

# EASY TO LEARN DRIVER SWING PRACTICE PLAN



BY DANNY MAUDE

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1  
First stage in any golf swing is to actually let the golf club swing. Trying to control the swing, seek perfect positions is a recipe for disaster. It will rob you of power and an effortless repeatable golf swing



2  
Once you have the sense of the free flowing club spend some time hitting balls not caring where the ball is going. Simply enjoy the sense of freedom. This is what kids do naturally. Then its time to add the **3 KEY FORCES**



3  
**FORCE 1 - ROTATIONAL** Let's help you move the club in way that creates powerful accurate shots. Lock you lower body as much as you can and try to turn the upper. It can help to let your head move too. Simply feel the torso rotate back and through



4  
While you upper body is rotating, unlock the hips. In fact use the opening of the hips to sling the torso then arms then club in that order. As you hips open your torso follows and then comes the free flowing club and arms

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Notice how its the feet that generate this movement. The pressure goes into the trail heel in the backswing and the front of the lead foot in the downswing.



Notice how the opening of the lead hip is being used to sling the torso, arms and club. Right now this is too baseball like but keep reading, it will all come together...



**Force 2 Horizontal** - You have rotation now it's time to add the momentum force. Continue rotating while shifting pressure to your trail foot then your lead foot. Notice I said shift pressure with your feet, I don't want you swaying your torso all over the



As I shift pressure to my lead foot it gives me more momentum to sling the torso, arms and club. It creates an effortless swing and an organised one



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**Force 3 Vertical** -For me this is the final cherry on top of the cake. It helps you put pressure down on the ball and really leverage the ground for effortless power and accuracy



You do this by allowing your trail leg to extend (straighten a little) in the backswing and then through impact you do the same with your lead leg



**You are going to have to really let go. You have to be prepared to have fun. Be willing to make mistakes. You do this and there is a great golf swing waiting on the other side**



If you like the idea of the orange whip I have a discount code. For US golfers [access that here:](#)  
For golfers in Europe simply contact [support@dannymaude.com](mailto:support@dannymaude.com)