like a laser, to allow for focused intention and deliberate creation.

Track Three The Lyrans transmit codes for enhanced energy and vitality. This final part of the program is to ensure that you have the *get up and go* energy that you need to put your plans into effect.

Three

Track One	Practice Plan - How to use this program
Track Two	Enhancing Cognitive Function - Edited energy transmissions
Track Three	Clearing Resistances - Edited energy transmissions
Track Four	Enhanced Creation - Edited energy transmissions
Track Five	Energy and Vitality - Edited energy transmissions

Trusting Self

A bonus program that supports you to be All You Can Be and MORE

Note: There is no wrong way to listen to these audio tracks. Be guided by your own intuition. Recommendations are a guide for use.

Track One

To clear sabotaging beliefs and energy distortion so you can trust yourself

This transmission cancels out the energy distortion from past life experience that causes anxiety about making the correct life decisions and mistrust of self. You will feel emotionally and mentally stronger and better able to make the right decisions for your life. The energy work loops three times for maximum benefit.

Recommendation: Listen to this audio track once daily for three consecutive days. If you feel that mistrust of self, not being able to make clear decisions, or making the wrong choices in your life are major issues for you then listen once per day for nine consecutive days, or three blocks of three days. You can then return to your work with Be All You Can Be and MORE.

Track Two

Energy work with the Arcturians to help you create in new and expanded ways

In this audio track the Arcturians from the Star Nation of Arcturus transmit precise and fast acting energy vibrations in their language of Light. These transmissions clear the energy distortion that causes diminishing of self, mistrust in making life decisions and blocks to creativity.

Recommendation: You can add this audio when you listen to CD One of Be All You Can Be and MORE as tracks one, two and three from CD One have the clearing transmissions to break you free of old patterns of thinking. Alternatively, you can work with this track separately by listening three times per day for three days, a total of nine times, before or after you listen once to the Be All You Can Be and MORE program. Be aware that the energy is powerful and you could experience an emotional detox reaction. This would manifest in a short term, 24-48 hour increase of mistrust of self, lack of confidence, putting oneself down and feeling creatively blocked.

Track Three

To build a stronger, clearer concept of self

This energy transmission comes to us from the Lyrans. The Lyran women are masters of creation. Their energy will assist you in strengthening your concept of self and helping you create what you wish to manifest and bring into your life. The Lyran energy instills love, peace, emotional and physical balance and self-respect. It will help you speak up for yourself and stand in your truth, to express the authenticity of your soul's inner wisdom.

Recommendation: Work with this audio track when you are using CD two of Be All You Can Be and MORE as this track will enhance and support the rebuilding of your new stronger, more confident, more creative and get-up-and-go self!

Sunshine Before the Dawn by Judy Satori

When you read *Sunshine Before the Dawn* you will begin to remember your own star seeded origins.

It is the story of how and why our human species was created by Star Nations within this galaxy and how the human being was brought to Earth to seed the Earth with an advanced 12-strand DNA genetic code. The 12-strand DNA corresponds to all 12 dimensions of the lower heavenly worlds where soul consciousness can take on physical form and where physical beings are able to reside.

Sunshine Before the Dawn is a love story, the story of the Siriun delegate to the Galactic Council, a woman called Essayenya, and Mosteenya, leader of the Galactic Council from Lyra. They cannot be together because their fifth dimensional Siriun and 12th

dimensional Lyran bodies are not capable of life in another dimension. It is only by coming to Earth and being born with the new human 12-strand DNA, with potential to exist in physical form in all 12 dimensions of the lower heavenly worlds that Essayenya and Mosteenya can ever be together.

Judy Satori was contacted by the Galactic Council and was asked to write this story and share it with others. The information was completely unknown to her and was telepathically transmitted paragraph by paragraph after she saw a spaceship above the lake near her home. The book is a message from Spirit to help us through a time of many changes on Earth. It is fact, written as fiction.

Sunshine Before the Dawn book may be purchased from Judy's website SHOP in PDF, Nook, Kindle or hard copy format and is available in several languages.

Visit www.JudySatori.com

